

Elenco Gare Sergio dal 1972

Totale Km percorsi in gara

17.065,840

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
2024	14-gen-24 Siena Corsa a coppie con Lety	118	12	11,500	01:16:30	00:06:39
	03-mar-24 Marciano Trofeo Fanfulla		9	12,160	01:03:04	00:05:11
2023	06-gen-23 Policiano Cross			4,060	00:20:09	00:04:58
	15-gen-23 Siena Corsa a coppie con Barbetti			11,400	01:18:36	00:06:54
	05-feb-23 Arezzo Su e giù per la Torre di Gnicche	214	10	11,940	01:04:01	00:05:22
	26-feb-23 Arezzo Campestre Regionale OPEN	45	4	3,000	00:15:18	00:05:06
	12-mar-23 Castiglione del Lago	132	25	10,060	00:49:27	00:04:55
	16-apr-23 San Zeno (AR)	80	5	10,500	00:58:47	00:05:36
	25-apr-23 Foiano 48 Camm. Donatore	102	8	12,500	01:02:06	00:04:58
	12-giu-23 Giro della Val d'Orcia Pietraporciana	37	5	12,550	01:16:09	00:06:04
	13-giu-23 Giro della Val d'Orcia Valleresi	39	5	2,400	00:15:43	00:06:33
	14-giu-23 Giro della Val d'Orcia Pienza	39	5	6,510	00:37:52	00:05:49
	21-giu-23 Subbiano Memorial Occhiolini	169	12	6,800	00:33:20	00:04:54
	11-ago-23 Santuario delle Vertighe	72	9	7,100	00:36:55	00:05:12
	01-set-23 Rapolano Terme	130	9	8,410	00:39:40	00:04:43
	01-ott-23 Selci Lama	188	7	13,800	01:08:53	00:04:59
	29-ott-23 Arezzo	80	2	10,890	00:53:02	00:04:52
	12-nov-23 Arezzo Nuove Acque	142	15	14,000	01:16:33	00:05:28
	08-dic-23 Petriolo			9,000	00:48:00	00:05:20
2022	30-gen-22 Arezzo Campestre Regionale Categoria SM Un	80	43	3,000	00:14:19	00:04:46
	20-feb-22 Trail Città di Cortona	141	34	14,860	01:41:59	00:06:52
	16-apr-22 Campionato Toscano di corsa in montagna M	19	6	6,300	00:33:31	00:05:19
	25-apr-22 Foiano 48 Camm. Donatore	85	12	12,500	01:05:06	00:05:12
	22-mag-22 Castiglion Fiorentino Nuovo Percorso	149	14	10,800	00:58:24	00:05:24
	29-mag-22 San Zeno (AR)	102	5	9,800	00:56:59	00:05:49
	09-giu-22 Arezzo Porta S.Andrea	171	13	7,070	00:35:07	00:04:58
	13-giu-22 Giro della Val d'Orcia Contignano	24	2	9,780	00:55:45	00:05:42
	14-giu-22 Giro della Val d'Orcia Rocca d'orcina cronoscala	30	3	2,970	00:24:14	00:08:10
	15-giu-22 Giro della Val d'Orcia Pienza	40	2	9,780	00:55:45	00:05:42
	17-giu-22 Giro della Val d'Orcia San Quirico	29	3	12,560	01:15:03	00:05:59
	18-giu-22 Giro della Val d'Orcia Gallina	44	2	7,240	00:41:36	00:05:45
	23-giu-22 Subbiano Memorial Occhiolini	161	14	6,800	00:33:50	00:04:59
	17-lug-22 San Clemente in Valle	74	6	6,900	00:43:24	00:06:17
	28-lug-22 Castelnuovo Berardenga			6,770	00:38:54	00:05:45
	31-lug-22 S.Michele a Moriano (LU)			11,060	01:09:05	00:06:15
	03-ago-22 Tuoro (PG) Corsa di Annibale	56		7,000	00:37:25	00:05:21
	06-ago-22 Montalcino			9,510	00:51:19	00:05:24
	02-set-22 Rapolano Terme	156	2	8,410	00:43:02	00:05:07
	20-nov-22 Palio Fiorentino	114	7	10,070	00:51:13	00:05:05
08-dic-22 Petriolo			9,000	00:50:40	00:05:38	

2021

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	30-mag-21 San Zeno (AR)	111	2	9,800	00:53:15	00:05:26
	06-set-21 Giro della Val d'Orcia Monticchiello	41	10	7,610	00:45:09	00:05:56
	07-set-21 Giro della Val d'Orcia Bagno Vignoni Cronosc	31	8	2,050	00:15:05	00:07:21
	08-set-21 Giro della Val d'Orcia Pienza	42	11	9,780	01:00:38	00:06:12
	10-set-21 Giro della Val d'Orcia San Quirico	44	13	12,650	01:19:58	00:06:19
	11-set-21 Giro della Val d'Orcia Vivo d'Orcia	35	11	9,540	01:05:10	00:06:50
	03-ott-21 Selci Lama	201	7	13,800	01:16:01	00:05:31
	08-dic-21 Cetona	53	3	13,870	01:18:15	00:05:39
2019	13-gen-19 Trail Subbiano		3	13,860	01:27:30	00:06:19
	24-feb-19 Staffetta Interna		4	3,100	00:14:46	00:04:46
	07-apr-19 Valli etrusche Trail	51	3	12,900	01:22:42	00:06:25
	14-apr-19 Eco Giro del Lago di Montedoglio		18	11,750	01:01:08	00:05:12
	25-apr-19 Foiano 47 Camm. Donatore			12,400	01:00:53	00:04:55
	12-mag-19 Badia Prataglia Trail Sacret Forests 2019	37	2	14,000	01:37:13	00:06:57
	17-mag-19 Corri per l'Arrigo colle val d'elsa	54	5	7,500	00:37:26	00:04:59
	19-mag-19 Trail del Molinaccio S.Vincenzo a Torri	64	3	15,000	01:41:34	00:06:46
	08-dic-19 Arezzo Wild Trail	142	9	12,660	01:41:45	00:08:02
2018	06-gen-18 Trail Subbiano		1	13,230	01:21:40	00:06:10
	14-gen-18 Trail del Cuculo Castiglion Fibocchi		2	11,790	01:18:05	00:06:37
	18-mar-18 Tavarnelle val di Pesa		15	21,098	01:51:14	00:05:16
	25-mar-18 San Zeno (AR)		5	14,430	01:14:18	00:05:09
	08-apr-18 Valli etrusche Trail	41	4	12,980	01:23:11	00:06:25
	25-apr-18 Foiano 46 Camm. Donatore	134	15	12,400	01:01:28	00:04:57
	29-apr-18 Eco Giro del Lago di Montedoglio		11	11,750	01:04:28	00:05:29
	08-lug-18 Trail del Pratomagno CETICA		3	14,710	01:45:34	00:07:11
	11-nov-18 Policiano Trail Lignano		4	13,000	01:22:59	00:06:23
	08-dic-18 Petriolo			9,000	00:48:09	00:05:21
2017	06-gen-17 Campestre della Befana Policiano		6	3,960	00:20:19	00:05:08
	08-gen-17 Trail Subbiano		2	13,260	01:26:01	00:06:29
	29-gen-17 Campionato Regionale Campestre Pietraviva			9,380	00:48:44	00:05:12
	05-feb-17 Arezzo Su e giù per la Torre di Gnicche			11,940	01:01:33	00:05:09
	19-feb-17 Trail Città di Cortona			13,780	01:31:21	00:06:38
	09-apr-17 Eco Giro del Lago di Montedoglio	145	5	11,750	00:59:19	00:05:03
	23-apr-17 Arezzo Saracino		3	12,560	00:58:27	00:04:39
	25-apr-17 Foiano 45 Camm. Donatore	115	3	12,400	00:57:28	00:04:38
	07-mag-17 Mezza Maratona Trevi (PG)	143	7	21,098	01:43:36	00:04:55
	19-mag-17 Bucine		3	4,980	00:23:02	00:04:38
	21-mag-17 Castiglion Fiorentino Nuovo Percorso		7	10,800	00:53:20	00:04:56
	05-giu-17 Giro val d'Orcia 1° Tappa Radicofani Contigna	27	5	12,310	00:56:12	00:04:34
	06-giu-17 Giro val d'Orcia 2° Tappa Vivo d'Orcia	20	3	1,420	00:10:43	00:07:33
	07-giu-17 Giro val d'Orcia 3° Tappa Pienza	28	5	7,670	00:38:37	00:05:02
	09-giu-17 Giro val d'Orcia 4° Tappa La Rimbecca Pienza	24	3	6,650	00:31:47	00:04:47
	10-giu-17 Giro val d'Orcia 5° Tappa Chianciano Frantoio	30	5	6,990	00:34:48	00:04:59
	22-giu-17 Cortina Skyrace	130	100	18,710	02:41:54	00:08:39
	28-giu-17 Torrita Refe Nero		2	6,500	00:30:55	00:04:45
	16-lug-17 Ab.S.Salvadore Vetta Amiata		3	13,300	01:19:00	00:05:56

