

Elenco Gare Sergio dal 1972

Totale Km percorsi in gara

17.174,650

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
2024						
14/01/2024	Siena Corsa a coppie con Lety	118	12	11,500	01:16:30	00:06:39
03/03/2024	Marciano Trofeo Fanfulla	59	10	12,160	01:03:04	00:05:11
25/04/2024	Foiano 49 Camm. Donatore	177	19	12,500	01:09:40	00:05:34
05/05/2024	Rapolano Crete Senesi	110	12	15,200	01:31:31	00:06:01
30/05/2024	Rapolano Corrinsieme N.C.			6,130	00:34:25	00:05:37
10/06/2024	Giro della Val d'Orcia San Quirico	48	4	12,650	01:19:50	00:06:19
11/06/2024	Giro della Val d'Orcia Valleresi	38	3	2,400	00:15:25	00:06:25
12/06/2024	Giro della Val d'Orcia Chianciano	57	4	6,340	00:32:28	00:05:07
14/06/2024	Giro della Val d'Orcia Pienza	38	3	9,130	00:53:43	00:05:53
15/06/2024	Giro della Val d'Orcia Monticchiello	45	4	7,610	00:44:27	00:05:50
19/06/2024	Subbiano Memorial Occhiolini	162	13	6,800	00:34:41	00:05:06
26/06/2024	Torrita By Night (N.C.)			7,750	00:50:59	00:06:35
30/08/2024	Rapolano Terme nuovo percorso	135	12	8,900	00:48:42	00:05:28
2023						
06/01/2023	Policiano Cross			4,060	00:20:09	00:04:58
15/01/2023	Siena Corsa a coppie con Barbetti			11,400	01:18:36	00:06:54
05/02/2023	Arezzo Su e giù per la Torre di Gnicche	214	10	11,940	01:04:01	00:05:22
26/02/2023	Arezzo Campestre Regionale OPEN	45	4	3,000	00:15:18	00:05:06
12/03/2023	Castiglione del Lago	132	25	10,060	00:49:27	00:04:55
16/04/2023	San Zeno (AR)	80	5	10,500	00:58:47	00:05:36
25/04/2023	Foiano 48 Camm. Donatore	102	8	12,500	01:02:06	00:04:58
06/05/2023	Rapolano Crete Senesi			13,400	01:17:12	00:05:46
12/06/2023	Giro della Val d'Orcia Pietraporciana	37	5	12,550	01:16:09	00:06:04
13/06/2023	Giro della Val d'Orcia Valleresi	39	5	2,400	00:15:43	00:06:33
14/06/2023	Giro della Val d'Orcia Pienza	39	5	6,510	00:37:52	00:05:49
21/06/2023	Subbiano Memorial Occhiolini	169	12	6,800	00:33:20	00:04:54
11/08/2023	Santuario delle Vertighe	72	9	7,100	00:36:55	00:05:12
01/09/2023	Rapolano Terme	130	9	8,410	00:39:40	00:04:43
01/10/2023	Selci Lama	188	7	13,800	01:08:53	00:04:59
29/10/2023	Arezzo	80	2	10,890	00:53:02	00:04:52
12/11/2023	Arezzo Nuove Acque	142	15	14,000	01:16:33	00:05:28
08/12/2023	Petriolo			9,000	00:48:00	00:05:20
2022						
30/01/2022	Arezzo Campestre Regionale Categoria SM	80	43	3,000	00:14:19	00:04:46
20/02/2022	Trail Città di Cortona	141	34	14,860	01:41:59	00:06:52
16/04/2022	Campionato Toscano di corsa in montagna	19	6	6,300	00:33:31	00:05:19
25/04/2022	Foiano 48 Camm. Donatore	85	12	12,500	01:05:06	00:05:12

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
22/05/2022	Castiglion Fiorentino Nuovo Percorso	149	14	10,800	00:58:24	00:05:24
29/05/2022	San Zeno (AR)	102	5	9,800	00:56:59	00:05:49
09/06/2022	Arezzo Porta S.Andrea	171	13	7,070	00:35:07	00:04:58
13/06/2022	Giro della Val d'Orcia Contignano	24	2	9,780	00:55:45	00:05:42
14/06/2022	Giro della Val d'Orcia Rocca d'orcica cronosca	30	3	2,970	00:24:14	00:08:10
15/06/2022	Giro della Val d'Orcia Pienza	40	2	9,780	00:55:45	00:05:42
17/06/2022	Giro della Val d'Orcia San Quirico	29	3	12,560	01:15:03	00:05:59
18/06/2022	Giro della Val d'Orcia Gallina	44	2	7,240	00:41:36	00:05:45
23/06/2022	Subbiano Memorial Occhiolini	161	14	6,800	00:33:50	00:04:59
17/07/2022	San Clemente in Valle	74	6	6,900	00:43:24	00:06:17
28/07/2022	Castelnuovo Berardenga			6,770	00:38:54	00:05:45
31/07/2022	S.Michele a Moriano (LU)			11,060	01:09:05	00:06:15
03/08/2022	Tuoro (PG) Corsa di Annibale	56		7,000	00:37:25	00:05:21
06/08/2022	Montalcino			9,510	00:51:19	00:05:24
02/09/2022	Rapolano Terme	156	2	8,410	00:43:02	00:05:07
20/11/2022	Palio Fiorentino	114	7	10,070	00:51:13	00:05:05
08/12/2022	Petriolo			9,000	00:50:40	00:05:38

2021

30/05/2021	San Zeno (AR)	111	2	9,800	00:53:15	00:05:26
06/09/2021	Giro della Val d'Orcia Monticchiello	41	10	7,610	00:45:09	00:05:56
07/09/2021	Giro della Val d'Orcia Bagno Vignoni Cronosc	31	8	2,050	00:15:05	00:07:21
08/09/2021	Giro della Val d'Orcia Pienza	42	11	9,780	01:00:38	00:06:12
10/09/2021	Giro della Val d'Orcia San Quirico	44	13	12,650	01:19:58	00:06:19
11/09/2021	Giro della Val d'Orcia Vivo d'Orcia	35	11	9,540	01:05:10	00:06:50
03/10/2021	Selci Lama	201	7	13,800	01:16:01	00:05:31
08/12/2021	Cetona	53	3	13,870	01:18:15	00:05:39

2019

13/01/2019	Trail Subbiano		3	13,860	01:27:30	00:06:19
24/02/2019	Staffetta Interna		4	3,100	00:14:46	00:04:46
07/04/2019	Valli etrusche Trail	51	3	12,900	01:22:42	00:06:25
14/04/2019	Eco Giro del Lago di Montedoglio		18	11,750	01:01:08	00:05:12
25/04/2019	Foiano 47 Camm. Donatore			12,400	01:00:53	00:04:55
12/05/2019	Badia Prataglia Trail Sacret Forests 2019	37	2	14,000	01:37:13	00:06:57
17/05/2019	Corri per l'Arrigo colle val d'elsa	54	5	7,500	00:37:26	00:04:59
19/05/2019	Trail del Molinaccio S.Vincenzo a Torri	64	3	15,000	01:41:34	00:06:46
08/12/2019	Arezzo Wild Trail	142	9	12,660	01:41:45	00:08:02

2018

06/01/2018	Trail Subbiano		1	13,230	01:21:40	00:06:10
14/01/2018	Trail del Cuculo Castiglion Fibocchi		2	11,790	01:18:05	00:06:37
18/03/2018	Tavarnelle val di Pesa		15	21,098	01:51:14	00:05:16
25/03/2018	San Zeno (AR)		5	14,430	01:14:18	00:05:09
08/04/2018	Valli etrusche Trail	41	4	12,980	01:23:11	00:06:25

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
25/04/2018	Foiano 46 Camm. Donatore	134	15	12,400	01:01:28	00:04:57
29/04/2018	Eco Giro del Lago di Montedoglio		11	11,750	01:04:28	00:05:29
08/07/2018	Trail del Pratomagno CETICA		3	14,710	01:45:34	00:07:11
11/11/2018	Policiano Trail Lignano		4	13,000	01:22:59	00:06:23
08/12/2018	Petriolo			9,000	00:48:09	00:05:21

2017

06/01/2017	Campestre della Befana Policiano		6	3,960	00:20:19	00:05:08
08/01/2017	Trail Subbiano		2	13,260	01:26:01	00:06:29
29/01/2017	Campionato Regionale Campestre Pietraviva			9,380	00:48:44	00:05:12
05/02/2017	Arezzo Su e giù per la Torre di Gnicche			11,940	01:01:33	00:05:09
19/02/2017	Trail Città di Cortona			13,780	01:31:21	00:06:38
09/04/2017	Eco Giro del Lago di Montedoglio	145	5	11,750	00:59:19	00:05:03
23/04/2017	Arezzo Saracino		3	12,560	00:58:27	00:04:39
25/04/2017	Foiano 45 Camm. Donatore	115	3	12,400	00:57:28	00:04:38
07/05/2017	Mezza Maratona Trevi (PG)	143	7	21,098	01:43:36	00:04:55
19/05/2017	Bucine		3	4,980	00:23:02	00:04:38
21/05/2017	Castiglion Fiorentino Nuovo Percorso		7	10,800	00:53:20	00:04:56
05/06/2017	Giro val d'Orcia 1° Tappa Radicofani Contign	27	5	12,310	00:56:12	00:04:34
06/06/2017	Giro val d'Orcia 2° Tappa Vivo d'Orcia	20	3	1,420	00:10:43	00:07:33
07/06/2017	Giro val d'Orcia 3° Tappa Pienza	28	5	7,670	00:38:37	00:05:02
09/06/2017	Giro val d'Orcia 4° Tappa La Rimbecca Pienz	24	3	6,650	00:31:47	00:04:47
10/06/2017	Giro val d'Orcia 5° Tappa Chianciano Frantoi	30	5	6,990	00:34:48	00:04:59
22/06/2017	Cortina Skyrace	130	100	18,710	02:41:54	00:08:39
28/06/2017	Torrita Refe Nero		2	6,500	00:30:55	00:04:45
16/07/2017	Ab.S.Salvadore Vetta Amiata		3	13,300	01:19:00	00:05:56
30/07/2017	Moggiona Trail	83	1	19,650	02:00:40	00:06:08
06/08/2017	Assisi Costa di Trex Trail			14,250	01:28:20	00:06:12
13/08/2017	Pratomagno RUN	53	2	15,500	01:39:29	00:06:25
18/08/2017	Pieve a Maiano		3	8,030	00:42:47	00:05:20
27/08/2017	Vivo d'Orcia Ecomezza delle Acque		1	21,440	02:43:18	00:07:37
23/09/2017	Migliana (PO) Corri e Salsiccia			19,800	03:18:05	00:10:00

2016

10/01/2016	Siena Corsa a Coppie con Elisa			11,420	01:00:03	00:05:15
28/02/2016	Trail Città di Cortona			13,550	01:35:00	00:07:01
20/03/2016	Valli etrusche Trail	27	3	13,340	01:31:04	00:06:50
03/04/2016	Siena Vivicità			12,000	01:01:29	00:05:07
17/04/2016	Arezzo Saracino			12,500	01:05:20	00:05:14
25/04/2016	Foiano 44 Camm. Donatore			12,400	01:04:36	00:05:13
01/05/2016	Sinalunga mandocorri			11,720	01:01:23	00:05:14
15/05/2016	Trail delle 4 Chiese San Litardo Città della Pie			20,300	02:19:43	00:06:53
06/06/2016	Giro della Val d'Orcia 1° Tappa Contignano			10,830	01:03:36	00:05:52
07/06/2016	Giro della Val d'Orcia 2° Tappa Valleresi			2,600	00:15:27	00:05:57

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
08/06/2016	Giro della Val d'Orcia 3° Tappa Pienza			7,530	00:41:45	00:05:33
10/06/2016	Giro della Val d'Orcia 4° Tappa Poggiardelli			7,610	00:48:08	00:06:20
11/06/2016	Giro della Val d'Orcia 5° Tappa Chianciano M			7,700	00:46:28	00:06:02
02/09/2016	Rapolano Terme			8,410	00:40:39	00:04:50
04/09/2016	Montevarchi			13,200	01:09:52	00:05:18
11/09/2016	Vallombrosa		2	11,040	01:11:26	00:06:28
25/09/2016	Selci Lama	295	10	13,800	01:08:37	00:04:58
13/11/2016	Policiano Trail Lignano (Sbaglio Percorso)			10,800	01:08:56	00:06:23
27/11/2016	TRASITRAIL Passignano	47	3	12,810	01:25:50	00:06:42
08/12/2016	Petriolo			9,000	00:48:00	00:05:20
26/12/2016	Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:08:33	00:05:54

2015

08/02/2015	Arezzo Su e giù per la Torre di Gnicche			13,400	01:10:58	00:05:18
15/03/2015	Trail Città di Cortona			22,000	02:34:12	00:07:01
22/03/2015	Valli etrusche Trail	43	11	13,340	01:28:02	00:06:36
04/04/2015	Pasqua Ecotrail S. Giovanni d'Asso			18,660	02:23:01	00:07:40
06/04/2015	Pasqua Ecotrail Montisi			21,100	02:11:40	00:06:14
12/04/2015	Siena Vivicittà			12,000	00:57:08	00:04:46
01/05/2015	Settignano (FI)			12,300	01:14:22	00:06:03
09/05/2015	Signa Inferno Run			10,060	01:24:36	00:08:25
24/05/2015	Castiglion Fiorentino Nuovo Percorso			10,800	00:55:43	00:05:10
02/06/2015	Le Marmore TRAIL 165			13,750	02:17:30	00:10:00
08/06/2015	Giro della Val d'Orcia 1° Tappa Contignano			10,760	00:57:40	00:05:22
09/06/2015	Giro della Val d'Orcia 2° Tappa Valleresi			2,600	00:14:17	00:05:30
10/06/2015	Giro della Val d'Orcia 3° Tappa Pienza			7,560	00:39:56	00:05:17
12/06/2015	Giro della Val d'Orcia 4° Tappa Vivo d'Orcia			8,420	00:51:36	00:06:08
13/06/2015	Giro della Val d'Orcia 5° Tappa Chianciano			8,450	00:45:41	00:05:24
19/07/2015	Ab.S.Salvadore Vetta Amiata			13,300	01:27:45	00:06:36
09/08/2015	Assisi Costa di Trex Trail			15,050	01:49:17	00:07:16
04/09/2015	Rapolano Terme			8,410	00:46:57	00:05:35
08/12/2015	Petriolo			9,000	00:51:00	00:05:40
26/12/2015	Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:07:55	00:05:52

2014

12/01/2014	Siena Corsa a Coppie con Gaspare		114	11,420	00:59:51	00:05:14
30/03/2014	Siena M.P.S.			15,000	01:23:43	00:05:35
06/04/2014	Arezzo Vivicittà			12,000	01:07:36	00:05:38
25/04/2014	Foiano 42 Camm. Donatore			12,400	01:00:50	00:04:54
27/04/2014	Arezzo Saracino			11,230	00:55:15	00:04:55
01/05/2014	Settignano (FI)			12,300	01:10:05	00:05:42
04/05/2014	Leccio Marniatona			16,280	01:31:05	00:05:36
11/05/2014	Trail del Barbotto Falterona		6	19,150	02:37:58	00:08:15
18/05/2014	Castiglion Fiorentino Nuovo Percorso			10,800	00:54:35	00:05:03

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
05/09/2014	Rapolano Terme			8,410	00:40:04	00:04:46
14/09/2014	Badia Prataglia Trail delle Foreste di Badia Pr			12,900	01:36:19	00:07:28
28/09/2014	Arezzo Ecopasseggiata degli etruschi			17,320	01:35:02	00:05:29
05/10/2014	Selci Lama	298	21	13,800	01:04:53	00:04:42
26/10/2014	Arezzo Maratonina			21,098	01:43:08	00:04:53
16/11/2014	Policiano Trail Lignano			20,950	02:20:44	00:06:43
08/12/2014	Petriolo			9,000	00:48:08	00:05:21
14/12/2014	Bastia Umbra Invernalissima			21,098	02:03:00	00:05:50