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	30-lug-17 Moggiona Trail	83	1	19,650	02:00:40	00:06:08
	06-ago-17 Assisi Costa di Trex Trail			14,250	01:28:20	00:06:12
	13-ago-17 Pratomagno RUN	53	2	15,500	01:39:29	00:06:25
	18-ago-17 Pieve a Maiano		3	8,030	00:42:47	00:05:20
	27-ago-17 Vivo d'Orcia Ecomezza delle Acque		1	21,440	02:43:18	00:07:37
	23-set-17 Migliana (PO) Corri e Salsiccia			19,800	03:18:05	00:10:00

2016

	10-gen-16 Siena Corsa a Coppie con Elisa			11,420	01:00:03	00:05:15
	28-feb-16 Trail Città di Cortona			13,550	01:35:00	00:07:01
	20-mar-16 Valli etrusche Trail	27	3	13,340	01:31:04	00:06:50
	03-apr-16 Siena Vicinittà			12,000	01:01:29	00:05:07
	17-apr-16 Arezzo Saracino			12,500	01:05:20	00:05:14
	25-apr-16 Foiano 44 Camm. Donatore			12,400	01:04:36	00:05:13
	01-mag-16 Sinalunga mandocorri			11,720	01:01:23	00:05:14
	15-mag-16 Trail delle 4 Chiese San Litardo Città della Pieve			20,300	02:19:43	00:06:53
	06-giu-16 Giro della Val d'Orcia 1° Tappa Contignano			10,830	01:03:36	00:05:52
	07-giu-16 Giro della Val d'Orcia 2° Tappa Valleresi			2,600	00:15:27	00:05:57
	08-giu-16 Giro della Val d'Orcia 3° Tappa Pienza			7,530	00:41:45	00:05:33
	10-giu-16 Giro della Val d'Orcia 4° Tappa Poggiardelli			7,610	00:48:08	00:06:20
	11-giu-16 Giro della Val d'Orcia 5° Tappa Chianciano M			7,700	00:46:28	00:06:02
	02-set-16 Rapolano Terme			8,410	00:40:39	00:04:50
	04-set-16 Montevarchi			13,200	01:09:52	00:05:18
	11-set-16 Vallombrosa		2	11,040	01:11:26	00:06:28
	25-set-16 Selci Lama	295	10	13,800	01:08:37	00:04:58
	13-nov-16 Policiano Trail Lignano (Sbaglio Percorso)			10,800	01:08:56	00:06:23
	27-nov-16 TRASITRAIL Passignano	47	3	12,810	01:25:50	00:06:42
	08-dic-16 Petriolo			9,000	00:48:00	00:05:20
	26-dic-16 Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:08:33	00:05:54

2015

	08-feb-15 Arezzo Su e giù per la Torre di Gnicche			13,400	01:10:58	00:05:18
	15-mar-15 Trail Città di Cortona			22,000	02:34:12	00:07:01
	22-mar-15 Valli etrusche Trail	43	11	13,340	01:28:02	00:06:36
	04-apr-15 Pasqua Ecotrail S. Giovanni d'Asso			18,660	02:23:01	00:07:40
	06-apr-15 Pasqua Ecotrail Montisi			21,100	02:11:40	00:06:14
	12-apr-15 Siena Vicinittà			12,000	00:57:08	00:04:46
	01-mag-15 Settignano (FI)			12,300	01:14:22	00:06:03
	09-mag-15 Signa Inferno Run			10,060	01:24:36	00:08:25
	24-mag-15 Castiglion Fiorentino Nuovo Percorso			10,800	00:55:43	00:05:10
	02-giu-15 Le Marmore TRAIL 165			13,750	02:17:30	00:10:00
	08-giu-15 Giro della Val d'Orcia 1° Tappa Contignano			10,760	00:57:40	00:05:22
	09-giu-15 Giro della Val d'Orcia 2° Tappa Valleresi			2,600	00:14:17	00:05:30
	10-giu-15 Giro della Val d'Orcia 3° Tappa Pienza			7,560	00:39:56	00:05:17
	12-giu-15 Giro della Val d'Orcia 4° Tappa Vivo d'Orcia			8,420	00:51:36	00:06:08
	13-giu-15 Giro della Val d'Orcia 5° Tappa Chianciano			8,450	00:45:41	00:05:24
	19-lug-15 Ab.S.Salvadore Vetta Amiata			13,300	01:27:45	00:06:36
	09-ago-15 Assisi Costa di Trex Trail			15,050	01:49:17	00:07:16
	04-set-15 Rapolano Terme			8,410	00:46:57	00:05:35
	08-dic-15 Petriolo			9,000	00:51:00	00:05:40
	26-dic-15 Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:07:55	00:05:52

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
2014	12-gen-14 Siena Corsa a Coppie con Gaspare		114	11,420	00:59:51	00:05:14
	30-mar-14 Siena M.P.S.			15,000	01:23:43	00:05:35
	06-apr-14 Arezzo Vicicittà			12,000	01:07:36	00:05:38
	25-apr-14 Foiano 42 Camm. Donatore			12,400	01:00:50	00:04:54
	27-apr-14 Arezzo Saracino			11,230	00:55:15	00:04:55
	01-mag-14 Settignano (FI)			12,300	01:10:05	00:05:42
	04-mag-14 Leccio Marniatona			16,280	01:31:05	00:05:36
	11-mag-14 Trail del Barbotto Falterona		6	19,150	02:37:58	00:08:15
	18-mag-14 Castiglion Fiorentino Nuovo Percorso			10,800	00:54:35	00:05:03
	05-set-14 Rapolano Terme			8,410	00:40:04	00:04:46
	14-set-14 Badia Prataglia Trail delle Foreste di Badia Prat			12,900	01:36:19	00:07:28
	28-set-14 Arezzo Ecopasseggiata degli etruschi			17,320	01:35:02	00:05:29
	05-ott-14 Selci Lama	298	21	13,800	01:04:53	00:04:42
	26-ott-14 Arezzo Maratonina			21,098	01:43:08	00:04:53
	16-nov-14 Policiano Trail Lignano			20,950	02:20:44	00:06:43
	08-dic-14 Petriolo			9,000	00:48:08	00:05:21
	14-dic-14 Bastia Umbra Invernalissima			21,098	02:03:00	00:05:50
	2013	20-gen-13 Arezzo Su e giù per la Torre di Gnicche			12,400	01:06:36
27-gen-13 Castiglion Fiorentino Ronda				13,720	01:52:37	00:08:12
10-mar-13 Corritra i boschi di Civitella				14,630	01:22:14	00:05:37
07-apr-13 Ecorun dei Cimini San Martino al Cimino				24,750	02:44:00	00:06:38
14-apr-13 Siena M.P.S.				15,000	01:22:00	00:05:28
21-apr-13 Arezzo Saracino				12,130	01:00:51	00:05:01
25-apr-13 Foiano 41 Camm. Donatore				12,400	01:00:55	00:04:55
28-apr-13 Umbertide Ecogiro del monte Acuto			4	11,800	01:05:26	00:05:33
01-mag-13 Settignano (FI)				12,300	01:13:57	00:06:01
05-mag-13 Siena Ravacciano				10,600	00:55:12	00:05:12
19-mag-13 Castiglion Fiorentino Nuovo Percorso				10,800	00:57:10	00:05:18
02-giu-13 Giro del Lago di Montepulciano				13,200	01:10:21	00:05:20
09-giu-13 Pesticciata				12,000	01:30:00	00:07:30
10-giu-13 Giro Val d'Orcia 1 Tappa Poggiardelli				9,400	00:53:58	00:05:44
11-giu-13 Giro Val d'Orcia 2 Tappa Valleresi				2,600	00:14:37	00:05:37
12-giu-13 Giro Val d'Orcia 3 Tappa San Quirico				7,000	00:32:26	00:04:38
14-giu-13 Giro Val d'Orcia 4 Tappa Pienza				8,140	00:44:09	00:05:25
23-giu-13 Val di Fassa Running 1° Tappa Canazei				10,600	01:07:17	00:06:21
25-giu-13 Val di Fassa Running 2° Tappa Campestrin				13,600	01:19:37	00:05:51
26-giu-13 Val di Fassa Running 3° Tappa Campitello				10,800	01:12:20	00:06:42
27-giu-13 Val di Fassa Running 4° Tappa Soraga				15,200	01:33:51	00:06:10
28-giu-13 Val di Fassa Running 5° Tappa Moena Alpe di				9,500	01:26:55	00:09:09
11-ago-13 Assisi Costa di Trex Trail				15,500	01:41:46	00:06:34
08-set-13 Badia Prataglia Trail delle Foreste Casentinesi				23,000	02:36:02	00:06:47
17-nov-13 Policiano Trail Lignano			11	19,850	02:16:35	00:06:53
08-dic-13 Petriolo				9,000	00:48:27	00:05:23
15-dic-13 Bastia Umbra Invernalissima				21,098	01:55:55	00:05:30
26-dic-13 Pienza Ecomezzamaratona della Val d'Orcia				21,800	02:11:59	00:06:03
2012	15-gen-12 Siena Corsa a Coppie con Alessandro	132		11,400	00:58:15	00:05:07

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	22-gen-12 Arezzo Su e giù per la Torre di Gnicche			12,400	01:05:05	00:05:15
	29-gen-12 Firenze Nave di Rovezzano			14,400	01:21:09	00:05:38
	26-feb-12 Prato San Giusto	249		14,560	01:12:10	00:04:57
	04-mar-12 Strasimeno			30,600	02:53:51	00:05:41
	18-mar-12 Tavarnelle val di Pesa			21,098	01:54:46	00:05:26
	25-mar-12 Siena Scarpinata di Primavera	284		15,700	01:40:00	00:06:22
	15-apr-12 Ecorun dei Cimini San Martino al Cimino		2	21,500	02:11:50	00:06:08
	22-apr-12 Prato Un po'n Poggio			23,100	02:39:00	00:06:53
	25-apr-12 Foiano 40 Camm. Donatore			12,400	01:01:14	00:04:56
	29-apr-12 Castiglion d'Orcia TRAIL			21,610	02:12:08	00:06:07
	01-mag-12 Settignano (FI)			12,300	01:11:06	00:05:47
	06-mag-12 Moggiona			14,210	01:21:11	00:05:43
	20-mag-12 Castiglion Fiorentino			9,600	00:45:13	00:04:43
	10-giu-12 Monteleone d'Orvieto	24	3	9,700	00:50:46	00:05:14
	17-giu-12 Trail del Falterona		8	28,200	03:51:00	00:08:11
	21-giu-12 Sansepolcro			7,400	00:32:52	00:04:26
	27-giu-12 Monsigliolo			4,700	00:20:10	00:04:17
	08-lug-12 Reggello Vallombrosa			13,200	01:14:50	00:05:40
	11-lug-12 Foiano Renzino			6,800	00:33:07	00:04:52
	15-lug-12 Ab.S.Salvadore Vetta Amiata			13,300	01:22:07	00:06:10
	22-lug-12 Canazei Dolomites SkyRace	599		22,000	04:46:20	00:13:01
	28-lug-12 Castiglion d'Orcia			8,300	00:37:32	00:04:31
	29-lug-12 S.Michele a Moriano (LU)			18,000	01:51:00	00:06:10
	01-ago-12 Monte Santa Maria Tiberina			7,500	00:37:10	00:04:57
	05-ago-12 Montepulciano La Nobile			9,670	00:48:40	00:05:02
	19-ago-12 Vivo d'Orcia			10,000	01:10:00	00:07:00
	31-ago-12 Rapolano Terme	141		8,410	00:39:00	00:04:38
	30-set-12 Carmignano Prato Trail	4		12,910	01:23:45	00:06:29
	21-ott-12 Castelnuovo Berardenga			17,800	01:44:40	00:05:53
	04-nov-12 Fabro Maratonina di San Martino	71	8	9,130	00:45:04	00:04:56
	11-nov-12 Firenze Castello			11,000	00:58:00	00:05:16
	18-nov-12 Policiano Trail Lignano			19,730	02:15:02	00:06:51
	09-dic-12 Cura di Vetralla Trail del Monte Fogliano		5	22,000	02:22:02	00:06:27
	26-dic-12 Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:14:30	00:06:10
	06-gen-11 Ciaspolada Romeno Fondo			6,500	00:42:50	00:06:35
	09-gen-11 Siena Corsa a Coppie con Federica		19	11,400	00:57:40	00:05:04
	23-gen-11 Arezzo Su e giù per la Torre di Gnicche			12,600	01:03:50	00:05:04
	30-gen-11 Castiglion Fiorentino Ronda			26,500	03:50:12	00:08:41
	06-feb-11 Winter Trail dei Monti Cimini			13,240	01:18:30	00:05:56
	13-feb-11 Maiano (FI)		46	12,200	01:00:50	00:04:59
	27-feb-11 Prato San Giusto	290		14,030	01:08:36	00:04:53
	06-mar-11 Fucecchio Maratonina			21,098	01:48:41	00:05:09
	13-mar-11 Trail di Pietraporciana			14,250	01:22:16	00:05:46
	20-mar-11 Siena Scarpinata di Primavera	176		15,700	01:20:03	00:05:06
	27-mar-11 Romola (FI)			14,300	01:18:20	00:05:29
	03-apr-11 Siena Vicinittà			12,000	00:57:53	00:04:49
	10-apr-11 Siena M.P.S.			15,000	01:16:22	00:05:05
	16-apr-11 Monteriggioni Eco Mezza Maratona			21,098	02:04:00	00:05:53