2013

20/01/2013	Arezzo Su e giù per la Torre di Gnicche			12,400	01:06:36	00:05:22
27/01/2013	Castiglion Fiorentino Ronda			13,720	01:52:37	00:08:12
10/03/2013	Corritra i boschi di Civitella			14,630	01:22:14	00:05:37
07/04/2013	Ecorun dei Cimini San Martino al Cimino			24,750	02:44:00	00:06:38
14/04/2013	Siena M.P.S.			15,000	01:22:00	00:05:28
21/04/2013	Arezzo Saracino			12,130	01:00:51	00:05:01
25/04/2013	Foiano 41 Camm. Donatore			12,400	01:00:55	00:04:55
28/04/2013	Umbertide Ecogiro del monte Acuto		4	11,800	01:05:26	00:05:33
01/05/2013	Settignano (FI)			12,300	01:13:57	00:06:01
05/05/2013	Siena Ravacciano			10,600	00:55:12	00:05:12
19/05/2013	Castiglion Fiorentino Nuovo Percorso			10,800	00:57:10	00:05:18
02/06/2013	Giro del Lago di Montepulciano			13,200	01:10:21	00:05:20
09/06/2013	Pesticciata			12,000	01:30:00	00:07:30
10/06/2013	Giro Val d'Orcia 1 Tappa Poggiardelli			9,400	00:53:58	00:05:44
11/06/2013	Giro Val d'Orcia 2 Tappa Valleresi			2,600	00:14:37	00:05:37
12/06/2013	Giro Val d'Orcia 3 Tappa San Quirico			7,000	00:32:26	00:04:38
14/06/2013	Giro Val d'Orcia 4 Tappa Pienza			8,140	00:44:09	00:05:25
23/06/2013	Val di Fassa Running 1° Tappa Canazei			10,600	01:07:17	00:06:21
25/06/2013	Val di Fassa Running 2° Tappa Campestrin			13,600	01:19:37	00:05:51
26/06/2013	Val di Fassa Running 3° Tappa Campitello			10,800	01:12:20	00:06:42
27/06/2013	Val di Fassa Running 4° Tappa Soraga			15,200	01:33:51	00:06:10
28/06/2013	Val di Fassa Running 5° Tappa Moena Alpe di			9,500	01:26:55	00:09:09
11/08/2013	Assisi Costa di Trex Trail			15,500	01:41:46	00:06:34
08/09/2013	Badia Prataglia Trail delle Foreste Casentine			23,000	02:36:02	00:06:47
17/11/2013	Policiano Trail Lignano		11	19,850	02:16:35	00:06:53
08/12/2013	Petriolo			9,000	00:48:27	00:05:23
15/12/2013	Bastia Umbra Invernalissima			21,098	01:55:55	00:05:30
26/12/2013	Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:11:59	00:06:03

2012

15/01/2012	Siena Corsa a Coppie con Alessandro	132		11,400	00:58:15	00:05:07
22/01/2012	Arezzo Su e giù per la Torre di Gnicche			12,400	01:05:05	00:05:15
29/01/2012	Firenze Nave di Rovezzano			14,400	01:21:09	00:05:38
26/02/2012	Prato San Giusto	249		14,560	01:12:10	00:04:57

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
04/03/2012	Strasimeno			30,600	02:53:51	00:05:41
18/03/2012	Tavarnelle val di Pesa			21,098	01:54:46	00:05:26
25/03/2012	Siena Scarpinata di Primavera	284		15,700	01:40:00	00:06:22
15/04/2012	Ecorun dei Cimini San Martino al Cimino		2	21,500	02:11:50	00:06:08
22/04/2012	Prato Un po'n Poggio			23,100	02:39:00	00:06:53
25/04/2012	Foiano 40 Camm. Donatore			12,400	01:01:14	00:04:56
29/04/2012	Castiglion d'Orcia TRAIL			21,610	02:12:08	00:06:07
01/05/2012	Settignano (FI)			12,300	01:11:06	00:05:47
06/05/2012	Moggiona			14,210	01:21:11	00:05:43
20/05/2012	Castiglion Fiorentino			9,600	00:45:13	00:04:43
10/06/2012	Monteleone d'Orvieto	24	3	9,700	00:50:46	00:05:14
17/06/2012	Trail del Falterona		8	28,200	03:51:00	00:08:11
21/06/2012	Sansepolcro			7,400	00:32:52	00:04:26
27/06/2012	Monsigliolo			4,700	00:20:10	00:04:17
08/07/2012	Reggello Vallombrosa			13,200	01:14:50	00:05:40
11/07/2012	Foiano Renzino			6,800	00:33:07	00:04:52
15/07/2012	Ab.S.Salvadore Vetta Amiata			13,300	01:22:07	00:06:10
22/07/2012	Canazei Dolomites SkyRace	599		22,000	04:46:20	00:13:01
28/07/2012	Castiglion d'Orcia			8,300	00:37:32	00:04:31
29/07/2012	S.Michele a Moriano (LU)			18,000	01:51:00	00:06:10
01/08/2012	Monte Santa Maria Tiberina			7,500	00:37:10	00:04:57
05/08/2012	Montepulciano La Nobile			9,670	00:48:40	00:05:02
19/08/2012	Vivo d'Orcia			10,000	01:10:00	00:07:00
31/08/2012	Rapolano Terme	141		8,410	00:39:00	00:04:38
30/09/2012	Carmignano Prato Trail	4		12,910	01:23:45	00:06:29
21/10/2012	Castelnuovo Berardenga			17,800	01:44:40	00:05:53
04/11/2012	Fabro Maratonina di San Martino	71	8	9,130	00:45:04	00:04:56
11/11/2012	Firenze Castello			11,000	00:58:00	00:05:16
18/11/2012	Policiano Trail Lignano			19,730	02:15:02	00:06:51
09/12/2012	Cura di Vetralla Trail del Monte Fogliano		5	22,000	02:22:02	00:06:27
26/12/2012	Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:14:30	00:06:10

2011

06/01/2011	Ciaspolada Romeno Fondo			6,500	00:42:50	00:06:35
09/01/2011	Siena Corsa a Coppie con Federica		19	11,400	00:57:40	00:05:04
23/01/2011	Arezzo Su e giù per la Torre di Gnicche			12,600	01:03:50	00:05:04
30/01/2011	Castiglion Fiorentino Ronda			26,500	03:50:12	00:08:41
06/02/2011	Winter Trail dei Monti Cimini			13,240	01:18:30	00:05:56
13/02/2011	Maiano (FI)		46	12,200	01:00:50	00:04:59
27/02/2011	Prato San Giusto	290		14,030	01:08:36	00:04:53
06/03/2011	Fucecchio Maratonina			21,098	01:48:41	00:05:09
13/03/2011	Trail di Pietraporciana			14,250	01:22:16	00:05:46
20/03/2011	Siena Scarpinata di Primavera	176		15,700	01:20:03	00:05:06

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
27/03/2011	Romola (FI)			14,300	01:18:20	00:05:29
03/04/2011	Siena Vivicit�			12,000	00:57:53	00:04:49
10/04/2011	Siena M.P.S.			15,000	01:16:22	00:05:05
16/04/2011	Monteriggioni Eco Mezza Maratona			21,098	02:04:00	00:05:53
17/04/2011	Arezzo Saracino			13,000	01:08:40	00:05:17
01/05/2011	Settignano (FI)			12,300	01:09:41	00:05:40
08/05/2011	Moggiona			14,210	01:22:51	00:05:50
15/05/2011	Casciano di Murlo			13,250	01:06:50	00:05:03
22/05/2011	Castiglion Fiorentino			9,600	00:47:00	00:04:54
27/05/2011	Barberino val di Pesa		12	7,100	00:32:30	00:04:35
29/05/2011	Arezzo scalata al Castello			10,260	00:48:01	00:04:41
02/06/2011	Giro del Lago di Montepulciano			13,330	01:11:39	00:05:23
05/06/2011	Sinalunga Panta Rei			11,600	01:01:51	00:05:20
06/06/2011	Giro della Val d'Orcia 1° Tappa Pietraporcian			13,200	01:10:54	00:05:22
07/06/2011	Giro della Val d'Orcia 2° Tappa Valleresi			2,600	00:13:49	00:05:19
08/06/2011	Giro della Val d'Orcia 3° Tappa Radicofani			5,300	00:24:28	00:04:37
10/06/2011	Giro della Val d'Orcia 4° Tappa Pienza			8,160	00:42:28	00:05:12
11/06/2011	Giro della Val d'Orcia 5° Tappa Castiglion d'Or			9,070	00:46:29	00:05:07
12/06/2011	San Miniato Pesticciata			19,700	02:48:00	00:08:32
16/06/2011	Sansepolcro			6,000	00:26:03	00:04:21
19/06/2011	Acquerino (PT)			20,380	02:28:30	00:07:17
23/06/2011	Chianciano			6,200	00:29:00	00:04:41
26/06/2011	Traslaval 1 Tappa Soraga	190	17	10,300	01:00:30	00:05:52
27/06/2011	Traslaval 2 Tappa Moena			11,000	01:02:24	00:05:40
28/06/2011	Traslaval 3 Tappa Alba Canazei			8,460	00:52:15	00:06:11
30/06/2011	Traslaval 4 Tappa Alba Campestrin			13,600	01:14:18	00:05:28
01/07/2011	Traslaval 5 Tappa Col Rodella			11,000	01:21:00	00:07:22
03/07/2011	Cronascalata di Lignano		4	4,100	00:26:44	00:06:31
05/07/2011	Croce di Lucignano			3,000	00:12:54	00:04:18
06/07/2011	Arbia			10,000	00:48:00	00:04:48
31/07/2011	Rigaiolo Ecopasseggiata dell'acqua passant			11,300	01:03:00	00:05:35
03/08/2011	Monte Santa Maria Tiberina	60	9	7,430	00:36:15	00:04:53
05/08/2011	Policiano			8,600	00:42:23	00:04:56
07/08/2011	Montepulciano La Nobile			9,740	00:53:45	00:05:31
11/08/2011	Contignano			6,800	00:32:45	00:04:49
21/08/2011	Vivo d'Orcia			11,500	01:06:10	00:05:45
24/08/2011	Siena Festa dell'Unit�			8,500	00:44:00	00:05:11
27/08/2011	Arcidosso			10,600	00:53:12	00:05:01
02/09/2011	Rapolano Terme	212		8,410	00:41:10	00:04:54
08/12/2011	Petriolo			9,000	00:50:00	00:05:33
18/12/2011	Bastia Umbra Invernalissima			11,000	01:02:00	00:05:38
26/12/2011	Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:10:10	00:05:58

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
2010						
01/01/2010	S.Giovanni valdarno			13,250	01:03:10	00:04:46
10/01/2010	Siena Corsa a Coppie con Davide	101		11,400	00:55:20	00:04:51
24/01/2010	Arezzo Su e giù per la Torre di Gnicche			12,360	01:00:40	00:04:54
31/01/2010	Firenze Nave di Rovezzano			14,400	01:14:19	00:05:10
07/02/2010	Winter Trail dei Monti Cimini			13,850	01:27:00	00:06:17
21/02/2010	Porcari (LU)			25,000	02:49:19	00:06:46
28/02/2010	Trail di Pietraporciana			14,410	01:22:27	00:05:43
07/03/2010	Strasimeno			30,600	02:54:03	00:05:41
14/03/2010	Staffetta Interna			2,700	00:12:50	00:04:45
21/03/2010	Pistoia Maratonina			21,098	01:52:28	00:05:20
28/03/2010	Siena Scarpinata di Primavera	211		15,700	01:23:31	00:05:19
11/04/2010	Parigi Marathon			42,195	04:14:53	00:06:02
18/04/2010	Arezzo Saracino			13,000	01:02:30	00:04:48
01/05/2010	Settignano (FI)			12,300	01:14:00	00:06:01
02/05/2010	Moggiona			14,210	01:25:00	00:05:59
08/05/2010	Montemarciano			7,300	00:34:40	00:04:45
09/05/2010	Perugia Grifonissima			12,340	00:57:11	00:04:38
15/05/2010	Arbia			24,000	02:15:00	00:05:37
16/05/2010	Casciano di Murlo			13,250	01:13:00	00:05:31
23/05/2010	Castiglion Fiorentino			9,600	00:47:11	00:04:55
28/05/2010	Barberino val di Pesa		14	7,100	00:34:56	00:04:55
30/05/2010	Arezzo scalata al Castello			10,130	00:48:10	00:04:45
02/06/2010	Brescia no Limits		21	20,000	03:13:00	00:09:39
06/06/2010	Siena Corri con i paracadutisti			10,760	00:53:24	00:04:58
07/06/2010	Giro della Val d'Orcia 1° Tappa Orcia Contign			13,540	01:14:25	00:05:30
08/06/2010	Giro della Val d'Orcia 2° Tappa Valleresi			2,600	00:13:34	00:05:13
09/06/2010	Giro della Val d'Orcia 3° Tappa Radicofani			4,700	00:21:24	00:04:33
11/06/2010	Giro della Val d'Orcia 4° Castiglion d'Orcia			9,200	00:45:48	00:04:59
12/06/2010	Pesticciata			19,300	02:57:00	00:09:10
12/06/2010	Giro della Val d'Orcia 5° Pienza			8,800	00:46:38	00:05:18
13/06/2010	Monticello Eco Cross			10,500	01:04:39	00:06:09
17/06/2010	Sansepolcro			6,000	00:25:20	00:04:13
20/06/2010	Trail del Falterona			22,340	03:09:00	00:08:28
27/06/2010	Marzabotto Camminata del Postino			12,000	01:10:00	00:05:50
04/07/2010	Sinalunga Panta Rei			11,600	01:02:28	00:05:23
11/07/2010	Ecomaratona del Ventasso			42,195	06:33:00	00:09:19
18/07/2010	Ab.S.Salvadore Vetta Amiata			13,300	01:25:09	00:06:24
06/08/2010	Rapolano Terme Festa de l'Unità			7,000	00:35:00	00:05:00
08/08/2010	Montepulciano La Nobile			9,700	00:51:45	00:05:20
14/08/2010	Sestino Trail Sasso di Simone (RITIRATO X AS			11,600	01:21:18	00:07:01
22/08/2010	Vivo d'Orcia			12,300	01:15:30	00:06:08

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
29/08/2010	Abetone Dinamo Trail			18,930	02:39:13	00:08:25
03/09/2010	Rapolano Terme	178		8,410	00:38:17	00:04:33
08/09/2010	Perugia festa dell'Unità			6,630	00:30:53	00:04:39
03/10/2010	Signa mezza maratona			21,098	02:01:20	00:05:45
17/10/2010	Castelnuovo Berardenga			17,800	01:46:30	00:05:59
14/11/2010	Lucignano Scarpinata Ecologica			14,120	01:17:25	00:05:29
28/11/2010	Poggiardelli Trail			10,120	01:01:25	00:06:04
08/12/2010	Petriolo			9,000	00:47:00	00:05:13
12/12/2010	Firenze Fiesole			16,700	01:36:00	00:05:45
19/12/2010	Bastia Umbra Invernalissima			21,098	01:47:30	00:05:06
26/12/2010	Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:04:05	00:05:42

2009

04/01/2009	S.Michele alle Torri Scandicci (FI)		33	11,600	00:59:10	00:05:06
11/01/2009	Siena corsa a coppie con Maurizio	130		11,400	01:00:56	00:05:21
18/01/2009	Arezzo Su e giù per la Torre di Gnicche			12,450	01:01:23	00:04:56
25/01/2009	Firenze Nave di Rovezzano			14,400	01:20:00	00:05:33
01/02/2009	Firenze Oltrarno			14,400	01:12:00	00:05:00
15/02/2009	Porcari (LU)			20,000	02:30:00	00:07:30
22/02/2009	Staffetta Interna			7,000	00:34:40	00:04:57
01/03/2009	Ravenna Maratonina			21,098	01:42:12	00:04:51
15/03/2009	Siena Il Ceppo corsa Handicap	60		11,000	00:50:45	00:04:37
22/03/2009	Siena Scarpinata di Primavera	155		15,700	01:20:15	00:05:07
29/03/2009	Prato Un po"n Poggio			18,500	02:07:00	00:06:52
05/04/2009	Tavarnelle val di Pesa			21,098	01:47:01	00:05:04
19/04/2009	Siena Vivicittà			12,000	00:54:41	00:04:33
26/04/2009	Arezzo Saracino			13,000	00:57:40	00:04:26
01/05/2009	Reggello Loro Ciuffena			21,098	01:42:57	00:04:53
05/05/2009	Siena Ravacciano			11,000	00:49:28	00:04:30
09/05/2009	Arbia			22,500	02:08:00	00:05:41
19/05/2009	Moggiona			16,500	01:30:29	00:05:29
22/05/2009	Barberino val di Pesa		9	8,000	00:34:58	00:04:22
24/05/2009	Castiglion Fiorentino			9,600	00:47:10	00:04:55
29/05/2009	S.Antimo			11,000	00:56:04	00:05:06
05/06/2009	Panzano staffetta 4x2000 (Sergio, Davide, Cri	10	8	2,000	00:08:27	00:04:13
07/06/2009	Cronascalata di Lignano			4,100	00:27:49	00:06:47
09/06/2009	Staffetta Areazzo 3x1000		6	1,000	00:03:47	00:03:47
12/06/2009	Castellina Scalo			7,000	00:30:47	00:04:24
14/06/2009	San Miniato Pesticcità			28,800	03:24:51	00:07:07
19/06/2009	Sansepolcro			6,000	00:23:58	00:04:00
21/06/2009	Monticello Eco Cross			10,460	00:58:59	00:05:38
26/06/2009	Chianciano			6,550	00:30:23	00:04:38
28/06/2009	Montepulciano La Nobile			10,860	00:57:35	00:05:18