2011

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	17-apr-11 Arezzo Saracino			13,000	01:08:40	00:05:17
	01-mag-11 Settignano (FI)			12,300	01:09:41	00:05:40
	08-mag-11 Moggiona			14,210	01:22:51	00:05:50
	15-mag-11 Casciano di Murlo			13,250	01:06:50	00:05:03
	22-mag-11 Castiglion Fiorentino			9,600	00:47:00	00:04:54
	27-mag-11 Barberino val di Pesa		12	7,100	00:32:30	00:04:35
	29-mag-11 Arezzo scalata al Castello			10,260	00:48:01	00:04:41
	02-giu-11 Giro del Lago di Montepulciano			13,330	01:11:39	00:05:23
	05-giu-11 Sinalunga Panta Rei			11,600	01:01:51	00:05:20
	06-giu-11 Giro della Val d'Orcia 1° Tappa Pietraporciana			13,200	01:10:54	00:05:22
	07-giu-11 Giro della Val d'Orcia 2° Tappa Valleresi			2,600	00:13:49	00:05:19
	08-giu-11 Giro della Val d'Orcia 3° Tappa Radicofani			5,300	00:24:28	00:04:37
	10-giu-11 Giro della Val d'Orcia 4° Tappa Pienza			8,160	00:42:28	00:05:12
	11-giu-11 Giro della Val d'Orcia 5° Tappa Castiglion d'Or			9,070	00:46:29	00:05:07
	12-giu-11 San Miniato Pesticciata			19,700	02:48:00	00:08:32
	16-giu-11 Sansepolcro			6,000	00:26:03	00:04:21
	19-giu-11 Acquerino (PT)			20,380	02:28:30	00:07:17
	23-giu-11 Chianciano			6,200	00:29:00	00:04:41
	26-giu-11 Traslaval 1 Tappa Soraga	190	17	10,300	01:00:30	00:05:52
	27-giu-11 Traslaval 2 Tappa Moena			11,000	01:02:24	00:05:40
	28-giu-11 Traslaval 3 Tappa Alba Canazei			8,460	00:52:15	00:06:11
	30-giu-11 Traslaval 4 Tappa Alba Campestrin			13,600	01:14:18	00:05:28
	01-lug-11 Traslaval 5 Tappa Col Rodella			11,000	01:21:00	00:07:22
	03-lug-11 Cronascalata di Lignano		4	4,100	00:26:44	00:06:31
	05-lug-11 Croce di Lucignano			3,000	00:12:54	00:04:18
	06-lug-11 Arbia			10,000	00:48:00	00:04:48
	31-lug-11 Rigaiolo Ecopasseggiata dell'acqua passante			11,300	01:03:00	00:05:35
	03-ago-11 Monte Santa Maria Tiberina	60	9	7,430	00:36:15	00:04:53
	05-ago-11 Policiano			8,600	00:42:23	00:04:56
	07-ago-11 Montepulciano La Nobile			9,740	00:53:45	00:05:31
	11-ago-11 Contignano			6,800	00:32:45	00:04:49
	21-ago-11 Vivo d'Orcia			11,500	01:06:10	00:05:45
	24-ago-11 Siena Festa dell'Unità			8,500	00:44:00	00:05:11
	27-ago-11 Arcidosso			10,600	00:53:12	00:05:01
	02-set-11 Rapolano Terme	212		8,410	00:41:10	00:04:54
	08-dic-11 Petriolo			9,000	00:50:00	00:05:33
	18-dic-11 Bastia Umbra Invernalissima			11,000	01:02:00	00:05:38
	26-dic-11 Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:10:10	00:05:58
	01-gen-10 S.Giovanni valdarno			13,250	01:03:10	00:04:46
	10-gen-10 Siena Corsa a Coppie con Davide	101		11,400	00:55:20	00:04:51
	24-gen-10 Arezzo Su e giù per la Torre di Gnicche			12,360	01:00:40	00:04:54
	31-gen-10 Firenze Nave di Rovezzano			14,400	01:14:19	00:05:10
	07-feb-10 Winter Trail dei Monti Cimini			13,850	01:27:00	00:06:17
	21-feb-10 Porcari (LU)			25,000	02:49:19	00:06:46
	28-feb-10 Trail di Pietraporciana			14,410	01:22:27	00:05:43
	07-mar-10 Strasimeno			30,600	02:54:03	00:05:41
	14-mar-10 Staffetta Interna			2,700	00:12:50	00:04:45
	21-mar-10 Pistoia Maratonina			21,098	01:52:28	00:05:20

2010

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	28-mar-10 Siena Scarpinata di Primavera	211		15,700	01:23:31	00:05:19
	11-apr-10 Parigi Marathon			42,195	04:14:53	00:06:02
	18-apr-10 Arezzo Saracino			13,000	01:02:30	00:04:48
	01-mag-10 Settignano (FI)			12,300	01:14:00	00:06:01
	02-mag-10 Moggiona			14,210	01:25:00	00:05:59
	08-mag-10 Montemarciano			7,300	00:34:40	00:04:45
	09-mag-10 Perugia Grifonissima			12,340	00:57:11	00:04:38
	15-mag-10 Arbia			24,000	02:15:00	00:05:37
	16-mag-10 Casciano di Murlo			13,250	01:13:00	00:05:31
	23-mag-10 Castiglion Fiorentino			9,600	00:47:11	00:04:55
	28-mag-10 Barberino val di Pesa		14	7,100	00:34:56	00:04:55
	30-mag-10 Arezzo scalata al Castello			10,130	00:48:10	00:04:45
	02-giu-10 Brescia no Limits		21	20,000	03:13:00	00:09:39
	06-giu-10 Siena Corri con i paracadutisti			10,760	00:53:24	00:04:58
	07-giu-10 Giro della Val d'Orcia 1° Tappa Orcia Contign			13,540	01:14:25	00:05:30
	08-giu-10 Giro della Val d'Orcia 2° Tappa Valleresi			2,600	00:13:34	00:05:13
	09-giu-10 Giro della Val d'Orcia 3° Tappa Radicofani			4,700	00:21:24	00:04:33
	11-giu-10 Giro della Val d'Orcia 4° Castiglion d'Orcia			9,200	00:45:48	00:04:59
	12-giu-10 Giro della Val d'Orcia 5° Pienza			8,800	00:46:38	00:05:18
	12-giu-10 Pesticciata			19,300	02:57:00	00:09:10
	13-giu-10 Monticello Eco Cross			10,500	01:04:39	00:06:09
	17-giu-10 Sansepolcro			6,000	00:25:20	00:04:13
	20-giu-10 Trail del Falterona			22,340	03:09:00	00:08:28
	27-giu-10 Marzabotto Camminata del Postino			12,000	01:10:00	00:05:50
	04-lug-10 Sinalunga Panta Rei			11,600	01:02:28	00:05:23
	11-lug-10 Ecomaratona del Ventasso			42,195	06:33:00	00:09:19
	18-lug-10 Ab.S.Salvadore Vetta Amiata			13,300	01:25:09	00:06:24
	06-ago-10 Rapolano Terme Festa de l'Unità			7,000	00:35:00	00:05:00
	08-ago-10 Montepulciano La Nobile			9,700	00:51:45	00:05:20
	14-ago-10 Sestino Trail Sasso di Simone (RITIRATO X ASS.			11,600	01:21:18	00:07:01
	22-ago-10 Vivo d'Orcia			12,300	01:15:30	00:06:08
	29-ago-10 Abetone Dinamo Trail			18,930	02:39:13	00:08:25
	03-set-10 Rapolano Terme	178		8,410	00:38:17	00:04:33
	08-set-10 Perugia festa dell'Unità			6,630	00:30:53	00:04:39
	03-ott-10 Signa mezza maratona			21,098	02:01:20	00:05:45
	17-ott-10 Castelnuovo Berardenga			17,800	01:46:30	00:05:59
	14-nov-10 Lucignano Scarpinata Ecologica			14,120	01:17:25	00:05:29
	28-nov-10 Poggiardelli Trail			10,120	01:01:25	00:06:04
	08-dic-10 Petriolo			9,000	00:47:00	00:05:13
	12-dic-10 Firenze Fiesole			16,700	01:36:00	00:05:45
	19-dic-10 Bastia Umbra Invernalissima			21,098	01:47:30	00:05:06
	26-dic-10 Pienza Ecomezzamaratona della Val d'Orcia			21,800	02:04:05	00:05:42
	04-gen-09 S.Michele alle Torri Scandicci (FI)		33	11,600	00:59:10	00:05:06
	11-gen-09 Siena corsa a coppie con Maurizio	130		11,400	01:00:56	00:05:21
	18-gen-09 Arezzo Su e giù per la Torre di Gnicche			12,450	01:01:23	00:04:56
	25-gen-09 Firenze Nave di Rovezzano			14,400	01:20:00	00:05:33
	01-feb-09 Firenze Oltrarno			14,400	01:12:00	00:05:00
	15-feb-09 Porcari (LU)			20,000	02:30:00	00:07:30

2009

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	22-feb-09 Staffetta Interna			7,000	00:34:40	00:04:57
	01-mar-09 Ravenna Maratonina			21,098	01:42:12	00:04:51
	15-mar-09 Siena Il Ceppo corsa Handicap	60		11,000	00:50:45	00:04:37
	22-mar-09 Siena Scarpinata di Primavera	155		15,700	01:20:15	00:05:07
	29-mar-09 Prato Un po"n Poggio			18,500	02:07:00	00:06:52
	05-apr-09 Tavarnelle val di Pesa			21,098	01:47:01	00:05:04
	19-apr-09 Siena Vicicittà			12,000	00:54:41	00:04:33
	26-apr-09 Arezzo Saracino			13,000	00:57:40	00:04:26
	01-mag-09 Reggello Loro Ciuffena			21,098	01:42:57	00:04:53
	05-mag-09 Siena Ravacciano			11,000	00:49:28	00:04:30
	09-mag-09 Arbia			22,500	02:08:00	00:05:41
	19-mag-09 Moggiona			16,500	01:30:29	00:05:29
	22-mag-09 Barberino val di Pesa		9	8,000	00:34:58	00:04:22
	24-mag-09 Castiglion Fiorentino			9,600	00:47:10	00:04:55
	29-mag-09 S.Antimo			11,000	00:56:04	00:05:06
	05-giu-09 Panzano staffetta 4x2000 (Sergio, Davide, Crist	10	8	2,000	00:08:27	00:04:13
	07-giu-09 Cronascalata di Lignano			4,100	00:27:49	00:06:47
	09-giu-09 Staffetta Areazzo 3x1000		6	1,000	00:03:47	00:03:47
	12-giu-09 Castellina Scalo			7,000	00:30:47	00:04:24
	14-giu-09 San Miniato Pesticcica			28,800	03:24:51	00:07:07
	19-giu-09 Sansepolcro			6,000	00:23:58	00:04:00
	21-giu-09 Monticello Eco Cross			10,460	00:58:59	00:05:38
	26-giu-09 Chianciano			6,550	00:30:23	00:04:38
	28-giu-09 Montepulciano La Nobile			10,860	00:57:35	00:05:18
	02-lug-09 Arezzo			7,000	00:30:32	00:04:22
	03-lug-09 Tre Berte Madonna del Cerro			10,000	00:43:59	00:04:24
	05-lug-09 Reggello Vallombrosa			13,200	01:14:23	00:05:38
	09-lug-09 Cortona Il Sodo		2	9,600	00:46:40	00:04:52
	19-lug-09 Canazei Dolomites Skyrace	497		20,500	03:35:36	00:10:31
	26-lug-09 Rigaiolo Ecopasseggiata dell'acqua passante			11,300	01:01:01	00:05:24
	30-lug-09 Castelnuovo Berardenga			7,000	00:35:29	00:05:04
	02-ago-09 Montalcino			10,500	00:56:10	00:05:21
	07-ago-09 Rapolano			7,500	00:40:00	00:05:20
	28-ago-09 Ponte alla Chiassa			6,550	00:32:10	00:04:55
	04-ott-09 Vallerano (VT)			5,000	00:30:00	00:06:00
	18-ott-09 Castelnuovo Berardenga			17,800	01:42:30	00:05:46
	15-nov-09 Ponte Felcino			10,500	00:51:17	00:04:53
	22-nov-09 Arezzo Palazzo del Pero			14,500	01:16:00	00:05:14
	29-nov-09 Lucignano Scarpinata Ecologica			13,860	01:12:20	00:05:13
	08-dic-09 Petriolo			9,000	00:44:10	00:04:54
	13-dic-09 Arezzo Ecopasseggiata degli etruschi			15,130	01:15:02	00:04:58
	26-dic-09 Pienza Ecomezzamaratona della Val d'Orcia			21,800	01:56:18	00:05:20
	27-dic-09 Prato - La Briglia			13,950	01:20:40	00:05:47
	06-apr-08 Siena Vicicittà			12,000	01:07:22	00:05:37
	20-apr-08 Arezzo Saracino			12,000	01:01:16	00:05:06
	01-mag-08 Settignano (FI)			12,300	01:08:30	00:05:34
	11-mag-08 Perugia Grifonissima			11,900	00:55:36	00:04:40
	16-mag-08 Le Macchie	8	8	1,608	00:05:55	00:03:41

2008

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	25-mag-08 Arezzo Scalata al Castello			13,500	01:03:00	00:04:40
	02-giu-08 Sport & Amicizia			9,000	00:55:00	00:06:07
	08-giu-08 San Miniato Pesticcica			19,000	01:50:00	00:05:47
	22-giu-08 Papiano Stia			13,000	01:12:10	00:05:33
	23-giu-08 Chianciano			6,550		
	27-giu-08 Tegoletto			7,500	00:32:00	00:04:16
	29-giu-08 Castel Rigone PG			6,800		
	03-lug-08 Arezzo Notturna			8,000		
	06-lug-08 Bolognana (LU)			20,000	01:45:00	00:05:15
	13-lug-08 Reggello Vallombrosa			13,200	01:13:40	00:05:35
	20-lug-08 Ab.S.Salvadore Vetta Amiata		15	13,300	01:20:40	00:06:04
	24-lug-08 Castelnuovo Berardenga			7,000	00:29:00	00:04:09
	27-lug-08 Rigaiolo Ecopasseggiata dell'acqua passante			11,300	01:02:00	00:05:29
	02-ago-08 Montalcino	81		11,000	00:50:00	00:04:33
	07-ago-08 Belluno Dolomiti Park Road 4° Tappa	104	8	13,400	01:09:57	00:05:13
	07-ago-08 Belluno Dolomiti Park Road 3° Tappa	74	6	8,500	00:42:41	00:05:01
	07-ago-08 Belluno Dolomiti Park Road 1° Tappa	89	3	6,000	00:39:54	00:06:39
	08-ago-08 Belluno Dolomiti Park Road 2° Tappa	53	4	9,300	00:53:21	00:05:44
	13-ago-08 Contignano			6,800	00:32:00	00:04:42
	13-ago-08 Contignano			6,800	00:32:45	00:04:49
	24-ago-08 Montepulciano La Nobile			10,800	00:57:00	00:05:17
	05-set-08 Rapolano Terme			8,410	00:35:00	00:04:10
	14-set-08 Sesto 3 Cime di Lavaredo			12,000	01:12:00	00:06:00
	17-set-08 Asciano			9,000	00:41:00	00:04:33
	20-set-08 Incisa Salita al Castello			13,500	01:09:00	00:05:07
	26-set-08 Chianti Rufina 1	59	11	5,800	00:25:48	00:04:27
	27-set-08 Chianti Rufina 2			1,900	00:10:38	00:05:36
	28-set-08 Chianti Rufina 3			10,200	00:56:01	00:05:30
	05-ott-08 Anguillara Roma No Limits		20	25,000	03:30:00	00:08:24
	26-ott-08 Arezzo Maratonina			21,098	02:05:55	00:05:58
	02-nov-08 Pontassieve (FI)		14	13,450	01:12:17	00:05:22
	09-nov-08 Siena Il Ceppo			11,200	00:51:16	00:04:35
	16-nov-08 Ponte Felcino			10,500	00:54:22	00:05:11
	23-nov-08 Promano		20	13,600	01:08:11	00:05:01
	30-nov-08 Lucignano Scarpinata Ecologica			16,500	01:25:00	00:05:09
	08-dic-08 Petriolo			9,300	00:43:00	00:04:37