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
02/07/2009	Arezzo			7,000	00:30:32	00:04:22
03/07/2009	Tre Berte Madonna del Cerro			10,000	00:43:59	00:04:24
05/07/2009	Reggello Vallombrosa			13,200	01:14:23	00:05:38
09/07/2009	Cortona Il Sodo		2	9,600	00:46:40	00:04:52
19/07/2009	Canazei Dolomites Skyrace	497		20,500	03:35:36	00:10:31
26/07/2009	Rigaiolo Ecopasseggiata dell'acqua passant			11,300	01:01:01	00:05:24
30/07/2009	Castelnuovo Berardenga			7,000	00:35:29	00:05:04
02/08/2009	Montalcino			10,500	00:56:10	00:05:21
07/08/2009	Rapolano			7,500	00:40:00	00:05:20
28/08/2009	Ponte alla Chiassa			6,550	00:32:10	00:04:55
04/10/2009	Vallerano (VT)			5,000	00:30:00	00:06:00
18/10/2009	Castelnuovo Berardenga			17,800	01:42:30	00:05:46
15/11/2009	Ponte Felcino			10,500	00:51:17	00:04:53
22/11/2009	Arezzo Palazzo del Pero			14,500	01:16:00	00:05:14
29/11/2009	Lucignano Scarpinata Ecologica			13,860	01:12:20	00:05:13
08/12/2009	Petriolo			9,000	00:44:10	00:04:54
13/12/2009	Arezzo Ecopasseggiata degli etruschi			15,130	01:15:02	00:04:58
26/12/2009	Pienza Ecomezzamaratona della Val d'Orcia			21,800	01:56:18	00:05:20
27/12/2009	Prato - La Briglia			13,950	01:20:40	00:05:47

2008

06/04/2008	Siena Vivicit�			12,000	01:07:22	00:05:37
20/04/2008	Arezzo Saracino			12,000	01:01:16	00:05:06
01/05/2008	Settignano (FI)			12,300	01:08:30	00:05:34
11/05/2008	Perugia Grifonissima			11,900	00:55:36	00:04:40
16/05/2008	Le Macchie	8	8	1,608	00:05:55	00:03:41
25/05/2008	Arezzo Scalata al Castello			13,500	01:03:00	00:04:40
02/06/2008	Sport & Amicizia			9,000	00:55:00	00:06:07
08/06/2008	San Miniato Pesticcita			19,000	01:50:00	00:05:47
22/06/2008	Papiano Stia			13,000	01:12:10	00:05:33
23/06/2008	Chianciano			6,550		
27/06/2008	Tegoleto			7,500	00:32:00	00:04:16
29/06/2008	Castel Rigone PG			6,800		
03/07/2008	Arezzo Notturna			8,000		
06/07/2008	Bolognana (LU)			20,000	01:45:00	00:05:15
13/07/2008	Reggello Vallombrosa			13,200	01:13:40	00:05:35
20/07/2008	Ab.S.Salvadore Vetta Amiata		15	13,300	01:20:40	00:06:04
24/07/2008	Castelnuovo Berardenga			7,000	00:29:00	00:04:09
27/07/2008	Rigaiolo Ecopasseggiata dell'acqua passant			11,300	01:02:00	00:05:29
02/08/2008	Montalcino	81		11,000	00:50:00	00:04:33
07/08/2008	Belluno Dolomiti Park Road 4° Tappa	104	8	13,400	01:09:57	00:05:13
07/08/2008	Belluno Dolomiti Park Road 3° Tappa	74	6	8,500	00:42:41	00:05:01
07/08/2008	Belluno Dolomiti Park Road 1° Tappa	89	3	6,000	00:39:54	00:06:39

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
08/08/2008	Belluno Dolomiti Park Road 2° Tappa	53	4	9,300	00:53:21	00:05:44
13/08/2008	Contignano			6,800	00:32:00	00:04:42
13/08/2008	Contignano			6,800	00:32:45	00:04:49
24/08/2008	Montepulciano La Nobile			10,800	00:57:00	00:05:17
05/09/2008	Rapolano Terme			8,410	00:35:00	00:04:10
14/09/2008	Sesto 3 Cime di Lavaredo			12,000	01:12:00	00:06:00
17/09/2008	Asciano			9,000	00:41:00	00:04:33
20/09/2008	Incisa Salita al Castello			13,500	01:09:00	00:05:07
26/09/2008	Chianti Rufina 1	59	11	5,800	00:25:48	00:04:27
27/09/2008	Chianti Rufina 2			1,900	00:10:38	00:05:36
28/09/2008	Chianti Rufina 3			10,200	00:56:01	00:05:30
05/10/2008	Anguillara Roma No Limits		20	25,000	03:30:00	00:08:24
26/10/2008	Arezzo Maratonina			21,098	02:05:55	00:05:58
02/11/2008	Pontassieve (FI)		14	13,450	01:12:17	00:05:22
09/11/2008	Siena Il Ceppo			11,200	00:51:16	00:04:35
16/11/2008	Ponte Felcino			10,500	00:54:22	00:05:11
23/11/2008	Promano		20	13,600	01:08:11	00:05:01
30/11/2008	Lucignano Scarpinata Ecologica			16,500	01:25:00	00:05:09
08/12/2008	Petriolo			9,300	00:43:00	00:04:37

2007

07/01/2007	S.Michele alle Torri Scandicci (FI)		21	11,600	00:51:44	00:04:28
14/01/2007	Siena corsa a coppie con Paolo	60		11,400	00:52:20	00:04:35
21/01/2007	Arezzo Su e giù per la Torre di Gnicche			12,700	00:58:30	00:04:36
28/01/2007	Firenze Nave di Rovezzano			14,400	01:14:00	00:05:08
18/02/2007	Porcari (LU)			25,000	02:50:00	00:06:48
25/02/2007	Roma - Ostia			21,098	01:43:20	00:04:54
04/03/2007	Ugnano (FI)		24	15,000	01:08:26	00:04:34
11/03/2007	Siena Il Ceppo corsa Handicap	34		11,000	00:48:19	00:04:24
18/03/2007	Pontassieve (FI)		22	16,500	01:16:33	00:04:38
25/03/2007	Siena Scarpinata di Primavera	112		15,700	01:16:16	00:04:51
01/04/2007	Siena M.P.S.	112		15,000	01:11:11	00:04:45
15/04/2007	Siena Vivicittà			12,000	00:54:00	00:04:30
22/04/2007	Arezzo Saracino			13,400	01:00:30	00:04:31
29/04/2007	Marlia (LU)			24,000	02:28:03	00:06:10
01/05/2007	Settignano (FI)			12,300	01:05:20	00:05:19
06/05/2007	Siena Ravacciano			12,000	00:56:22	00:04:42
13/05/2007	Lucignano d'Arbia			11,800	00:58:30	00:04:57
20/05/2007	Strarimini			21,098	01:52:20	00:05:19
10/06/2007	San Miniato Pesticcità			20,000	02:40:00	00:08:00
24/06/2007	Castel Rigone PG			8,000	00:42:34	00:05:19
27/06/2007	Sinalunga			5,000	00:23:32	00:04:42
12/07/2007	Tavarnelle Cortona			9,500	00:49:30	00:05:13

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
22/07/2007	Ab.S.Salvadore Vetta Amiata			13,300	01:24:30	00:06:21
29/07/2007	Rigaiolo Ecopasseggiata dell'acqua passant			11,300	01:05:00	00:05:45
04/08/2007	Montalcino			10,000	00:48:02	00:04:48
07/10/2007	Poggibonsi di Castello in Castello			5,000	00:30:00	00:06:00
04/11/2007	Chiusi			15,000	01:19:48	00:05:19
11/11/2007	Siena Il Ceppo			10,000	00:58:00	00:05:48

2006

19/02/2006	Porcari (LU)			25,000	02:57:00	00:07:05
19/03/2006	Pontassieve (FI)		26	16,500	01:24:00	00:05:05
26/03/2006	Siena Scarpinata di Primavera	132		15,700	01:20:02	00:05:06
02/04/2006	Russi (Ravenna)			10,000	00:52:00	00:05:12
09/04/2006	Tavarnelle val di Pesa			21,098	01:53:43	00:05:23
23/04/2006	Arezzo Saracino		40	13,400	01:01:35	00:04:36
07/05/2006	Ravacciano nuovo percorso			12,000	00:55:40	00:04:38
14/05/2006	Leccio Reggello			16,700	01:24:28	00:05:03
21/05/2006	Antraccoli (LU)			18,000	01:32:00	00:05:07
28/05/2006	Arezzo			13,150	00:56:00	00:04:16
02/06/2006	Sport & Amicizia			22,800	01:54:00	00:05:00
09/06/2006	Castellina Scalo			6,500	00:27:30	00:04:14
11/06/2006	San Miniato Pesticciata			18,000	02:00:00	00:06:40
18/06/2006	Acquerino (PT)			22,000	02:05:00	00:05:41
21/06/2006	Sinalunga		5	5,000	00:22:20	00:04:28
23/06/2006	Volterra Staffetta		3	1,800	00:06:40	00:03:42
30/06/2006	Levanella			6,800	00:27:20	00:04:01
09/07/2006	Castel Rigone PG		3	6,800	00:33:34	00:04:56
23/07/2006	Chitignano		9	11,000	00:55:20	00:05:02
27/07/2006	Castelnuovo Berardenga			7,000	00:30:20	00:04:20
30/07/2006	Rigaiolo Ecopasseggiata dell'acqua passant			11,300	01:07:00	00:05:56
05/08/2006	Montalcino			10,800	00:49:42	00:04:36
11/08/2006	Tuoro (PG) Corsa di Annibale		15	4,800	00:22:21	00:04:39
18/08/2006	Contignano			6,800	00:32:25	00:04:46
22/08/2006	Siena Festa dell'Unità		47	8,500	00:36:00	00:04:14
24/08/2006	Casetta Staffetta 3x 2000			2,000	00:07:44	00:03:52
27/08/2006	Radda in Chianti		11	7,500	00:32:00	00:04:16
01/09/2006	Rapolano	188		8,500	00:38:29	00:04:32
03/09/2006	Montevarchi			13,200	01:00:30	00:04:35
09/09/2006	Subbiano			10,500	00:46:20	00:04:25
17/09/2006	Grosseto			12,000	01:02:20	00:05:12
15/10/2006	Rapolano			21,098	01:50:00	00:05:13
21/10/2006	Poggibonsi di Castello in Castello	66		16,000	01:12:06	00:04:30
29/10/2006	Arezzo Maratonina			21,098	01:39:34	00:04:43
05/11/2006	Chiusi			12,800	00:58:54	00:04:36

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
12/11/2006	Siena Il Ceppo			10,000	00:44:50	00:04:29
19/11/2006	Promano Città di Castello		13	12,900	00:58:30	00:04:32
08/12/2006	Petriolo			9,300	00:41:01	00:04:25
10/12/2006	Cortona			8,600	00:39:56	00:04:39
17/12/2006	Firenze Fiesole			16,700	01:26:40	00:05:11

2005

02/01/2005	S.Michele alle Torri Scandicci (FI)			11,600	00:52:56	00:04:34
11/01/2005	Siena corsa a coppie con Fabio	59		11,400	00:51:49	00:04:33
16/01/2005	Rapolano Campestre			15,600	01:13:20	00:04:42
23/01/2005	Firenze Nave di Rovezzano			14,400	01:15:00	00:05:13
06/02/2005	Grosseto Scansano	50		26,500	02:16:31	00:05:09
13/02/2005	Maiano (FI)	74		13,500	01:06:25	00:04:55
20/02/2005	Porcari (LU)			25,000	02:16:00	00:05:26
27/02/2005	Ugnano (FI)			15,000	01:04:42	00:04:19
13/03/2005	Strasimeno	33		32,100	02:35:39	00:04:51
20/03/2005	Siena Scarpinata di Primavera	96		15,700	01:13:45	00:04:42
10/04/2005	Siena Vivicittà			12,000	00:51:52	00:04:19
17/04/2005	Londra	13835	3515	42,195	04:13:13	00:06:00
24/04/2005	Oste di Montemurlo (PO)	37		21,098	01:32:46	00:04:24
29/04/2005	Sinalunga Notturna	14		7,500	00:30:08	00:04:01
01/05/2005	Reggello Loro Ciuffena			22,000	01:38:10	00:04:28
08/05/2005	Lucignano d'Arbia			11,800	00:51:15	00:04:21
15/05/2005	Casciano di Murlo		41	13,250	01:01:30	00:04:38
29/05/2005	Arezzo Scalata al Castello			13,150	00:53:35	00:04:04
02/06/2005	Sport & Amicizia			22,800	01:53:41	00:04:59
05/06/2005	Siena Ravacciano			11,700	00:53:50	00:04:36
12/06/2005	Extreme Marathon No Limits			42,195	05:15:00	00:07:28
17/06/2005	Castellina Scalo			6,500	00:33:00	00:05:05
19/06/2005	Acquerino (PT)			22,000	02:06:00	00:05:44
22/06/2005	Sinalunga			5,000	00:20:55	00:04:11
25/06/2005	Volterra Staffetta		7	1,800	00:06:16	00:03:29
24/07/2005	Ab.S.Salvadore Vetta Amiata			13,300	01:15:12	00:05:39
28/07/2005	Castelnuovo Berardenga			7,000	00:27:42	00:03:57
06/08/2005	Montalcino			10,800	00:45:54	00:04:15
25/08/2005	Contignano			6,000	00:26:00	00:04:20
02/09/2005	Rapolano			8,500	00:45:00	00:05:18
10/09/2005	Staffetta Rapolano Perugia			5,400	00:40:00	00:07:24
18/09/2005	Ravenna Maratona			26,000	02:10:00	00:05:00
02/10/2005	Montalto di Castro			21,098	01:42:20	00:04:51

2004

04/01/2004	Ciaspolada Romeno Fondo	221	199	6,850	00:42:37	00:06:13
11/01/2004	Siena corsa a coppie con Davide	61		11,400	00:51:02	00:04:29

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
18/01/2004	Rapolano Campestre			15,600	01:16:02	00:04:52
25/01/2004	Monteaperti Campestre			14,200	01:06:30	00:04:41
08/02/2004	Maiano (FI)	88		13,500	01:08:00	00:05:02
22/02/2004	Porcari (LU)			25,000	02:20:00	00:05:36
07/03/2004	Vorno (LU)			12,000	01:08:00	00:05:40
14/03/2004	Siena Il Ceppo corsa Handicap	40		11,000	00:46:58	00:04:16
21/03/2004	Siena Scarpinata di Primavera	103		15,700	01:17:55	00:04:58
28/03/2004	Siena FF.SS			9,000	00:40:31	00:04:30
01/04/2004	Russi Maratona del Lamone	233		42,195	03:57:37	00:05:38
18/04/2004	Siena Vivicit�			12,000	00:55:50	00:04:39
25/04/2004	Arezzo Saracino	144		11,200	00:51:20	00:04:35
02/05/2004	Siena Ravacciano	101		11,700	00:53:51	00:04:36
16/05/2004	Casciano di Murlo	60	43	13,250	01:02:40	00:04:44
23/05/2004	Bellavista			12,000	00:58:05	00:04:50
30/05/2004	Arezzo Scalata al Castello	125		14,300	01:07:35	00:04:44
02/06/2004	Sport & Amicizia			22,800	01:57:00	00:05:08
23/06/2004	Sinalunga		14	5,000	00:21:16	00:04:15
11/07/2004	Reggello Vallombrosa			13,200	01:12:11	00:05:28
18/07/2004	Ab.S.Salvadore Vetta Amiata	118		13,300	01:19:09	00:05:57
29/07/2004	Castelnuovo Berardenga			7,000	00:30:18	00:04:20
19/08/2004	Siena			7,000	00:31:20	00:04:29
22/08/2004	Saltino Vallombrosa			11,000	00:56:25	00:05:08
27/08/2004	Casetta Staffetta nuovo percorso	9	3	2,000	00:07:27	00:03:44
03/09/2004	Rapolano Terme	79		8,410	00:35:23	00:04:12
12/09/2004	Asciano			5,000	00:25:00	00:05:00
19/09/2004	Limite sull'Arno (FI)			7,000	00:38:00	00:05:26
24/10/2004	Rapolano			21,098	01:57:18	00:05:34
14/11/2004	Peccioli (PI)			12,000	01:01:00	00:05:05
28/11/2004	Fornacette (PI)			15,000	01:21:00	00:05:24
08/12/2004	Petriolo			8,000	00:34:19	00:04:17
12/12/2004	Bastia Umbra Invernalissima			21,098	01:37:14	00:04:37
19/12/2004	Firenze Fiesole			18,500	01:27:30	00:04:44