2007

	07-gen-07 S.Michele alle Torri Scandicci (FI)		21	11,600	00:51:44	00:04:28
	14-gen-07 Siena corsa a coppie con Paolo	60		11,400	00:52:20	00:04:35
	21-gen-07 Arezzo Su e giù per la Torre di Gnicche			12,700	00:58:30	00:04:36
	28-gen-07 Firenze Nave di Rovezzano			14,400	01:14:00	00:05:08
	18-feb-07 Porcari (LU)			25,000	02:50:00	00:06:48
	25-feb-07 Roma - Ostia			21,098	01:43:20	00:04:54
	04-mar-07 Ugnano (FI)		24	15,000	01:08:26	00:04:34
	11-mar-07 Siena Il Ceppo corsa Handicap	34		11,000	00:48:19	00:04:24
	18-mar-07 Pontassieve (FI)		22	16,500	01:16:33	00:04:38
	25-mar-07 Siena Scarpinata di Primavera	112		15,700	01:16:16	00:04:51
	01-apr-07 Siena M.P.S.	112		15,000	01:11:11	00:04:45
	15-apr-07 Siena Vicinà			12,000	00:54:00	00:04:30

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	22-apr-07 Arezzo Saracino			13,400	01:00:30	00:04:31
	29-apr-07 Marlia (LU)			24,000	02:28:03	00:06:10
	01-mag-07 Settignano (FI)			12,300	01:05:20	00:05:19
	06-mag-07 Siena Ravacciano			12,000	00:56:22	00:04:42
	13-mag-07 Lucignano d'Arbia			11,800	00:58:30	00:04:57
	20-mag-07 Strarimini			21,098	01:52:20	00:05:19
	10-giu-07 San Miniato Pesticcità			20,000	02:40:00	00:08:00
	24-giu-07 Castel Rigone PG			8,000	00:42:34	00:05:19
	27-giu-07 Sinalunga			5,000	00:23:32	00:04:42
	12-lug-07 Tavarnelle Cortona			9,500	00:49:30	00:05:13
	22-lug-07 Ab.S.Salvadore Vetta Amiata			13,300	01:24:30	00:06:21
	29-lug-07 Rigaiolo Ecopasseggiata dell'acqua passante			11,300	01:05:00	00:05:45
	04-ago-07 Montalcino			10,000	00:48:02	00:04:48
	07-ott-07 Poggibonsi di Castello in Castello			5,000	00:30:00	00:06:00
	04-nov-07 Chiusi			15,000	01:19:48	00:05:19
	11-nov-07 Siena Il Ceppo			10,000	00:58:00	00:05:48
	19-feb-06 Porcari (LU)			25,000	02:57:00	00:07:05
	19-mar-06 Pontassieve (FI)		26	16,500	01:24:00	00:05:05
	26-mar-06 Siena Scarpinata di Primavera	132		15,700	01:20:02	00:05:06
	02-apr-06 Russi (Ravenna)			10,000	00:52:00	00:05:12
	09-apr-06 Tavarnelle val di Pesa			21,098	01:53:43	00:05:23
	23-apr-06 Arezzo Saracino		40	13,400	01:01:35	00:04:36
	07-mag-06 Ravacciano nuovo percorso			12,000	00:55:40	00:04:38
	14-mag-06 Leccio Reggello			16,700	01:24:28	00:05:03
	21-mag-06 Antraccoli (LU)			18,000	01:32:00	00:05:07
	28-mag-06 Arezzo			13,150	00:56:00	00:04:16
	02-giu-06 Sport & Amicizia			22,800	01:54:00	00:05:00
	09-giu-06 Castellina Scalo			6,500	00:27:30	00:04:14
	11-giu-06 San Miniato Pesticciata			18,000	02:00:00	00:06:40
	18-giu-06 Acquerino (PT)			22,000	02:05:00	00:05:41
	21-giu-06 Sinalunga		5	5,000	00:22:20	00:04:28
	23-giu-06 Volterra Staffetta		3	1,800	00:06:40	00:03:42
	30-giu-06 Levanella			6,800	00:27:20	00:04:01
	09-lug-06 Castel Rigone PG		3	6,800	00:33:34	00:04:56
	23-lug-06 Chitignano		9	11,000	00:55:20	00:05:02
	27-lug-06 Castelnuovo Berardenga			7,000	00:30:20	00:04:20
	30-lug-06 Rigaiolo Ecopasseggiata dell'acqua passante			11,300	01:07:00	00:05:56
	05-ago-06 Montalcino			10,800	00:49:42	00:04:36
	11-ago-06 Tuoro (PG) Corsa di Annibale		15	4,800	00:22:21	00:04:39
	18-ago-06 Contignano			6,800	00:32:25	00:04:46
	22-ago-06 Siena Festa dell'Unità		47	8,500	00:36:00	00:04:14
	24-ago-06 Casetta Staffetta 3x 2000			2,000	00:07:44	00:03:52
	27-ago-06 Radda in Chianti		11	7,500	00:32:00	00:04:16
	01-set-06 Rapolano	188		8,500	00:38:29	00:04:32
	03-set-06 Montevarchi			13,200	01:00:30	00:04:35
	09-set-06 Subbiano			10,500	00:46:20	00:04:25
	17-set-06 Grosseto			12,000	01:02:20	00:05:12
	15-ott-06 Rapolano			21,098	01:50:00	00:05:13

2006

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	21-ott-06 Poggibonsi di Castello in Castello	66		16,000	01:12:06	00:04:30
	29-ott-06 Arezzo Maratonina			21,098	01:39:34	00:04:43
	05-nov-06 Chiusi			12,800	00:58:54	00:04:36
	12-nov-06 Siena Il Ceppo			10,000	00:44:50	00:04:29
	19-nov-06 Promano Città di Castello		13	12,900	00:58:30	00:04:32
	08-dic-06 Petriolo			9,300	00:41:01	00:04:25
	10-dic-06 Cortona			8,600	00:39:56	00:04:39
	17-dic-06 Firenze Fiesole			16,700	01:26:40	00:05:11

2005

	02-gen-05 S.Michele alle Torri Scandicci (FI)			11,600	00:52:56	00:04:34
	11-gen-05 Siena corsa a coppie con Fabio	59		11,400	00:51:49	00:04:33
	16-gen-05 Rapolano Campestre			15,600	01:13:20	00:04:42
	23-gen-05 Firenze Nave di Rovezzano			14,400	01:15:00	00:05:13
	06-feb-05 Grosseto Scansano	50		26,500	02:16:31	00:05:09
	13-feb-05 Maiano (FI)	74		13,500	01:06:25	00:04:55
	20-feb-05 Porcari (LU)			25,000	02:16:00	00:05:26
	27-feb-05 Ugnano (FI)			15,000	01:04:42	00:04:19
	13-mar-05 Strasimeno	33		32,100	02:35:39	00:04:51
	20-mar-05 Siena Scarpinata di Primavera	96		15,700	01:13:45	00:04:42
	10-apr-05 Siena Vicinittà			12,000	00:51:52	00:04:19
	17-apr-05 Londra	13835	3515	42,195	04:13:13	00:06:00
	24-apr-05 Oste di Montemurlo (PO)	37		21,098	01:32:46	00:04:24
	29-apr-05 Sinalunga Notturna	14		7,500	00:30:08	00:04:01
	01-mag-05 Reggello Loro Ciuffena			22,000	01:38:10	00:04:28
	08-mag-05 Lucignano d'Arbia			11,800	00:51:15	00:04:21
	15-mag-05 Casciano di Murlo		41	13,250	01:01:30	00:04:38
	29-mag-05 Arezzo Scalata al Castello			13,150	00:53:35	00:04:04
	02-giu-05 Sport & Amicizia			22,800	01:53:41	00:04:59
	05-giu-05 Siena Ravacciano			11,700	00:53:50	00:04:36
	12-giu-05 Extreme Marathon No Limits			42,195	05:15:00	00:07:28
	17-giu-05 Castellina Scalo			6,500	00:33:00	00:05:05
	19-giu-05 Acquerino (PT)			22,000	02:06:00	00:05:44
	22-giu-05 Sinalunga			5,000	00:20:55	00:04:11
	25-giu-05 Volterra Staffetta		7	1,800	00:06:16	00:03:29
	24-lug-05 Ab.S.Salvadore Vetta Amiata			13,300	01:15:12	00:05:39
	28-lug-05 Castelnuovo Berardenga			7,000	00:27:42	00:03:57
	06-ago-05 Montalcino			10,800	00:45:54	00:04:15
	25-ago-05 Contignano			6,000	00:26:00	00:04:20
	02-set-05 Rapolano			8,500	00:45:00	00:05:18
	10-set-05 Staffetta Rapolano Perugia			5,400	00:40:00	00:07:24
	18-set-05 Ravenna Maratona			26,000	02:10:00	00:05:00
	02-ott-05 Montalto di Castro			21,098	01:42:20	00:04:51