2003

05/01/2003	Ciaspolada Romeno Fondo -Senza Ciaspole-	233	215	8,800	00:37:13	00:04:14
12/01/2003	Siena corsa a coppie con Simone	49		11,400	00:51:02	00:04:29
19/01/2003	Pisa			23,000	02:40:00	00:06:57
02/02/2003	Arezzo Campestre Parco Giotto	30		4,500	00:17:13	00:03:50
16/02/2003	Porcari (LU)			25,000	02:20:00	00:05:36
16/03/2003	Siena Il Ceppo corsa Handicap	62		11,000	00:51:20	00:04:40
23/03/2003	Siena Scarpinata di Primavera	109		15,700	01:16:30	00:04:52
06/04/2003	Siena Vivicit�			12,000	00:49:42	00:04:08
13/04/2003	Siena M.P.S.	91		15,000	01:09:45	00:04:39

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
27/04/2003	Arezzo Saracino	107		11,200	00:44:45	00:04:00
01/05/2003	Settignano (FI)			12,300	01:06:00	00:05:22
04/05/2003	Siena Ravacciano			11,700	00:54:50	00:04:41
11/05/2003	Collelongo (AQ) Maratona dei Marsi			42,195	05:01:28	00:07:09
25/05/2003	Arezzo Scalata al Castello	93		21,098	01:28:54	00:04:13
02/06/2003	Sport & Amicizia			22,800	01:50:30	00:04:51
15/06/2003	Chitignano	16		14,500	01:06:30	00:04:35
20/06/2003	Castellina Scalo			6,500	00:24:17	00:03:44
06/07/2003	Bolognana (LU)			20,000	01:30:00	00:04:30
11/07/2003	Rapolano Unità	13		7,000	00:26:49	00:03:50
13/07/2003	Reggello Vallombrosa	117	93	13,200	01:04:35	00:04:54
20/07/2003	Ab.S.Salvadore Vetta Amiata	92		13,300	01:12:13	00:05:26
24/07/2003	Castelnuovo Berardenga	23		7,000	00:27:13	00:03:53
09/08/2003	Montalcino			10,800	00:43:36	00:04:02
17/08/2003	Saltino Vallombrosa			11,000	00:52:39	00:04:47
20/08/2003	Siena			11,000	00:51:20	00:04:40
05/09/2003	Rapolano Terme	285		8,410	00:47:00	00:05:35
06/09/2003	Arezzo C.Reg. Pista m 1500	5	3	1,500	00:05:05	00:03:23
07/09/2003	Arezzo C.Reg. Pista m 800		3	0,800	00:02:25	00:03:01
14/09/2003	Asciano	54		12,000	00:59:00	00:04:55
21/09/2003	Firenze Le Torri			13,000	01:01:00	00:04:42
05/10/2003	Montalto di Castro			21,098	01:36:54	00:04:36
01/11/2003	Arezzo Maratonina			21,098	01:33:47	00:04:27
02/11/2003	Chiusi			12,800	01:01:00	00:04:46
09/11/2003	Perugia			9,500	00:44:04	00:04:38
16/11/2003	Ponte Felcino			22,300	01:41:32	00:04:33
28/12/2003	S.Michele alle Torri Scandicci (FI)			11,600	00:53:00	00:04:34

2002

13/01/2002	Siena Corsa a Coppie (Percorso Ridotto per	84		9,000	00:43:00	00:04:47
20/01/2002	Rapolano Terme Campestre			11,000	00:53:30	00:04:52
27/01/2002	Monteaperti Campestre			14,200	01:08:12	00:04:48
17/02/2002	Porcari (LU)			10,000	01:00:00	00:06:00
10/03/2002	Solomeo (PG)	89		12,800	00:56:53	00:04:27
17/03/2002	Siena Il Ceppo corsa Handicap	77		11,000	00:51:51	00:04:43
24/03/2002	Siena Scarpinata di Primavera	119		15,700	01:16:52	00:04:54
07/04/2002	Russi (Ravenna)			10,000	00:50:00	00:05:00
14/04/2002	Siena Vivicittà			12,000	00:56:02	00:04:40
21/04/2002	Arezzo Saracino	147		11,200	00:47:33	00:04:15
28/04/2002	Sport & Amicizia			22,800	01:54:30	00:05:01
01/05/2002	Settignano (FI)			12,300	01:07:33	00:05:30
05/05/2002	Siena Ravacciano			11,700	00:56:30	00:04:50
12/05/2002	Lucignano d'Arbia			11,800	00:51:23	00:04:21

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
19/05/2002	Antraccoli (LU)			18,000	01:35:00	00:05:17
26/05/2002	Bellavista			12,000	00:56:49	00:04:44
09/06/2002	S.Michele a Moriano (LU)			16,000	01:13:00	00:04:34
07/07/2002	Bolognana (LU)			20,000	01:48:00	00:05:24
21/07/2002	Ab.S.Salvadore Vetta Amiata	123		13,300	01:18:34	00:05:54
25/07/2002	Castelnuovo Berardenga			7,000	00:28:30	00:04:04
10/08/2002	Montalcino			10,800	00:45:50	00:04:15
11/08/2002	Ponte alla Venturina (BO)	125		10,800	00:50:50	00:04:42
18/08/2002	Saltino Vallombrosa			11,000	00:59:20	00:05:24
22/08/2002	Casetta Staffetta	6		2,300	00:07:55	00:03:27
25/08/2002	Casetta	73		11,600	00:53:07	00:04:35
31/08/2002	Castel del Piano (PG) Staffetta Lo Conte, Fran	5	2	1,200	00:03:56	00:03:17
06/09/2002	Rapolano Terme	76		8,410	00:33:01	00:03:56
08/09/2002	Asciano	41		12,000	00:59:00	00:04:55
14/09/2002	Arezzo C.Reg. Pista m 1500	3	2	1,500	00:04:46	00:03:11
15/09/2002	Arezzo C.Reg. Pista m 800		1	0,800	00:02:36	00:03:15
22/09/2002	Firenze Le Torri			13,000	01:06:03	00:05:05
06/10/2002	Castelfranco di Sotto (PI)			19,000	01:33:00	00:04:54
20/10/2002	Siena Maratonina	95		21,098	01:32:49	00:04:24
03/11/2002	Chiusi			12,800	00:59:00	00:04:37
10/11/2002	Cenaia (PI)			13,000	01:06:00	00:05:05
17/11/2002	Ponte Felcino			22,300	01:39:30	00:04:28
08/12/2002	Petriolo	6		7,500	00:31:52	00:04:15
22/12/2002	Firenze Fiesole			15,400	01:04:10	00:04:10
29/12/2002	S.Michele alle Torri Scandicci (FI)		63	11,600	00:49:09	00:04:14

2001

07/01/2001	Siena Corsa a coppie con Rocchi			11,400	00:54:00	00:04:44
18/02/2001	Porcari (LU)			7,000	00:40:00	00:05:43
25/02/2001	Ugnano (FI)			15,000	01:14:22	00:04:57
04/03/2001	Stecco			16,000	01:21:18	00:05:05
11/03/2001	Solomeo (PG)	102		13,000	01:00:48	00:04:41
18/03/2001	Siena Il Ceppo corsa Handicap	78		11,000	00:50:26	00:04:35
25/03/2001	Siena Scarpinata di Primavera	110		15,700	01:19:09	00:05:02
01/04/2001	Siena Vivicit�			12,000	00:55:22	00:04:37
22/04/2001	Arezzo Saracino	200		11,200	00:49:29	00:04:25
01/05/2001	Settignano (FI)			12,300	01:07:18	00:05:28
06/05/2001	Siena Ravacciano			11,700	00:59:24	00:05:05
13/05/2001	Ponte Valleceppi			9,500	00:39:30	00:04:09
20/05/2001	Antraccoli (LU)			18,500	01:56:00	00:06:16
27/05/2001	Arezzo Scalata al Castello	315		12,800	01:00:51	00:04:45
01/06/2001	Monteroni	39		9,500	00:41:30	00:04:22
03/06/2001	Lucignano d'Arbia	65		11,800	00:55:13	00:04:41

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
10/06/2001	S.Michele a Moriano (LU)			16,000	01:42:00	00:06:22
15/06/2001	Castellina Scalo			6,500	00:32:00	00:04:55
22/06/2001	Tegoleto			8,000	00:38:00	00:04:45
15/07/2001	Ab.S.Salvadore Vetta Amiata	195		13,300	01:25:18	00:06:25
21/07/2001	Chianciano	25		6,550	00:31:23	00:04:47
26/07/2001	Castelnuovo Berardenga			7,000	00:31:26	00:04:29
02/08/2001	Policiano			8,670	00:42:23	00:04:53
02/08/2001	Policiano			7,500	00:32:58	00:04:24
19/08/2001	Saltino Vallombrosa			11,000	01:00:00	00:05:27
24/08/2001	Siena			10,000	00:46:51	00:04:41
02/09/2001	Asciano	60		12,000	00:59:33	00:04:58
07/09/2001	Rapolano Terme	146		8,410	00:35:56	00:04:16
16/09/2001	Siena Colonna San Marco			15,400	01:14:05	00:04:49
23/09/2001	Firenze Le Torri			13,000	01:04:05	00:04:56
28/10/2001	Passeggiata alla Fiera Bis			12,450	01:02:45	00:05:02
04/11/2001	Castiglione del Lago			12,100	00:55:44	00:04:36
11/11/2001	Cenaia (PI)			12,000	00:58:00	00:04:50
08/12/2001	Petriolo			7,500	00:35:30	00:04:44
09/12/2001	Arezzo Telethon			6,500	00:26:39	00:04:06
16/12/2001	Bastia Umbra Invernalissima	151		21,098	01:39:45	00:04:44

2000

09/01/2000	Siena Corsa a Coppie	70		11,400	00:56:00	00:04:55
30/01/2000	Firenze Nave di Rovezzano			14,400	01:15:00	00:05:13
06/02/2000	Buonconvento			12,000	00:55:50	00:04:39
13/02/2000	Ellera (FI)			15,000	01:12:00	00:04:48
27/02/2000	Ugnano (FI)	80		15,000	01:06:00	00:04:24
12/03/2000	Pontassieve (FI)	51		16,500	01:20:00	00:04:51
19/03/2000	Roma - Ostia			16,000	01:12:00	00:04:30
26/03/2000	Siena Scarpinata di Primavera	85		15,700	01:16:28	00:04:52
02/04/2000	Siena Il Ceppo corsa Handicap	77		11,000	00:49:05	00:04:28
09/04/2000	Siena Vivicit�			12,000	00:52:28	00:04:22
01/05/2000	Settignano (FI)			12,300	01:03:05	00:05:08
14/05/2000	Monteroni			14,000	01:07:25	00:04:49
21/05/2000	Antraccoli (LU)			15,000	01:12:00	00:04:48
28/05/2000	Arezzo Scalata al Castello	348		12,800	00:55:52	00:04:22
04/06/2000	Siena Paracadutisti			10,000		
09/06/2000	Monteroni			9,500		
11/06/2000	Arezzo Saracino			11,200		
16/06/2000	Castellina Scalo			6,500		
24/06/2000	Chianciano			6,550		
27/06/2000	Sinalunga			5,000		
27/07/2000	Castelnuovo Berardenga			7,000		

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
03/09/2000	Montevarchi			13,200	01:07:00	00:05:05
07/09/2000	Rapolano Terme			8,410	00:37:14	00:04:26
10/09/2000	Asciano			12,000	00:59:00	00:04:55
17/09/2000	Siena Colonna San Marco			15,400	01:21:25	00:05:17
01/10/2000	Selci Lama	230		13,300	00:59:20	00:04:28
15/10/2000	Castellina Scalo			12,500	01:01:20	00:04:54
29/10/2000	Siena M.P.S.	100		15,000	01:15:00	00:05:00
05/11/2000	Chiusi			12,250	00:57:34	00:04:42
12/11/2000	Cenaia (PI)			12,000	01:00:00	00:05:00
19/11/2000	Ponte Felcino			21,098	01:57:16	00:05:33
26/11/2000	Pian di Scò			13,000	01:02:10	00:04:47
08/12/2000	Petriolo			7,500	00:37:00	00:04:56
10/12/2000	Bastia Umbra Invernalissima			21,098	01:41:28	00:04:49
17/12/2000	Firenze Fiesole			15,400	01:10:16	00:04:34

1999

03/01/1999	S.Giovanni Valdarno			13,400	00:53:55	00:04:01
21/02/1999	Porcari (LU)			20,000	01:41:00	00:05:03
28/02/1999	Ugnano (FI)			15,000	01:14:00	00:04:56
14/03/1999	Siena Libertas	74		11,000	00:49:20	00:04:29
21/03/1999	Siena Scarpinata di Primavera	102		16,300	01:07:00	00:04:07
11/04/1999	Siena Vivicit�			12,000	00:54:22	00:04:32
18/04/1999	Arezzo Saracino			11,200	00:46:17	00:04:08
09/05/1999	Monteroni			13,500	01:02:42	00:04:39
16/05/1999	Antraccoli (LU)			16,000	01:21:00	00:05:04
23/05/1999	Bellavista			12,000	00:55:43	00:04:39
05/06/1999	Castelnuovo Berardenga Scalo			11,000	00:56:00	00:05:05
13/06/1999	S.Michele a Moriano (LU)			16,000	01:22:00	00:05:08
18/06/1999	Castellina Scalo			6,500	00:30:02	00:04:37
23/06/1999	Sinalunga			5,000	00:18:35	00:03:43
01/07/1999	Monsigliolo			10,000	00:42:30	00:04:15
20/08/1999	Siena			10,000	00:43:30	00:04:21
22/08/1999	Saltino Vallombrosa			11,000	00:55:49	00:05:04
26/08/1999	Casetta Staffetta	5		2,300	00:08:30	00:03:42
29/08/1999	Corniola Empoli			14,000	01:09:00	00:04:56
03/09/1999	Rapolano Terme			8,410	00:35:15	00:04:11
05/09/1999	Asciano	26		12,000	00:52:03	00:04:20
09/09/1999	Siena S.Agostino			6,000	00:24:00	00:04:00
12/09/1999	Ponte San Giovanni (PG)			12,300	00:53:04	00:04:19
17/09/1999	Montagnano			6,000	00:24:00	00:04:00
19/09/1999	Cascine del Riccio			16,500	01:15:00	00:04:33
26/09/1999	Firenze Le Torri			13,000	00:56:19	00:04:20
03/10/1999	Selci Lama	160		13,300	00:56:58	00:04:17

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
17/10/1999	Policiano			21,098	01:35:30	00:04:32
24/10/1999	Siena Maratonina	86		21,098	01:39:17	00:04:42
07/11/1999	Chiusi	44		12,250	00:51:55	00:04:14
14/11/1999	Cenaia (PI)			18,000	01:30:00	00:05:00
21/11/1999	Agazzi (AR)			9,000	00:38:13	00:04:15
28/11/1999	Pian di Scò			13,000	00:58:00	00:04:28
08/12/1999	Petriolo			7,300	00:36:10	00:04:57
12/12/1999	Bastia Umbra	50		13,500	01:03:20	00:04:41

1998

04/01/1998	Ciaspolada Passo Mendola	132	123	5,250	00:30:21	00:05:47
18/01/1998	Lucca Campionato regionale Campestre			6,500	00:24:47	00:03:49
01/03/1998	Roma - Ostia			21,098	01:37:32	00:04:37
15/03/1998	Capanne (PG)			9,500	00:41:00	00:04:19
22/03/1998	Siena Scarpinata di Primavera	98		16,300	01:17:03	00:04:44
29/03/1998	Siena il Ceppo Corsa Handicap	87		11,000	00:52:00	00:04:44
05/04/1998	Siena Vivcittà			12,000	00:52:13	00:04:21
19/04/1998	Arezzo Saracino			10,650	00:43:39	00:04:06
03/05/1998	Siena Ravacciano			11,700	00:55:19	00:04:44
10/05/1998	Monteroni			13,500	01:11:40	00:05:19
16/05/1998	Siena ora su pista			14,180	01:00:00	00:04:14
17/05/1998	Casciano di Murlo	43		13,250	01:07:00	00:05:03
23/05/1998	Siena Pista	1		0,800	00:02:21	00:02:56
23/05/1998	Bellavista			12,000	01:07:00	00:05:35
06/06/1998	Volterra Staffetta	5		1,800	00:06:11	00:03:26
12/06/1998	Siena Acqua Calda			8,800	00:38:00	00:04:19
14/06/1998	Siena Cerchiaia			12,500	01:03:00	00:05:02
22/06/1998	Chianciano	18	2	6,550	00:26:43	00:04:05
24/06/1998	Sinalunga	6	6	5,000	00:19:17	00:03:51
26/06/1998	Tegoleto	50		7,500	00:30:28	00:04:04
02/07/1998	Monsigliolo	56		7,400	00:28:50	00:03:54
05/07/1998	Ab.S.Salvadore Vetta Amiata			13,300	01:16:25	00:05:45
19/07/1998	Badesse (SI)	79		11,000	01:03:00	00:05:44
27/08/1998	Casetta Staffetta	3	1	2,300	00:07:57	00:03:27
30/08/1998	Sieci (FI)			9,000	01:00:00	00:06:40
04/09/1998	Rapolano Terme	54		8,410	00:36:15	00:04:19
12/09/1998	Loro Ciuffena	53		8,400	00:35:06	00:04:11
18/09/1998	Montagnano	51		6,100	00:23:02	00:03:47
20/09/1998	Bastia Umbra Falaschi	9		7,200	00:29:03	00:04:02
26/09/1998	Ponticino	72		9,500	00:41:34	00:04:23
27/09/1998	Trevinano	1		22,000	02:20:00	00:06:22
04/10/1998	Castellina Scalo			12,500	00:56:46	00:04:32
18/10/1998	Siena Maratonina			21,098	01:48:00	00:05:07

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
24/10/1998	Passeggiata alla Fiera Bis	7		12,450	00:59:40	00:04:48
08/11/1998	Chiusi			12,300	00:52:30	00:04:16
15/11/1998	Agazzi (AR)			10,000	00:42:39	00:04:16
06/12/1998	Siena COOP			9,600	00:42:25	00:04:25
08/12/1998	Petriolo			7,500	00:32:00	00:04:16
13/12/1998	Bastia Umbra Invernalissima	75		21,098	01:34:52	00:04:30
20/12/1998	Firenze Fiesole	55		15,400	01:05:22	00:04:15

1997

05/01/1997	Ciaspolada Fondo	160		6,500	00:35:30	00:05:28
12/01/1997	Siena corsa a coppie con Perinti	34		11,400	00:49:54	00:04:23
26/01/1997	Nepi Maratonina dei tre comuni	116		23,000	01:43:24	00:04:30
02/02/1997	Quercegrossa			11,200	00:47:30	00:04:14
23/02/1997	Roma - Ostia			21,098	01:32:59	00:04:24
02/03/1997	Ugnano (FI)	30		15,000	01:06:45	00:04:27
09/03/1997	Solomeo (PG)	79		12,600	00:53:26	00:04:14
16/03/1997	Romola (FI)			14,500	01:07:32	00:04:39
23/03/1997	Siena Scarpinata di Primavera	54		16,300	01:12:09	00:04:26
13/04/1997	StraRiccione	70		10,100	00:40:15	00:03:59
20/04/1997	Arezzo Saracino	105		10,650	00:40:48	00:03:50
04/05/1997	Siena Ravacciano			11,700	00:49:06	00:04:12
11/05/1997	Ancona			10,000	00:42:00	00:04:12
18/05/1997	Casciano di Murlo	43		13,250	00:57:40	00:04:21
25/05/1997	Bellavista	29		12,000	00:53:35	00:04:28
06/06/1997	Castellina Scalo	24		5,200	00:19:16	00:03:42
07/06/1997	Volterra Staffetta	1		1,800	00:05:49	00:03:14
17/06/1997	Castelnuovo Berardenga	20		7,000	00:26:32	00:03:47
23/06/1997	Chianciano	16		6,550	00:25:55	00:03:57
06/07/1997	Montecchio S. Egidio		10	10,000	01:05:04	00:06:30
11/07/1997	Pozzo Staffetta con Pellegrini Grilli e Rocchi	3	3	0,850	00:02:28	00:02:54
24/07/1997	Policiano	51		7,800	00:31:02	00:03:59
26/07/1997	Policiano Biatlon km 3+15+3	15		21,000	00:54:50	00:02:37
14/08/1997	Masarè giro del lago di Alleghe	40		6,000	00:23:06	00:03:51
17/08/1997	Falcade	15		9,000	00:42:38	00:04:44
24/08/1997	Baruffi (FI)	2		12,000	01:03:00	00:05:15
03/09/1997	Casetta Staffetta	5	2	2,300	00:07:40	00:03:20
05/09/1997	Rapolano Terme (Nuovo Percorso)	33		9,500	00:36:37	00:03:51
07/09/1997	Ponte San Giovanni		46	21,098	01:35:36	00:04:32
14/09/1997	Civitella d'Arna (PG)	35	7	9,800	00:37:51	00:03:52
19/09/1997	Montagnano	50		6,100	00:22:49	00:03:44
21/09/1997	Siena Colonna San Marco	30		15,400	01:05:42	00:04:16
27/09/1997	Ponticino	53		9,500	00:39:15	00:04:08
27/09/1997	Tegoleto	60		7,500	00:29:38	00:03:57

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
28/09/1997	Trevinano			12,000	01:03:00	00:05:15
05/10/1997	Dicomano	22	5	13,000	00:51:00	00:03:55
09/11/1997	Castiglione del Lago			11,600	00:46:16	00:03:59
16/11/1997	Agazzi (AR)	22		10,000	00:40:35	00:04:04
14/12/1997	Bastia Umbra Invernalissima	75		21,098	01:29:02	00:04:13
28/12/1997	Staffetta Interna	4		12,500	00:53:46	00:04:18

1996

06/01/1996	Ciaspolada Passo Mendola			4,500	00:24:40	00:05:29
14/01/1996	Siena corsa a coppie con Pio	63		11,400	00:55:00	00:04:49
11/02/1996	Petriolo	0	0	7,000	00:31:00	00:04:26
11/02/1996	Petriolo			7,000	00:31:00	00:04:26
25/02/1996	Roma - Ostia			21,098	01:29:32	00:04:15
03/03/1996	Geggiano (SI)			13,000	00:56:40	00:04:22
17/03/1996	Il Ceppo Siena Corsa Handicap	33		11,000	00:45:11	00:04:06
24/03/1996	Siena Scarpinata di Primavera	78		16,300	01:12:14	00:04:26
14/04/1996	Siena Vivcittà			12,000	00:49:26	00:04:07
25/04/1996	Foiano 24 Camm. Donatore			3,000		
28/04/1996	Arezzo Saracino			5,000		
12/05/1996	Monteroni	62		13,500	00:59:10	00:04:23
09/06/1996	Siena Paracadutisti			10,000	00:48:00	00:04:48
12/06/1996	Castellina Scalo	39		6,000	00:24:32	00:04:05
16/06/1996	Ponte Valleceppi			10,000	00:46:20	00:04:38
18/06/1996	Castelnuovo Berardenga	43		7,000	00:29:15	00:04:11
22/06/1996	Chianciano			5,000	00:19:15	00:03:51
28/06/1996	Tegoleto	70		7,500	00:32:14	00:04:18
04/07/1996	Monsigliolo			7,400	00:29:32	00:03:59
05/07/1996	Cesa	20		7,500	00:29:42	00:03:58
11/07/1996	Castiglio Fibocchi Staffetta con Pellegrini Roc	11		1,600	00:05:21	00:03:21
14/07/1996	Reggello Vallombrosa	117		13,200	01:07:57	00:05:09
18/07/1996	Pozzo Staffetta con Marino e altri due di Rap	14		0,850	00:02:40	00:03:08
28/08/1996	La Casetta Staffetta		2	2,300	00:08:10	00:03:33
01/09/1996	Ponte San Giovanni		12	12,200	00:47:57	00:03:56
06/09/1996	Rapolano Terme	54		8,410	00:33:15	00:03:57
08/09/1996	Fiesole	33		5,300	00:23:24	00:04:25
15/09/1996	Siena Colonna San Marco			15,400	01:04:53	00:04:13
29/09/1996	Selci Lama	169		13,250	00:52:00	00:03:55
06/10/1996	Castellina Scalo	34		13,200	00:56:35	00:04:17
20/10/1996	Siena Maratonina	68		21,098	01:34:29	00:04:29
27/10/1996	Passeggiata alla Fiera Bis	4		12,450	00:54:31	00:04:23
03/11/1996	Castiglione del Lago	132		11,600	00:47:28	00:04:06
10/11/1996	Agazzi (AR)	49		10,000	00:39:23	00:03:56
17/11/1996	Ponte Felcino			21,098	01:33:02	00:04:25

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
24/11/1996	Perugia Straperugia	52		9,800	00:38:47	00:03:57
01/12/1996	Barberino Val d'Elsa	22		12,500	00:56:03	00:04:29
15/12/1996	Bastia Umbra Invernalissima	70		21,098	01:30:05	00:04:16

1995

08/01/1995	SIENA corsa a coppie con Pio	44		11,400	00:50:29	00:04:26
22/01/1995	Staff.Interna	3		9,000	00:32:59	00:03:40
29/01/1995	S.M.Angeli ASSISI			13,700	00:54:01	00:03:57
05/03/1995	Siena Pubbl.Ass			11,000	00:47:10	00:04:17
12/03/1995	Petriolo	16		8,200	00:32:12	00:03:56
19/03/1995	Lornano -SI-	42		9,800	00:40:00	00:04:05
26/03/1995	Lerici SP	5		13,000	00:53:22	00:04:06
02/04/1995	Montalcino V.Banfi			10,500	00:49:00	00:04:40
09/04/1995	Siena Vivcittà			12,000	00:48:03	00:04:00
17/04/1995	Petroio Tritticoo			10,000	00:45:40	00:04:34
30/04/1995	Arezzo Saracino			10,500	00:42:25	00:04:02
01/05/1995	Settignano (FI)			12,300	00:56:06	00:04:34
07/05/1995	Montecosaro -MC-			9,800	00:42:25	00:04:20
14/05/1995	Monteroni			14,000	00:57:13	00:04:05
21/05/1995	Casciano di Murlo	52		13,250	00:58:20	00:04:24
28/05/1995	Rimini Strarimini	143		21,098	01:28:45	00:04:12
02/06/1995	Chianciano			6,550	00:27:20	00:04:10
04/06/1995	Bologna Lippo	131		11,000	00:43:45	00:03:59
16/06/1995	Sinalunga Palestra			6,000	00:28:00	00:04:40
23/06/1995	Tegoleto	70		7,500	00:30:20	00:04:03
29/06/1995	Monsigliolo	45		6,500	00:24:45	00:03:48
02/07/1995	Montecchio S.Egidio			10,000	01:07:00	00:06:42
07/07/1995	Cesa	30		6,300	00:23:30	00:03:44
09/07/1995	Reggello-Vallombrosa	66		13,200	01:04:05	00:04:51
16/07/1995	Ab.S.Salvadore Vetta Amiata	50		13,300	01:11:20	00:05:22
03/08/1995	Policiano Staf.4x2x600	18		1,200	00:03:23	00:02:49
14/08/1995	Moena TRENTO	57		6,300	00:26:30	00:04:12
01/09/1995	Rapolano Terme	50		8,410	00:32:25	00:03:51
03/09/1995	Ponte S.Giovanni	91		21,098	01:29:33	00:04:15
06/09/1995	La Casetta Staffetta	19	7	2,300	00:08:13	00:03:34
10/09/1995	Civitella D'Arna PG			7,800	00:31:40	00:04:04
17/09/1995	Rosia		6	13,500	00:55:07	00:04:05
01/10/1995	GAVILLE			10,000	00:44:15	00:04:26
15/10/1995	SIENA M.P.S.	60		15,000	01:06:40	00:04:27
29/10/1995	Firenze Sorgane			15,000	01:13:54	00:04:56
12/11/1995	AREZZO Agazzi			10,000	00:41:20	00:04:08
19/11/1995	Ponte Felcino	123		21,098	01:39:28	00:04:43
17/12/1995	Bastia Umbra			4,500	00:17:16	00:03:50

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
24/12/1995	Passeggiata alla Fiera Bis			12,500	00:58:41	00:04:42
1994						
02/01/1994	S.Giovanni Valdarno			11,000	00:41:25	00:03:46
16/01/1994	Buonconvento	7		11,000	00:41:15	00:03:45
23/01/1994	Ponte a Tressa Cross			10,200	00:40:30	00:03:58
30/01/1994	Rapolano Campestre			11,500	00:44:35	00:03:53
13/02/1994	3 Comuni Fiesole-Maiano	47		12,000	00:45:25	00:03:47
27/02/1994	Empoli			15,000	01:01:20	00:04:05
13/03/1994	Lornano -SI-	27		9,800	00:37:20	00:03:49
20/03/1994	Roma - Ostia			21,098	01:24:10	00:03:59
04/04/1994	Petriolo	9		7,900	00:30:00	00:03:48
10/04/1994	Siena Vivcittà	61		12,000	00:45:40	00:03:48
17/04/1994	Montalcino V.Banfi	18		10,500	00:43:30	00:04:09
24/04/1994	Arezzo Saracino	152		10,500	00:43:20	00:04:08
25/04/1994	Foiano 22 Camm. Donatore	42		13,500	00:51:30	00:03:49
15/05/1994	Casciano di Murlo	21	4	13,250	00:53:25	00:04:02
05/06/1994	Bologna Lippo	94		11,300	00:43:13	00:03:49
19/06/1994	S.Michele a Moriano (LU)			18,000	01:30:00	00:05:00
03/07/1994	Montecchio S.Egidio			10,000	01:15:00	00:07:30
20/08/1994	Vitiano			7,500	00:30:00	00:04:00
02/09/1994	Rapolano Terme			8,410	00:33:40	00:04:00
04/09/1994	Ponte S.Giovanni			21,098	01:27:50	00:04:10
10/09/1994	Loro Ciuffena			10,000	00:36:40	00:03:40
02/10/1994	S.Giovanni in Tuscia			8,000	00:29:30	00:03:41
16/10/1994	Policiano			9,000	00:32:30	00:03:37
30/10/1994	Siena Maratonina			21,098	01:27:30	00:04:09
13/11/1994	AREZZO Agazzi			10,000	00:38:00	00:03:48
20/11/1994	Ponte Felcino			21,098	01:28:00	00:04:10
27/11/1994	Straperugia			9,800	00:39:00	00:03:59
04/12/1994	Barberino V. D'Elsa			12,500	00:50:05	00:04:00
11/12/1994	Bastia Umbra	67		21,098	01:20:16	00:03:48
18/12/1994	Buonconvento			12,300	00:50:11	00:04:05

1993

10/01/1993	SIENA Corsa a coppie		21	11,400	00:46:50	00:04:06
17/01/1993	Asciano Campestre	20		12,000	00:48:10	00:04:01
24/01/1993	Rapolano Campestre	12		13,500	00:52:50	00:03:55
31/01/1993	S.M.Angeli ASSISI			13,500	00:53:40	00:03:59
14/02/1993	Viareggio			13,000	00:52:00	00:04:00
21/02/1993	Geggiano (SI)	16		13,000	00:52:30	00:04:02
28/02/1993	Petriolo	9		7,900	00:29:00	00:03:40
14/03/1993	Lornano -SI-	19		9,800	00:36:40	00:03:44
21/03/1993	Strozzacapponi(PG)	25		8,000	00:29:50	00:03:44

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
04/04/1993	Siena La Chiocciola	1		9,500	00:36:00	00:03:47
12/04/1993	Castelmuzio Staff.	3		2,150	00:07:52	00:03:40
25/04/1993	Foiano 21 Camm. Donatore	20		13,500	00:51:30	00:03:49
02/05/1993	Siena Vivcittà	34		12,000	00:44:35	00:03:43
16/05/1993	Montecosaro -MC-	41		12,500	00:50:30	00:04:02
23/05/1993	Bellavista	42		12,500	01:06:00	00:05:17
10/06/1993	Castellina Scalo	14		6,000	00:22:20	00:03:43
17/06/1993	SIENA Acquacalda	12		9,000	00:34:15	00:03:48
20/06/1993	S.Michele a Moriano (LU)	18		18,000	01:25:00	00:04:43
24/06/1993	Pieve Staffetta	4		2,750	00:09:23	00:03:25
25/06/1993	Tegoleto	34		7,500	00:27:42	00:03:42
02/07/1993	Monsigliolo	31		8,500	00:29:54	00:03:31
04/07/1993	AREZZO Agazzi	32		10,000	00:41:30	00:04:09
14/07/1993	Capanne (PG)	23	20	5,000	00:17:20	00:03:28
03/08/1993	Policiano Staf.4x2x600	7	7	1,200	00:03:00	00:02:30
27/08/1993	Rapolano Terme	72		8,410	00:33:02	00:03:56
31/08/1993	La Casetta Staffetta	3	2	2,200	00:07:25	00:03:22
05/09/1993	Montevarchi	71		13,200	00:51:44	00:03:55
10/09/1993	Castelnuovo Berardenga	0	0	7,000	00:26:00	00:03:43
18/09/1993	Sansepolcro	35		6,000	00:21:45	00:03:38
26/09/1993	Trevinano			20,000	02:10:00	00:06:30
03/10/1993	Perugia C.D.Perugina	57		12,500	00:48:12	00:03:51
17/10/1993	Bastia Maratonina	80		21,098	01:20:50	00:03:50
24/10/1993	Siena Biatlon km 6+9	3		6,500	00:24:00	00:03:42
24/10/1993	Siena Biatlon km 6+9			6,000		
31/10/1993	Siena Maratonina	86		21,098	01:32:10	00:04:22
14/11/1993	Serre di RAPOLANO			9,300	00:40:00	00:04:18
21/11/1993	Ponte Felcino			21,098	01:27:00	00:04:07
12/12/1993	Bastia INVERNALISSIMA	88		15,000	00:58:10	00:03:53
19/12/1993	Staffetta int Foiano -Sinalunga			10,500	00:40:23	00:03:51