2004

	04-gen-04 Ciaspolada Romeno Fondo	221	199	6,850	00:42:37	00:06:13
	11-gen-04 Siena corsa a coppie con Davide	61		11,400	00:51:02	00:04:29
	18-gen-04 Rapolano Campestre			15,600	01:16:02	00:04:52
	25-gen-04 Monteaperti Campestre			14,200	01:06:30	00:04:41
	08-feb-04 Maiano (FI)	88		13,500	01:08:00	00:05:02
	22-feb-04 Porcari (LU)			25,000	02:20:00	00:05:36

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	07-mar-04 Vorno (LU)			12,000	01:08:00	00:05:40
	14-mar-04 Siena Il Ceppo corsa Handicap	40		11,000	00:46:58	00:04:16
	21-mar-04 Siena Scarpinata di Primavera	103		15,700	01:17:55	00:04:58
	28-mar-04 Siena FF.SS			9,000	00:40:31	00:04:30
	01-apr-04 Russi Maratona del Lamone	233		42,195	03:57:37	00:05:38
	18-apr-04 Siena Vicicittà			12,000	00:55:50	00:04:39
	25-apr-04 Arezzo Saracino	144		11,200	00:51:20	00:04:35
	02-mag-04 Siena Ravacciano	101		11,700	00:53:51	00:04:36
	16-mag-04 Casciano di Murlo	60	43	13,250	01:02:40	00:04:44
	23-mag-04 Bellavista			12,000	00:58:05	00:04:50
	30-mag-04 Arezzo Scalata al Castello	125		14,300	01:07:35	00:04:44
	02-giu-04 Sport & Amicizia			22,800	01:57:00	00:05:08
	23-giu-04 Sinalunga		14	5,000	00:21:16	00:04:15
	11-lug-04 Reggello Vallombrosa			13,200	01:12:11	00:05:28
	18-lug-04 Ab.S.Salvadore Vetta Amiata	118		13,300	01:19:09	00:05:57
	29-lug-04 Castelnuovo Berardenga			7,000	00:30:18	00:04:20
	19-ago-04 Siena			7,000	00:31:20	00:04:29
	22-ago-04 Saltino Vallombrosa			11,000	00:56:25	00:05:08
	27-ago-04 Casetta Staffetta nuovo percorso	9	3	2,000	00:07:27	00:03:44
	03-set-04 Rapolano Terme	79		8,410	00:35:23	00:04:12
	12-set-04 Asciano			5,000	00:25:00	00:05:00
	19-set-04 Limite sull'Arno (FI)			7,000	00:38:00	00:05:26
	24-ott-04 Rapolano			21,098	01:57:18	00:05:34
	14-nov-04 Peccioli (PI)			12,000	01:01:00	00:05:05
	28-nov-04 Fornacette (PI)			15,000	01:21:00	00:05:24
	08-dic-04 Petriolo			8,000	00:34:19	00:04:17
	12-dic-04 Bastia Umbra Invernalissima			21,098	01:37:14	00:04:37
	19-dic-04 Firenze Fiesole			18,500	01:27:30	00:04:44
	05-gen-03 Ciaspolada Romeno Fondo -Senza Ciaspole-	233	215	8,800	00:37:13	00:04:14
	12-gen-03 Siena corsa a coppie con Simone	49		11,400	00:51:02	00:04:29
	19-gen-03 Pisa			23,000	02:40:00	00:06:57
	02-feb-03 Arezzo Campestre Parco Giotto	30		4,500	00:17:13	00:03:50
	16-feb-03 Porcari (LU)			25,000	02:20:00	00:05:36
	16-mar-03 Siena Il Ceppo corsa Handicap	62		11,000	00:51:20	00:04:40
	23-mar-03 Siena Scarpinata di Primavera	109		15,700	01:16:30	00:04:52
	06-apr-03 Siena Vicicittà			12,000	00:49:42	00:04:08
	13-apr-03 Siena M.P.S.	91		15,000	01:09:45	00:04:39
	27-apr-03 Arezzo Saracino	107		11,200	00:44:45	00:04:00
	01-mag-03 Settignano (FI)			12,300	01:06:00	00:05:22
	04-mag-03 Siena Ravacciano			11,700	00:54:50	00:04:41
	11-mag-03 Collelongo (AQ) Maratona dei Marsi			42,195	05:01:28	00:07:09
	25-mag-03 Arezzo Scalata al Castello	93		21,098	01:28:54	00:04:13
	02-giu-03 Sport & Amicizia			22,800	01:50:30	00:04:51
	15-giu-03 Chitignano	16		14,500	01:06:30	00:04:35
	20-giu-03 Castellina Scalo			6,500	00:24:17	00:03:44
	06-lug-03 Bolognana (LU)			20,000	01:30:00	00:04:30
	11-lug-03 Rapolano Unità	13		7,000	00:26:49	00:03:50
	13-lug-03 Reggello Vallombrosa	117	93	13,200	01:04:35	00:04:54

2003

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	20-lug-03 Ab.S.Salvadore Vetta Amiata	92		13,300	01:12:13	00:05:26
	24-lug-03 Castelnuovo Berardenga	23		7,000	00:27:13	00:03:53
	09-ago-03 Montalcino			10,800	00:43:36	00:04:02
	17-ago-03 Saltino Vallombrosa			11,000	00:52:39	00:04:47
	20-ago-03 Siena			11,000	00:51:20	00:04:40
	05-set-03 Rapolano Terme	285		8,410	00:47:00	00:05:35
	06-set-03 Arezzo C.Reg. Pista m 1500	5	3	1,500	00:05:05	00:03:23
	07-set-03 Arezzo C.Reg. Pista m 800		3	0,800	00:02:25	00:03:01
	14-set-03 Asciano	54		12,000	00:59:00	00:04:55
	21-set-03 Firenze Le Torri			13,000	01:01:00	00:04:42
	05-ott-03 Montalto di Castro			21,098	01:36:54	00:04:36
	01-nov-03 Arezzo Maratonina			21,098	01:33:47	00:04:27
	02-nov-03 Chiusi			12,800	01:01:00	00:04:46
	09-nov-03 Perugia			9,500	00:44:04	00:04:38
	16-nov-03 Ponte Felcino			22,300	01:41:32	00:04:33
	28-dic-03 S.Michele alle Torri Scandicci (FI)			11,600	00:53:00	00:04:34
	13-gen-02 Siena Corsa a Coppie (Percorso Ridotto per Ge	84		9,000	00:43:00	00:04:47
	20-gen-02 Rapolano Terme Campestre			11,000	00:53:30	00:04:52
	27-gen-02 Monteaperti Campestre			14,200	01:08:12	00:04:48
	17-feb-02 Porcari (LU)			10,000	01:00:00	00:06:00
	10-mar-02 Solomeo (PG)	89		12,800	00:56:53	00:04:27
	17-mar-02 Siena Il Ceppo corsa Handicap	77		11,000	00:51:51	00:04:43
	24-mar-02 Siena Scarpinata di Primavera	119		15,700	01:16:52	00:04:54
	07-apr-02 Russi (Ravenna)			10,000	00:50:00	00:05:00
	14-apr-02 Siena Vicicittà			12,000	00:56:02	00:04:40
	21-apr-02 Arezzo Saracino	147		11,200	00:47:33	00:04:15
	28-apr-02 Sport & Amicizia			22,800	01:54:30	00:05:01
	01-mag-02 Settignano (FI)			12,300	01:07:33	00:05:30
	05-mag-02 Siena Ravacciano			11,700	00:56:30	00:04:50
	12-mag-02 Lucignano d'Arbia			11,800	00:51:23	00:04:21
	19-mag-02 Antraccoli (LU)			18,000	01:35:00	00:05:17
	26-mag-02 Bellavista			12,000	00:56:49	00:04:44
	09-giu-02 S.Michele a Moriano (LU)			16,000	01:13:00	00:04:34
	07-lug-02 Bolognana (LU)			20,000	01:48:00	00:05:24
	21-lug-02 Ab.S.Salvadore Vetta Amiata	123		13,300	01:18:34	00:05:54
	25-lug-02 Castelnuovo Berardenga			7,000	00:28:30	00:04:04
	10-ago-02 Montalcino			10,800	00:45:50	00:04:15
	11-ago-02 Ponte alla Venturina (BO)	125		10,800	00:50:50	00:04:42
	18-ago-02 Saltino Vallombrosa			11,000	00:59:20	00:05:24
	22-ago-02 Casetta Staffetta	6		2,300	00:07:55	00:03:27
	25-ago-02 Casetta	73		11,600	00:53:07	00:04:35
	31-ago-02 Castel del Piano (PG) Staffetta Lo Conte, Franci	5	2	1,200	00:03:56	00:03:17
	06-set-02 Rapolano Terme	76		8,410	00:33:01	00:03:56
	08-set-02 Asciano	41		12,000	00:59:00	00:04:55
	14-set-02 Arezzo C.Reg. Pista m 1500	3	2	1,500	00:04:46	00:03:11
	15-set-02 Arezzo C.Reg. Pista m 800		1	0,800	00:02:36	00:03:15
	22-set-02 Firenze Le Torri			13,000	01:06:03	00:05:05
	06-ott-02 Castelfranco di Sotto (PI)			19,000	01:33:00	00:04:54