1992

05/01/1992	SIENA Corsa a coppie	21		11,400	00:47:02	00:04:08
12/01/1992	Armaiolo	11		11,500	00:43:10	00:03:45
19/01/1992	Rapolano Campestre	14		13,500	00:52:30	00:03:53
26/01/1992	Vinci	75		16,000	01:02:20	00:03:54
02/02/1992	Staff. Interna Foiano-Torrita			11,400	00:42:00	00:03:41
16/02/1992	SIGNA Camp.Reg.Campestre		30	8,000	00:32:10	00:04:01
23/02/1992	Viareggio			20,000	01:22:00	00:04:06
01/03/1992	SIENA Cross			11,000	00:44:30	00:04:03
08/03/1992	Petriolo	12		7,900	00:29:40	00:03:45
15/03/1992	Lornano -SI-	27		9,800	00:37:20	00:03:49
29/03/1992	Siena La Chiocciola			13,000	01:03:50	00:04:55

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
25/04/1992	Foiano 20 Camm. Donatore	61		13,500	00:59:00	00:04:22
26/04/1992	Arezzo Saracino	91		10,500	00:39:50	00:03:48
03/05/1992	Montevarchi	49		13,200	01:00:30	00:04:35
10/05/1992	Monteroni	57		14,000	00:56:10	00:04:01
17/05/1992	Montecosaro -MC-			3,500		
31/05/1992	Policiano	71	6	12,700	00:52:22	00:04:07
05/06/1992	SIENA Acquacalda	25		9,000	00:37:30	00:04:10
14/06/1992	Bologna Lippo	111		11,000	00:43:06	00:03:55
25/06/1992	Pieve Staffetta	7		2,750	00:09:32	00:03:28
26/06/1992	Tegoleto	35		7,500	00:28:22	00:03:47
28/06/1992	Ruscello	35	4	10,200	00:40:50	00:04:00
10/07/1992	Rapolano Terme	10		6,500	00:24:30	00:03:46
12/07/1992	B.di Gavorrano C.R.	56		10,200	00:39:10	00:03:50
24/07/1992	Civitella Staffetta	5		1,600	00:05:02	00:03:09
06/09/1992	La Casetta	37		12,000	00:46:15	00:03:51
20/09/1992	Selci Lama	70		13,250	00:50:20	00:03:48
27/09/1992	Trevinano	34		10,200	00:37:45	00:03:42
04/10/1992	CESENA	91	82	21,300	01:22:59	00:03:54
25/10/1992	Siena Maratonina	44		21,600	01:26:40	00:04:01
15/11/1992	Ponte Felcino	15		21,098	01:19:00	00:03:45
06/12/1992	Firenze Maratona			42,195	03:04:00	00:04:22
13/12/1992	Bastia Umbra	53		14,300	00:54:17	00:03:48
20/12/1992	Empoli	7		16,000	01:02:00	00:03:53

1991

06/01/1991	SIENA Corsa a coppie con Fe	11		11,400	00:44:52	00:03:56
27/01/1991	Vinci	88		16,000	01:04:00	00:04:00
03/02/1991	Viareggio			18,000	01:20:00	00:04:27
17/02/1991	Empoli C.R.cross		17	8,000	00:29:36	00:03:42
24/02/1991	Staffetta Interna Torr.Sinal.		3	11,700	00:49:00	00:04:11
03/03/1991	Petriolo	3		7,800	00:28:05	00:03:36
17/03/1991	Prato Un po"n Poggio			18,000	01:24:00	00:04:40
07/04/1991	Siena Vivcittà (T.C.42'40")	43		12,000	00:43:19	00:03:37
25/04/1991	Foiano 19 Camm. Donatore	21		16,000	01:01:00	00:03:49
28/04/1991	Arezzo Saracino	81		8,800	00:30:35	00:03:29
12/05/1991	Monteroni			14,000	00:55:00	00:03:56
19/05/1991	Casciano di Murlo	8	3	13,250	00:50:25	00:03:48
09/06/1991	VALLERANO (VT)	50	6	12,000	00:45:28	00:03:47
23/06/1991	Sinalunga C.R.Strada	18	7	10,750	00:38:05	00:03:33
28/06/1991	Tegoleto	17		7,500	00:27:10	00:03:37
05/07/1991	Arezzo bivio Olmo Cross	27		3,000	00:09:30	00:03:10
13/07/1991	Montagnano			8,000	00:31:30	00:03:56
20/07/1991	Villa Severi (AR)	18		4,200	00:13:35	00:03:14

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
02/08/1991	Policiano Staf.4x2x600	5		1,200	00:03:04	00:02:33
10/08/1991	Montalcino	6	2	10,000	00:38:52	00:03:53
01/09/1991	Montevarchi	66		13,200	00:49:10	00:03:43
06/09/1991	Rapolano Terme	50		8,410	00:32:30	00:03:52
07/09/1991	Pozzo			8,800	00:32:06	00:03:39
08/09/1991	Bologna Lippo	38		11,500	00:46:30	00:04:03
15/09/1991	Ponte S.Giovanni	51		15,600	00:56:30	00:03:37
22/09/1991	Trevinano			23,000	01:55:20	00:05:01
06/10/1991	Monteaperti	6		12,000	00:43:36	00:03:38
27/10/1991	Siena Maratonina	57		21,600	01:31:00	00:04:13
03/11/1991	Pontassieve (FI)	25		14,000	00:59:45	00:04:16
08/12/1991	Spoletto	52	4	15,000	00:59:00	00:03:56
15/12/1991	Bastia Umbra	51	10	16,000	01:02:02	00:03:53
22/12/1991	Buonconvento	11		11,000	00:44:00	00:04:00
29/12/1991	S.Giovanni Valdarno		36	9,700	00:35:30	00:03:40

1990

07/01/1990	SIENA Corsa a coppie	15		11,400	00:46:30	00:04:05
28/01/1990	Vinci	113		16,300	01:04:40	00:03:58
04/02/1990	Staffetta gas Torrita-Foiano	1		10,800	00:42:00	00:03:53
25/02/1990	Siena	44		16,200	01:09:45	00:04:18
25/02/1990	Stecco	40		16,000	01:06:10	00:04:08
01/04/1990	Siena Vivcittà' (T.C.43'13")	50		12,000	00:44:30	00:03:43
08/04/1990	Bologna Lippo	125		10,000	00:38:00	00:03:48
25/04/1990	Foiano 18 Camm. Donatore	20		16,000	01:01:00	00:03:49
29/04/1990	Arezzo Saracino	98		11,600	00:42:35	00:03:40
13/05/1990	Monteroni	15	3	14,000	00:52:55	00:03:47
27/05/1990	Bellavista	31		12,000	00:56:40	00:04:43
01/06/1990	Siena C.Scuola	6		5,000	00:18:20	00:03:40
16/06/1990	Strada C.R.Pista	2		0,800	00:02:09	00:02:41
22/06/1990	Tegoleto	26		7,500	00:27:30	00:03:40
27/06/1990	Monsigliolo	11		9,300	00:34:10	00:03:40
08/07/1990	Ab.S.Salvadore Vetta Amiata	20		13,600	01:08:05	00:05:00
14/07/1990	Ab.S.Salvadore	12		10,500	00:41:30	00:03:57
26/07/1990	Villa Severi (AR)	33		4,300	00:15:05	00:03:30
05/08/1990	Montefollonico	3		4,300	00:14:30	00:03:22
19/08/1990	Piancastagnaio	17		9,000	00:36:00	00:04:00
07/09/1990	Monteaperti	6	2	12,000	00:44:18	00:03:42
16/09/1990	Ponte S.Giovanni	30		15,600	00:57:10	00:03:40
23/09/1990	Selci Lama	59		13,350	00:48:29	00:03:38
30/09/1990	CESENA	173		21,300	01:27:30	00:04:06
08/12/1990	Spoletto	37	3	15,000	00:56:00	00:03:44
30/12/1990	S.Giovanni Valdarno	32	13	13,100	00:45:40	00:03:29

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
1989						
08/01/1989	SIENA corsa a coppie con Laurini			11,400	00:53:05	00:04:39
29/01/1989	VIAREGGIO			11,000	00:47:00	00:04:16
26/02/1989	Staff. G.A.S.	3		8,700	00:40:00	00:04:36
25/04/1989	Siena Traversata Senese	12		1,700	00:05:15	00:03:05
30/04/1989	Arezzo Saracino			5,000		
07/05/1989	Monteroni	66		14,000	01:00:00	00:04:17
21/05/1989	Casciano di Murlo			13,250	01:00:12	00:04:33
27/05/1989	Pienza	6		4,000	00:14:22	00:03:36
03/06/1989	Volterra Staffetta	4		1,800	00:05:42	00:03:10
21/07/1989	LEVANE			9,000	00:40:15	00:04:28
28/07/1989	Montevarchi			6,000	00:25:00	00:04:10
04/08/1989	POLICIANO GIOCHI VARI	5				
06/08/1989	Montefollonico	6		7,000	00:26:50	00:03:50
09/08/1989	Policiano Staf.4x2x600	9		1,400	00:03:40	00:02:37
18/08/1989	Marciano			5,500	00:20:00	00:03:38
01/09/1989	Rapolano Terme	35		8,410	00:31:29	00:03:45
03/09/1989	Montevarchi	89		13,200	00:55:00	00:04:10
15/09/1989	Arezzo staffetta (4x1200)	7		1,300	00:03:53	00:02:59
22/10/1989	LE PANCHE (FI)			13,700	01:02:25	00:04:33
29/10/1989	Siena	8		3,700	00:12:45	00:03:27
05/11/1989	Siena Maratonina	59		21,600	01:29:40	00:04:09
03/12/1989	Firenze Maratonina			21,098	01:23:47	00:03:58
08/12/1989	Petroio Staffetta	3		5,300	00:19:00	00:03:35
10/12/1989	Arezzo	50		7,800	00:31:00	00:03:58
17/12/1989	B.Umbra Invernalissima	60		12,500	00:50:05	00:04:00
31/12/1989	S.Giovanni Valdarno		22	13,000	00:49:40	00:03:49

1988

10/01/1988	SIENA Corsa a coppie			11,400	00:49:30	00:04:21
24/01/1988	Staff. G.A.S.	1	1	9,600	00:36:10	00:03:46
07/02/1988	Viareggio			14,000	00:57:00	00:04:04
21/02/1988	Sinalunga Camp. Reg.Campestre	8	8	6,000	00:21:00	00:03:30
28/02/1988	Roma Camp.Naz.Campestre	78	78	7,000	00:24:37	00:03:31
20/03/1988	Prato Un po"n Poggio			18,000	01:15:00	00:04:10
27/03/1988	GAVILLE	57		13,400	00:52:30	00:03:55
04/04/1988	VINCI Camp.Naz.Montagna	30		8,500	00:39:00	00:04:35
10/04/1988	Siena Vivcittà			12,000	00:44:03	00:03:40
17/04/1988	Carrara Cam.Naz.Strada			10,500	00:38:07	00:03:38
24/04/1988	Arezzo Saracino	100		10,000	00:38:40	00:03:52
25/04/1988	Foiano 16 Camm. Donatore	3		2,800	00:09:05	00:03:15
30/04/1988	Torrta Miting	2		1,500	00:04:24	00:02:56
03/05/1988	LE BADESSE staffetta	2	2	2,300	00:07:00	00:03:03

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
08/05/1988	Ciggiano	18		7,200	00:28:15	00:03:55
15/05/1988	Trequanda	13		11,500	00:43:20	00:03:46
22/05/1988	Casciano di Murlo	19	18	13,250	00:51:12	00:03:52
28/05/1988	Arezzo C.R.Pista	1	1	0,800	00:02:10	00:02:42
29/05/1988	Arezzo C.R.Pista staffetta		2	1,000	00:02:51	00:02:51
29/05/1988	Arezzo C.R.Pista	3	3	1,500	00:04:36	00:03:04
10/06/1988	Pieve al Toppo Festa dell'Unita'	15		7,000	00:25:15	00:03:36
18/06/1988	Indicatore Festa dell'Unita'		17	7,000	00:28:00	00:04:00
24/06/1988	Tegoleto	32		7,500	00:28:15	00:03:46
03/07/1988	PERUGIA Corciano		16	12,000	00:46:20	00:03:52
07/07/1988	S.Giovanni Valdarno MITING		6	1,500	00:04:34	00:03:03
15/07/1988	Giovi Staffetta	4		1,200	00:03:20	00:02:47
16/07/1988	Montagnano			6,000		
17/07/1988	Ruscello	34		10,100	00:41:00	00:04:04
30/07/1988	POLICIANO GIOCHI VARI 1/F		1			
31/07/1988	POLICIANO GIOCHI VARI 2/F		1			
31/07/1988	Pietraia (AR)	17		7,000	00:24:40	00:03:31
04/08/1988	Policiano Staff. 4x750	4		0,750	00:01:59	00:02:39
19/08/1988	Marciano	16		6,500	00:19:30	00:03:00
02/09/1988	Rapolano Terme	34		8,410	00:28:45	00:03:25
03/09/1988	Ponte a ChianiP.CHIANI	18		9,000	00:32:15	00:03:35
09/09/1988	Ponte alla Chiassa	14		6,000	00:20:06	00:03:21
11/09/1988	BORGHETTO MONTAGNANO	16		9,000	00:33:45	00:03:45
16/09/1988	CESENATICO C.ITAL.PISTA		6	0,800	00:02:05	00:02:36
17/09/1988	CESENATICO C.ITAL.PISTA Staffetta Amatori	5	5	0,800	00:02:10	00:02:42
17/09/1988	CESENATICO C.ITAL.PISTA		12	1,500	00:04:22	00:02:55
02/10/1988	TORRENIERI	12	3	16,000	01:05:00	00:04:04
23/10/1988	LE PANCHE (FI)	87		13,700	00:56:40	00:04:08
20/11/1988	Ponte Felcino			9,700	00:37:00	00:03:49

1987

04/01/1987	SIENA Corsa a coppie		8	11,400	00:44:10	00:03:52
25/01/1987	Vinci	74		16,300	01:02:00	00:03:48
01/02/1987	Bastia Umbra			12,000		
15/02/1987	FIRENZE C.R.INDOR			0,800		
29/03/1987	STAFF.LAGO TRASIMENO		47	11,200	00:41:00	00:03:40
20/04/1987	Arezzo Saracino	10		5,000	00:21:00	00:04:12
25/04/1987	Foiano 15 Camm. Donatore		57	14,500	01:06:00	00:04:33
01/05/1987	PIEDILUCO	27		15,000	01:01:00	00:04:04
03/05/1987	Rapolano Terme	36		11,300	00:46:30	00:04:07
10/05/1987	Monteroni	53		13,700	00:58:00	00:04:14
17/05/1987	Casciano di Murlo	28		13,250	00:52:00	00:03:55
24/05/1987	Trequanda	14		11,500	00:44:20	00:03:51

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
31/05/1987	Rimini Strarimini	13		8,500	00:32:00	00:03:46
06/06/1987	Montepulciano	12		8,000	00:32:30	00:04:04
13/06/1987	DICOMANO C.R.PISTA	3		0,800	00:02:40	00:03:20
27/06/1987	PIEVE A MAIANO	11		7,000	00:30:07	00:04:18
11/07/1987	Montagnano			6,000		
25/07/1987	Torrita Festa dell'Unita'	9		8,000	00:30:00	00:03:45
26/07/1987	Pietraia (AR)	19		7,500	00:26:15	00:03:30
02/08/1987	Montefollonico	8		6,000	00:23:30	00:03:55
06/08/1987	Policiano Staff. 4x750	3		0,750	00:01:50	00:02:27
08/08/1987	Montalcino	10	2	12,000	00:40:40	00:03:23
09/08/1987	CORTONA	12		6,000		
20/08/1987	SIENA STAFF.	2		2,200	00:07:03	00:03:12
06/09/1987	Montevarchi	42		13,200	00:49:12	00:03:44
13/09/1987	BORGHETTO MONTAGNANO		14	9,000	00:32:45	00:03:38
18/09/1987	AREZZO STAFF.3x1700		4	1,700	00:05:10	00:03:02
20/09/1987	CESENATICO C.I.PISTA AMAT.		6	0,800	00:02:05	00:02:36
27/12/1987	MONTEFALCO			10,000		

1986

05/01/1986	SIENA Corsa a coppie con Mario	7		11,400	00:43:20	00:03:48
26/01/1986	Vinci	40		16,200	00:57:50	00:03:34
02/02/1986	Bastia Umbra	13	2	13,000	00:46:30	00:03:35
09/02/1986	ANCONA C.I.INDOR		3	0,800	00:02:03	00:02:34
16/02/1986	Petriolo	4		8,400	00:29:15	00:03:29
23/02/1986	CASTELFIORENTINO			7,000	00:25:40	00:03:40
03/03/1986	FUCECCHIO	28		17,000	01:02:45	00:03:41
16/03/1986	STAF.LAGO TRASIMENO	4		11,000		
23/03/1986	GAVILLE	23		13,000	00:49:23	00:03:48
31/03/1986	STAFF.AREZZO	4		1,000		
06/04/1986	Siena Vivcittà	29		12,000	00:43:15	00:03:36
13/04/1986	VOLTERRA C.I.MONTAGNA			7,500	00:32:40	00:04:21
25/04/1986	Foiano 14 Camm. Donatore	39		15,500	01:04:30	00:04:10
27/04/1986	ANGHIARI	32		14,500	00:54:10	00:03:44
11/05/1986	Monteroni	27		13,800	00:54:30	00:03:57
18/05/1986	Casciano di Murlo	24	7	13,250	00:54:00	00:04:05
24/05/1986	Piancastagnaio	7	5	9,000	00:32:00	00:03:33
25/05/1986	Rimini Strarimini	44		21,098	01:26:00	00:04:05
07/06/1986	BELLAVISTA STAFF.	2		3,600		
08/06/1986	S.LEONINO	15		9,000	00:29:45	00:03:18
14/06/1986	CARRARA C.R.PISTA	1	1	0,800	00:02:14	00:02:47
15/06/1986	CARRARA C.R.PISTA	1	1	1,500	00:04:22	00:02:55
20/06/1986	SIENA Acquacalda	6		10,000		
22/06/1986	Badia Agnano	8		6,300	00:22:05	00:03:30

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
27/06/1986	Tegoleto	14		10,500		
28/06/1986	CASCIA DI REGGELLO	7		10,300	00:36:40	00:03:34
29/06/1986	Capanne (PG)	20		11,000	00:39:40	00:03:36
04/07/1986	C.FIBOCCHI STAFF.	3		1,500		
05/07/1986	GIOVI	12		7,000	00:23:40	00:03:23
06/07/1986	Bologna PIAN DELLE MACINE			11,000		
09/07/1986	Capanne (PG)	12		6,000	00:19:20	00:03:13
18/07/1986	Lucignano			5,000	00:18:30	00:03:42
19/07/1986	Scrofiano	3		4,500	00:15:30	00:03:27
20/07/1986	Ruscello	16	3	10,000	00:37:14	00:03:43
27/07/1986	LE COMUNANZE C.F.	10		7,500	00:31:15	00:04:10
02/08/1986	BIBBIENA STAZ.	8	5	5,300	00:17:33	00:03:19
07/08/1986	S.LORENZO ELIMINATORIA	2		2,000	00:06:13	00:03:07
07/08/1986	S.LORENZO FINALE	8		2,500		
09/08/1986	Montalcino	6	2	9,500	00:34:40	00:03:39
13/08/1986	Acquapendente	10		6,600	00:23:30	00:03:34
16/08/1986	Proceno staffetta	3		2,050		
17/08/1986	TERONTOLA	11		6,500	00:20:34	00:03:10
24/08/1986	Serre di RAPOLANO	6	4	12,000		
05/09/1986	Rapolano Terme	10	1	8,410	00:28:00	00:03:20
06/09/1986	INCISA	4		9,000		
12/09/1986	UDINE C.I.PISTA	2		0,800	00:02:02	00:02:32
13/09/1986	UDINE C.I.PISTA AMATORIALE		2	0,800	00:02:04	00:02:35
19/09/1986	AREZZO STAFF.		3	1,800		
21/09/1986	FUCECCHIO C.R.STRADA	80		13,500	00:51:30	00:03:49
28/09/1986	Selci Lama			10,000	00:38:00	00:03:48
04/10/1986	SIGNA CRITERIUM			0,200	00:00:26	00:02:10
04/10/1986	SIGNA CRITERIUM	2		0,800	00:02:05	00:02:36
05/10/1986	SIGNA CRITERIUM Staffetta Finlandese	1	3	0,800	00:02:05	00:02:36
16/11/1986	Ponte Felcino	12		21,098	01:21:00	00:03:50
07/12/1986	Firenze Maratona			10,000	00:35:00	00:03:30
19/12/1986	BADESSE SIENA	8		11,000	00:39:40	00:03:36
28/12/1986	MONTEFALCO	15	2	10,000	00:35:20	00:03:32

1985

01/01/1985	S.Giovanni Valdarno	40		17,000	01:03:30	00:03:44
10/02/1985	3 Comuni Maiano-Fiesole	21		11,000		
17/02/1985	Petriolo	3		8,400	00:29:10	00:03:28
24/02/1985	Siena P.del Lago C.R.Campestre	34		9,300	00:37:00	00:03:59
03/03/1985	C.FIBOCCHI	12	4	12,800	00:49:00	00:03:50
10/03/1985	PERUGIA ELLESSE	100		10,000	00:43:00	00:04:18
16/03/1985	Castelfranco Sabbioni	10		8,500	00:30:40	00:03:36
24/03/1985	Empoli	9		13,500	00:49:45	00:03:41

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
31/03/1985	VOLTERRA ora su pista		8	15,400	01:00:00	00:03:54
08/04/1985	TORRITA di Siena	8		10,500	00:37:40	00:03:35
14/04/1985	Firenze Guarda Firenze	84		14,000	00:50:50	00:03:38
21/04/1985	Siena Vivcittà	11		21,098	01:18:50	00:03:44
25/04/1985	Siena Traversata Senese	5	1	1,600	00:04:52	00:03:03
28/04/1985	ANGHIARI	15		14,200	00:54:50	00:03:52
05/05/1985	Monteroni	11	3	14,000	00:51:40	00:03:41
12/05/1985	Siena Maratonina	10		21,600	01:24:00	00:03:53
19/05/1985	Badia al Pino			8,000		
26/05/1985	Rimini Strarimini	19	10	21,098	01:18:50	00:03:44
07/06/1985	Siena	6		8,000		
15/06/1985	Volterra Staffetta	3		1,800	00:05:24	00:03:00
16/06/1985	Arezzo	4		5,300	00:17:50	00:03:22
22/06/1985	Scrofiano	2		6,000	00:21:30	00:03:35
23/06/1985	Ab.S.Salvadore Vetta Amiata	7		13,600	01:03:20	00:04:39
28/06/1985	Tegoleto	34		8,100	00:28:40	00:03:32
13/07/1985	SIGNA C.Reg.Pista	3		1,500	00:04:10	00:02:47
14/07/1985	SIGNA C.Reg.Pista	1		0,800	00:02:04	00:02:35
14/07/1985	SIGNA C.Reg.Pista 4x400	1		0,400	00:00:58	00:02:25
19/07/1985	Buonconvento	7		9,000	00:32:00	00:03:33
26/07/1985	Lucignano	17		6,000	00:20:20	00:03:23
27/07/1985	Le Poggiola	9		8,500	00:30:20	00:03:34
28/07/1985	Pietraia (AR)	14		7,300	00:25:15	00:03:28
03/08/1985	Rigaiolo	2		8,000	00:30:00	00:03:45
03/08/1985	Montefollonico	4		4,500	00:14:48	00:03:17
08/08/1985	Policiano Staff. 4x750	2		0,750	00:01:54	00:02:32
10/08/1985	Proceno staffetta	3		2,050	00:06:13	00:03:02
11/08/1985	Chianacce	9		9,500	00:34:33	00:03:38
12/08/1985	Acquapendente	13		6,000	00:20:00	00:03:20
17/08/1985	Castiglion Fiorentino	8		5,000	00:17:00	00:03:24
18/08/1985	Ponte Nano	13		6,000	00:21:47	00:03:38
25/08/1985	Rigomagno staz.	4		10,000		
01/09/1985	Cast. Berardenga F. dell'Unita'	3	1	12,500	00:48:00	00:03:50
06/09/1985	Rapolano Terme	18	3	8,410	00:28:45	00:03:25
13/09/1985	RICCIONE C.I.Pista	5		0,800	00:02:04	00:02:35
14/09/1985	RICCIONE staff.Amat	4		0,800	00:02:05	00:02:36
15/09/1985	RICCIONE 4x400	5		0,400	00:00:56	00:02:20
22/09/1985	Staff.Valdichiana	2		10,000		
29/09/1985	Selci Lama	39	10	10,500	00:36:00	00:03:26
13/10/1985	Sinalunga 10 Passeggiata alla Fiera	105		13,000	00:51:00	00:03:55
20/10/1985	Arezzo Traversata Aretina	97	15	14,400	01:01:10	00:04:15
03/11/1985	La Casetta	9	3	12,500	00:45:20	00:03:38
10/11/1985	PERUGIA	11	2	11,000	00:40:50	00:03:43

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
15/12/1985	S.Gimignano	22		13,500	00:48:50	00:03:37
29/12/1985	Lornano -SI-	10	6	8,000	00:28:15	00:03:32

1984

08/01/1984	SIENA Corsa a coppie con Rocchi		3	11,400	00:43:25	00:03:49
22/01/1984	Lecchi C.P. Campestre	1	1	8,700	00:30:03	00:03:27
05/02/1984	Petriolo Camp. Prov. Cross	5	3	8,500	00:29:34	00:03:29
19/02/1984	POGGIBONSI C.P.Campestre	2	1	7,600	00:27:01	00:03:33
11/03/1984	PERUGIA Ellesse	10		10,850	00:38:00	00:03:30
18/03/1984	Siena Scarpinata di Primavera	12	4	16,300	01:02:41	00:03:51
23/03/1984	Poggibonsi	7		10,000	00:37:00	00:03:42
28/04/1984	Rigomagno	15		10,000		
01/05/1984	Ab.S.Salvadore	3	2	12,000	00:42:20	00:03:32
26/05/1984	POGGIBONSI Bellavista	2		8,000	00:27:40	00:03:28
03/06/1984	Armaiolo	6		8,550	00:30:55	00:03:37
09/06/1984	Volterra Staffetta	5		1,800	00:05:13	00:02:54
16/06/1984	MONSUMMANO C.R.Pista		2	1,500	00:04:17	00:02:51
17/06/1984	MONSUMMANO C.R.Pista 4x400		1	0,400	00:00:57	00:02:22
17/06/1984	MONSUMMANO C.R.Pista		5	0,800	00:02:10	00:02:42
29/06/1984	C.FIBOCCHI 4x1500		5	1,500		
01/07/1984	Petroio		1	13,000	00:51:00	00:03:55
14/07/1984	TERRANUOVA Bracciolini		10	9,000	00:32:15	00:03:35
17/07/1984	S.Giovanni Valdarno MITING	4	1	1,500	00:04:23	00:02:55
18/07/1984	S.Giovanni Valdarno MITING	4	4	5,000	00:16:33	00:03:19
21/07/1984	Lucignano	10		4,700	00:16:30	00:03:31
28/07/1984	INDICATORE 4x1600	3		1,600	00:05:07	00:03:12
04/08/1984	Montefollonico	6	3	5,000	00:15:20	00:03:04
12/08/1984	Chianacce	13		12,000	00:45:20	00:03:47
14/08/1984	Policiano Staff. 4x850	2		0,850	00:02:14	00:02:38
16/08/1984	LEVANELLA	16		8,500	00:31:15	00:03:41
19/08/1984	Serre di RAPOLANO	5	4	11,500	00:30:30	00:02:39
02/09/1984	FOLLONICA	9		12,000	00:34:30	00:02:53
07/09/1984	Ponte alla Chiassa	23		6,600	00:21:30	00:03:15
09/09/1984	Ponte a Chiani	22		8,700	00:31:10	00:03:35
21/09/1984	CARRARA Camp.Italiano Pista Individuale	8	2	0,800	00:02:04	00:02:35
22/09/1984	CARRARA Camp.Italiano Pista Staffetta Ama	6		0,800	00:02:07	00:02:39
23/09/1984	CARRARA Camp.Italiano Pista Staffetta 4x40	5		0,400	00:00:56	00:02:20
30/09/1984	Buonconvento	7	3	15,100	00:55:00	00:03:39
07/10/1984	GAVILLE	3		11,000	00:39:55	00:03:38
14/10/1984	Sinalunga 09 Passeggiata alla Fiera	28		12,900	00:48:35	00:03:46
21/10/1984	MEZZAVIA	13		10,500	00:37:50	00:03:36
27/10/1984	SIENA Stadio	1		1,500	00:04:24	00:02:56
28/10/1984	ORVIETO	11	3	10,500	00:35:55	00:03:25

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
04/11/1984	PISTOIA C.R.Strada	49		14,000	00:53:00	00:03:47
02/12/1984	Firenze Maratona	78		42,195	02:48:35	00:04:00

1983

09/01/1983	Siena-Castellina	4	3	17,000	00:59:10	00:03:29
16/01/1983	Rapolano campestre	4		7,000	00:24:23	00:03:29
23/01/1983	Ponte a Tressa Cross	3		9,000	00:33:46	00:03:45
27/01/1983	Monteaperti Campestre			15,000	00:56:00	00:03:44
30/01/1983	Lecchi C.P. Campestre	1	1	11,000	00:39:40	00:03:36
06/03/1983	Pian del Lago C.R Campestre	4		8,000	00:30:44	00:03:51
20/03/1983	Siena Scarpinata di Primavera	9	4	16,300	01:01:56	00:03:48
27/03/1983	Poggibonsi	16		10,000	00:36:20	00:03:38
09/04/1983	Rigomagno	10		12,000	00:46:50	00:03:54
24/04/1983	Rapolano Terme	1		11,000	00:39:00	00:03:33
25/04/1983	Siena Traversata senese	3		1,600	00:04:54	00:03:04
08/05/1983	Marsiglia	41		17,000	01:02:48	00:03:42
22/05/1983	Policiano	50	1	16,200	00:57:03	00:03:31
06/06/1983	Siena	2		16,000	00:57:20	00:03:35
19/06/1983	Armaiolo	2		8,550	00:30:20	00:03:33
03/07/1983	Monastero d'Ombrone	40	3	12,000	00:44:40	00:03:43
08/07/1983	Tegoleto	35		7,500	00:30:00	00:04:00
16/07/1983	TERRANUOVA Bracciolini			9,000		
10/08/1983	Policiano Staff. 4x850	3		0,850	00:02:22	00:02:47
13/08/1983	Poggiola	4		9,000	00:33:03	00:03:40
15/08/1983	Centoia Capezzine	7		9,000	00:33:54	00:03:46
02/09/1983	Rapolano Terme	5	2	10,000	00:35:15	00:03:32
10/09/1983	Castelfiorentino C.R. Pista		4	0,800	00:02:09	00:02:41
11/09/1983	Castelfiorentino C.R. Pista		6	0,400	00:00:59	00:02:27
11/09/1983	Castelfiorentino C.R. Pista		4	0,100		
23/09/1983	Senigallia C.Italiano Pista		9	0,800	00:02:03	00:02:34
24/09/1983	Senigallia C.Italiano Pista staf.Ama		5	1,000	00:02:41	00:02:41
25/09/1983	Senigallia C.Italiano Pista 4x400		6	0,400	00:00:56	00:02:20
02/10/1983	Follonica C.R. Strada	9	3	11,000	00:37:32	00:03:25
09/10/1983	Sinalunga 08 Passeggiata alla Fiera	39		12,900	00:48:06	00:03:44
23/10/1983	Siena Maratonina	11		21,600	01:25:50	00:03:58

1982

21/02/1982	Ab.S.Salvadore Campestre	10		9,000		
28/02/1982	Siena Campestre	15		8,500	00:33:20	00:03:55
04/04/1982	S.Gimignano			12,000		
18/04/1982	Rapolano Terme	18		9,000		
24/04/1982	Siena Traversata senese	8	3	1,700		
25/04/1982	Foiano 10 Camm. Donatore	5		8,000	00:34:00	00:04:15
15/05/1982	Siena Camp.Prov.Pista	1		1,500		

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
16/05/1982	Arezzo La Sella	30		16,400	01:05:16	00:03:59
23/05/1982	Casciano di Murlo	20	5	15,400	01:14:23	00:04:50
30/05/1982	Tre Berte	1		6,000		
30/05/1982	Policiano	88	5	16,200	01:00:15	00:03:43
06/06/1982	Badia Agnano	10		12,000		
12/06/1982	Petroio	5		15,000		
25/06/1982	Tegoleto	22		10,000	00:38:00	00:03:48
04/07/1982	Monastero d'Ombrone	4	1	12,000	00:50:00	00:04:10
10/07/1982	Montagnano	15		9,000	00:39:00	00:04:20
23/07/1982	Castelfiorentino C.R.Pista	3	3	0,800	00:02:10	00:02:42
24/07/1982	Castelfiorentino C.R.Pista	1	1	0,100	00:00:12	00:02:00
08/08/1982	Montalcino	10	3	13,000	00:53:40	00:04:08
09/08/1982	Castiglion Fiorentino	8		5,000	00:16:50	00:03:22
10/08/1982	Policiano Staff. 4x850	6		0,850	00:02:24	00:02:49
15/08/1982	Chianacce	10		12,000	00:45:20	00:03:47
19/08/1982	Siena Festa dell'Unita'	4		9,000	00:33:40	00:03:44
12/09/1982	Piombino C.R.Strada			12,000	00:49:00	00:04:05
26/09/1982	Buonconvento	10	3	14,500	01:03:00	00:04:21
03/10/1982	S.Gimignano	15		21,000	01:23:20	00:03:58
10/10/1982	Sinalunga 07 Passeggiata alla Fiera	69		12,700	00:48:40	00:03:50
30/10/1982	Siena Triatlon peso da 4 kg	2				
30/10/1982	Siena Triatlon	4		5,000	00:17:20	00:03:28
30/10/1982	Siena Triatlon	1		0,400		
14/11/1982	Arezzo Traversata Aretina	35		15,300	00:55:18	00:03:37

1981

29/03/1981	Rignano			16,000		
17/05/1981	Borgo a Buggiano			13,000		
31/05/1981	Policiano	145		16,200	01:16:00	00:04:41
21/06/1981	Ramazzano (PG)	52		14,500	01:03:00	00:04:21
28/06/1981	Pieve F. dell'Unita'	5	2	12,000		
04/07/1981	Fonte al Giunco	1	1	10,000		
11/07/1981	Badia al Pino	9		8,000	00:31:40	00:03:58
24/07/1981	Lucignano	28		4,700	00:16:00	00:03:24
25/07/1981	Torrita F. dell'Unita'	7	4	9,000	00:32:50	00:03:39
09/08/1981	Chianacce	13		12,000		
10/08/1981	Policiano Staff. 4x850	6		0,850	00:02:27	00:02:53
13/08/1981	Poggiola 3x400	2		0,400	00:00:55	00:02:18
20/08/1981	Siena Festa dell'Unita'	16		7,000		
22/08/1981	La Fratta F. dell'Unita'	7		8,000		
30/08/1981	Arezzo S.Marco			11,200	00:41:15	00:03:41
04/09/1981	Rapolano Terme	18	5	10,000	00:36:30	00:03:39
06/09/1981	Roma Maratonina Coppa del Mondo			17,500	01:09:00	00:03:57

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
11/09/1981	Sansepolcro	24		11,400	00:39:00	00:03:25
12/09/1981	C.Fibocchi	2		9,000	00:37:00	00:04:07
26/09/1981	Capannole Bucine	10		11,000		
27/09/1981	Signa		2	12,000		
11/10/1981	Sinalunga 06 Passeggiata alla Fiera	26	6	12,900	00:47:56	00:03:43
17/10/1981	Lucca Giro del.Mura			12,600		
25/10/1981	Siena C.Scuola			5,000	00:17:47	00:03:33
08/11/1981	Arezzo Traversata aretina			14,400	00:55:19	00:03:50
08/12/1981	C.Fibocchi campestre	41	3	12,000	00:49:00	00:04:05

1980

24/02/1980	3 Comuni Fiesole Maiano			12,000		
20/04/1980	PESCIA			18,000		
25/04/1980	Foiano 08 Camm. Donatore	79		21,000	01:33:00	00:04:26
04/05/1980	Serre di RAPOLANO	7		9,000	00:29:00	00:03:13
11/05/1980	Monteroni	25		13,000	00:50:30	00:03:53
18/05/1980	Rignano	119		14,000	01:00:00	00:04:17
24/05/1980	SPOIANO	8	2	6,000	00:20:00	00:03:20
25/05/1980	Tre Berte	5	3	6,000	00:20:00	00:03:20
01/06/1980	San ZENO	30	6	15,200	00:58:30	00:03:51
04/06/1980	FIRENZE MITING			8,000		
15/06/1980	Policiano	135		16,200	01:10:00	00:04:19
28/06/1980	Badia Agnano	23		10,800	00:43:30	00:04:02
05/07/1980	Pieve F. dell'Unita'	7		12,000	00:46:00	00:03:50
27/07/1980	AB.S.SALVATORE Miting	1		1,500	00:04:35	00:03:03
01/08/1980	Foiano Camm. Notturna	11		12,000		
17/08/1980	Serre di RAPOLANO	6		11,000	00:42:30	00:03:52
23/08/1980	AMOROSA	2		7,000		
24/08/1980	Fonte al Giunco	1		3,500		
05/09/1980	Rapolano Terme	16	4	9,000		
07/09/1980	MONSUMMANO		6	16,000		
05/10/1980	Sinalunga 05 Passeggiata alla Fiera	35	3	12,900	00:49:30	00:03:50

1979

11/02/1979	POGGIBONSI Campestre		9	7,000	00:29:00	00:04:09
25/02/1979	Asciano Campestre	16	4	10,000	00:44:04	00:04:24
04/03/1979	Gaiole Campestre		5	8,000	00:31:18	00:03:55
25/03/1979	Arezzo Saracino			16,000		
01/04/1979	Pescia Camp. Reg. su Strada			16,000		
13/05/1979	Monteroni			12,000		
17/06/1979	Policiano			16,000		
24/06/1979	Arezzo	2	2	1,000	00:02:58	00:02:58
30/06/1979	Tuoro (PG)	5		4,500		
07/07/1979	San ZENO		6	15,200	01:06:00	00:04:21

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
08/07/1979	Badia Agnano		5	12,200		
27/07/1979	ASCIANO Notturna	20	6	11,000		
29/07/1979	AB.S.SALVATORE Miting		3	0,100	00:00:13	00:02:10
29/07/1979	AB.S.SALVATORE Miting		2	1,500	00:04:50	00:03:13
29/07/1979	AB.S.SALVATORE Miting		9	5,000	00:20:57	00:04:11
03/08/1979	Foiano Camm. Notturna	24		12,000	00:47:00	00:03:55
11/08/1979	Montalcino	11	6	13,000	00:56:00	00:04:18
14/08/1979	Montefollonico	7	3	7,000		
18/08/1979	PIEVE A PRESCIANO	7		9,000		
25/08/1979	Acquaviva F. dell'UNita'	3	1	4,000		
31/08/1979	Rapolano Terme	13		9,000		
08/09/1979	TORRITA di Siena	7		17,000	01:06:00	00:03:53
16/09/1979	Siena Maratonina	35		17,500	01:15:00	00:04:17
30/09/1979	Ciggiano	17		8,000		
07/10/1979	Signa		5	12,000		
14/10/1979	Sinalunga 04 Passeggiata alla Fiera	60		12,900		

1978

19/03/1978	Siena Scarpinata di Primavera	59	13	16,300	01:21:00	00:04:58
27/03/1978	Chianciano	12	2	14,000	01:01:00	00:04:21
01/04/1978	Pratoantico (AR)	0	0	12,000		
16/04/1978	Asciano	201	0	20,000	01:42:00	00:05:06
25/04/1978	Foiano 06 Camm. Donatore	145	0	18,000	01:23:00	00:04:37
01/05/1978	Torrita Ciliano	5	0	3,000	00:11:55	00:03:58
20/05/1978	Spoiano	0	0	12,000	01:00:00	00:05:00
28/05/1978	Petroio	0	0	13,000	01:04:00	00:04:55
04/06/1978	Abbadia San Salvatore	3		10,000	00:36:00	00:03:36
01/07/1978	Pieve Festa dell'Unità	2		3,000		
01/07/1978	Torrita	35	6	18,000	01:20:00	00:04:27
15/07/1978	Sinalunga Festa dell'Avanti	4	1	9,000	00:35:00	00:03:53
22/07/1978	Lucignano Festa dell'Unità	3		4,700	00:20:00	00:04:15
23/07/1978	Torrita Festa dell'Unità	5	2	16,000	01:05:00	00:04:04
30/07/1978	Abbadia San Salvatore Miting	3		0,800	00:02:11	00:02:44
30/07/1978	Abbadia San Salvatore Miting	3		0,100	00:00:12	00:02:00
13/08/1978	Pieve di Cadore Anda a Stroz	3		12,000		
18/08/1978	Castiglion Fiorentino Festa dell'Unità	9	0	5,000	00:20:00	00:04:00
26/08/1978	Siena due Ponti Festa dell'Unità	10	3	12,000	00:45:00	00:03:45
02/09/1978	Sinalunga Festa dell'Unità	11	0	8,000		
03/09/1978	Bettolle Festa dell'Unità	9	2	7,000		
09/09/1978	Rigutino Festa dell'Unità	10	0	9,000		
16/09/1978	Bucine	3	2	10,000	00:40:00	00:04:00
23/09/1978	Borgo San Lorenzo	90	0	26,000	02:02:00	00:04:42
07/10/1978	Sinalunga 3° Passeggiata alla fiera	28	3	12,900	00:51:00	00:03:57

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
05/11/1978	1° Traversata aretina	60	7	14,500	00:58:00	00:04:00
1977						
25/04/1977	Foiano 05 Camm. Donatore	107		18,000	01:20:00	00:04:27
08/05/1977	Monteroni	40		14,000		
15/05/1977	S.Casciano di Murlo			4,000		
28/05/1977	Piancastagnaio			15,000	00:52:00	00:03:28
25/06/1977	Pieve F. dell'Unita'	9	3	12,000		
09/07/1977	Sinalunga F. dell'Unita'	10	2	10,000		
30/07/1977	Torrita F. dell'Unita'	6	1	15,000		
05/08/1977	Foiano Camm. Notturna	21	5	12,000		
13/08/1977	Monte S.Savino	12	1	11,000	00:36:00	00:03:16
14/08/1977	Petroio	4	2	8,000		
20/08/1977	Serraglio Festa popolare	12	2	10,000		
27/08/1977	S.Giovanni d'Asso F. dell'Unita'	4	2	10,200	00:41:00	00:04:01
28/08/1977	Torrita F. dell'Avanti	5	3	10,000		
02/09/1977	Sinalunga F. dell'Unita'	17	1	6,000	00:22:00	00:03:40
03/09/1977	Rapolano Terme	17	2	12,500	00:50:20	00:04:02
10/09/1977	Ponte a Buriano	14	5	12,000	00:53:00	00:04:25
11/09/1977	Monte S.Savino 4 RUGATA	16	2	12,000	00:51:00	00:04:15
25/09/1977	Bettolle Festa dell'UNita'	2	1	8,000	00:28:00	00:03:30
08/10/1977	Sinalunga 2° Passeggiata alla Fiera	20	3	12,700	00:50:00	00:03:56
20/11/1977	Sinalunga 1 camm. Donatori			10,000		
1976						
31/01/1976	Scrofiano Festa di S. Biagio	5		9,000		
14/03/1976	Arezzo Bivio Olmo	27	7	12,000	00:42:00	00:03:30
19/04/1976	Castelmuzio campestre	3	3	3,000		
25/04/1976	Foiano 04 Camm. Donatore	75	15	20,000	01:21:00	00:04:03
02/05/1976	S.ROCCO A PILLI	10		13,000	00:48:00	00:03:42
09/05/1976	Castiglion Fiorentino	21	6	13,000	00:48:00	00:03:42
15/05/1976	S.Casciano di Murlo	9		6,000		
23/05/1976	SPOIANO	1	1	9,000		
27/05/1976	Monteroni	6	4	3,000		
29/05/1976	Siena Cross di Fontanelle	4	4	3,000		
30/05/1976	Arezzo Camminata di primavera	55	11	14,000		
12/06/1976	C. del Lago 1 Miting	2	2	0,060	00:00:08	00:02:13
13/06/1976	C. del Lago 1 Miting Staffette	2	2	0,100		
13/06/1976	C. del Lago 1 Miting	3	3	2,000	00:06:35	00:03:18
13/06/1976	C. del Lago 1 Miting	2	2	0,060	00:00:08	00:02:13
17/06/1976	Policiano	51		16,000	01:14:00	00:04:38
07/07/1976	Pieve F. dell'Unita'	3	3	10,000		
18/07/1976	Torrita F. dell'Unita'	5	3	10,000		
30/07/1976	Foiano Camm. Notturna	32	4	12,000		

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
14/08/1976	Monte S.Savino F. dell'Unita'	21	2	12,000	00:41:00	00:03:25
21/08/1976	Siena Festa dell'Unita'	10	1	10,500	00:40:00	00:03:49
04/09/1976	Sinalunga F. dell'Unita'	4	1	8,000	00:22:00	00:02:45
12/09/1976	Monte S.Savino 3 Rugata	14	4	17,000	01:12:00	00:04:14
18/09/1976	Serraglio 1 Camp. Mobiliari	3	1	7,500	00:32:00	00:04:16
26/09/1976	Guazzino Campestre	3	1	8,000		
09/10/1976	Sinalunga 01 Passeggiata alla Fiera	19	2	12,700		
31/10/1976	Abbadia di Montepulciano	2		9,000		

1975

27/02/1975	Arezzo Camp. Studenteschi	4	4	3,000		
11/03/1975	Arezzo Camp. Studenteschi	7	7	3,000		
23/04/1975	Arezzo Camp. Studenteschi	3	3	0,100		
23/04/1975	Arezzo Camp. Studenteschi	2	2	1,200		
23/04/1975	Arezzo Camp. Studenteschi 4x100	3	3	0,100		
25/04/1975	Foiano 03 Camm. Donatore	65	8	13,000		
24/05/1975	Firenze Camp. Reg. Assoluti	4		0,400	00:00:57	00:02:22
01/08/1975	Foiano Camm. Notturna	90	7	12,000		
03/08/1975	Rapolano Terme	14	3	12,400	00:54:15	00:04:22
06/09/1975	Sinalunga F. dell'Unita'	5	2	7,000		
14/09/1975	Torrita Le Fonti	1	1	3,000		
21/09/1975	Guazzino Festa Nuova Generazione	2	1	8,000		
28/09/1975	Torrita La Stazione	2	1	5,400		
19/10/1975	Ruscello	13		18,000		

1974

18/02/1974	Arezzo Camp. Studenteschi	1	1	2,000	00:06:48	00:03:24
25/02/1974	Arezzo Camp. Studenteschi	2	2	3,000		
10/04/1974	Arezzo Camp. Studenteschi	2	2	1,500	00:04:48	00:03:12
16/04/1974	Castelmuzio campestre	2	2	3,000		
25/04/1974	Foiano 02 Camm. Donatore	74	18	21,000		
02/08/1974	Foiano Camm. Notturna	50	5	21,000		
22/09/1974	Sinalunga F. dell'Unita'	14	7	7,000		
29/09/1974	Buonconvento	8	2	18,000		
06/10/1974	Cast. Berardenga F. dell'Unita'	8	2	15,000		

1973

07/01/1973	Firenze Camp.Reg. Toscani Campestre		12	4,000	00:13:36	00:03:24
28/01/1973	Siena Camp.Reg. Toscani Campestre		19	4,000	00:14:05	00:03:31
25/04/1973	Foiano 01 Camm. Donatore	33	6	17,900		
13/05/1973	Firenze Coppa Italia		5	1,500		
20/05/1973	Pistoia Esagonale		5	0,400	00:00:56	00:02:20
03/06/1973	Pistoia camp. reg. allievi		1	1,000	00:02:50	00:02:50
22/07/1973	Siena Miting		3	1,000	00:02:51	00:02:51
28/07/1973	S.Quirico Festa dell'Unita'		2	2,000		

DATA	DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
07/10/1973	Livorno camp. naz. UISP		2	1,000	00:02:49	00:02:49
1972						
07/03/1972	Sinalunga Bettolle	3	3	6,000		
16/07/1972	Siena Miting		9	1,000	00:03:05	00:03:05
Totale Km percorsi in gara				17.174,650		