2002

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	20-ott-02 Siena Maratonina	95		21,098	01:32:49	00:04:24
	03-nov-02 Chiusi			12,800	00:59:00	00:04:37
	10-nov-02 Cenaia (PI)			13,000	01:06:00	00:05:05
	17-nov-02 Ponte Felcino			22,300	01:39:30	00:04:28
	08-dic-02 Petriolo	6		7,500	00:31:52	00:04:15
	22-dic-02 Firenze Fiesole			15,400	01:04:10	00:04:10
	29-dic-02 S.Michele alle Torri Scandicci (FI)		63	11,600	00:49:09	00:04:14
	07-gen-01 Siena Corsa a coppie con Rocchi			11,400	00:54:00	00:04:44
	18-feb-01 Porcari (LU)			7,000	00:40:00	00:05:43
	25-feb-01 Ugnano (FI)			15,000	01:14:22	00:04:57
	04-mar-01 Stecco			16,000	01:21:18	00:05:05
	11-mar-01 Solomeo (PG)	102		13,000	01:00:48	00:04:41
	18-mar-01 Siena Il Ceppo corsa Handicap	78		11,000	00:50:26	00:04:35
	25-mar-01 Siena Scarpinata di Primavera	110		15,700	01:19:09	00:05:02
	01-apr-01 Siena Vicinittà			12,000	00:55:22	00:04:37
	22-apr-01 Arezzo Saracino	200		11,200	00:49:29	00:04:25
	01-mag-01 Settignano (FI)			12,300	01:07:18	00:05:28
	06-mag-01 Siena Ravacciano			11,700	00:59:24	00:05:05
	13-mag-01 Ponte Valleceppi			9,500	00:39:30	00:04:09
	20-mag-01 Antraccoli (LU)			18,500	01:56:00	00:06:16
	27-mag-01 Arezzo Scalata al Castello	315		12,800	01:00:51	00:04:45
	01-giu-01 Monteroni	39		9,500	00:41:30	00:04:22
	03-giu-01 Lucignano d'Arbia	65		11,800	00:55:13	00:04:41
	10-giu-01 S.Michele a Moriano (LU)			16,000	01:42:00	00:06:22
	15-giu-01 Castellina Scalo			6,500	00:32:00	00:04:55
	22-giu-01 Tegoletto			8,000	00:38:00	00:04:45
	15-lug-01 Ab.S.Salvadore Vetta Amiata	195		13,300	01:25:18	00:06:25
	21-lug-01 Chianciano	25		6,550	00:31:23	00:04:47
	26-lug-01 Castelnuovo Berardenga			7,000	00:31:26	00:04:29
	02-ago-01 Policiano			8,670	00:42:23	00:04:53
	02-ago-01 Policiano			7,500	00:32:58	00:04:24
	19-ago-01 Saltino Vallombrosa			11,000	01:00:00	00:05:27
	24-ago-01 Siena			10,000	00:46:51	00:04:41
	02-set-01 Asciano	60		12,000	00:59:33	00:04:58
	07-set-01 Rapolano Terme	146		8,410	00:35:56	00:04:16
	16-set-01 Siena Colonna San Marco			15,400	01:14:05	00:04:49
	23-set-01 Firenze Le Torri			13,000	01:04:05	00:04:56
	28-ott-01 Passeggiata alla Fiera Bis			12,450	01:02:45	00:05:02
	04-nov-01 Castiglione del Lago			12,100	00:55:44	00:04:36
	11-nov-01 Cenaia (PI)			12,000	00:58:00	00:04:50
	08-dic-01 Petriolo			7,500	00:35:30	00:04:44
	09-dic-01 Arezzo Telethon			6,500	00:26:39	00:04:06
	16-dic-01 Bastia Umbra Invernalissima	151		21,098	01:39:45	00:04:44
	09-gen-00 Siena Corsa a Coppie	70		11,400	00:56:00	00:04:55
	30-gen-00 Firenze Nave di Rovezzano			14,400	01:15:00	00:05:13
	06-feb-00 Buonconvento			12,000	00:55:50	00:04:39
	13-feb-00 Ellera (FI)			15,000	01:12:00	00:04:48

2001

2000

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	27-feb-00 Ugnano (FI)	80		15,000	01:06:00	00:04:24
	12-mar-00 Pontassieve (FI)	51		16,500	01:20:00	00:04:51
	19-mar-00 Roma - Ostia			16,000	01:12:00	00:04:30
	26-mar-00 Siena Scarpinata di Primavera	85		15,700	01:16:28	00:04:52
	02-apr-00 Siena Il Ceppo corsa Handicap	77		11,000	00:49:05	00:04:28
	09-apr-00 Siena Vivicit�			12,000	00:52:28	00:04:22
	01-mag-00 Settignano (FI)			12,300	01:03:05	00:05:08
	14-mag-00 Monteroni			14,000	01:07:25	00:04:49
	21-mag-00 Antraccoli (LU)			15,000	01:12:00	00:04:48
	28-mag-00 Arezzo Scalata al Castello	348		12,800	00:55:52	00:04:22
	04-giu-00 Siena Paracadutisti			10,000		
	09-giu-00 Monteroni			9,500		
	11-giu-00 Arezzo Saracino			11,200		
	16-giu-00 Castellina Scalo			6,500		
	24-giu-00 Chianciano			6,550		
	27-giu-00 Sinalunga			5,000		
	27-lug-00 Castelnuovo Berardenga			7,000		
	03-set-00 Montevarchi			13,200	01:07:00	00:05:05
	07-set-00 Rapolano Terme			8,410	00:37:14	00:04:26
	10-set-00 Asciano			12,000	00:59:00	00:04:55
	17-set-00 Siena Colonna San Marco			15,400	01:21:25	00:05:17
	01-ott-00 Selci Lama	230		13,300	00:59:20	00:04:28
	15-ott-00 Castellina Scalo			12,500	01:01:20	00:04:54
	29-ott-00 Siena M.P.S.	100		15,000	01:15:00	00:05:00
	05-nov-00 Chiusi			12,250	00:57:34	00:04:42
	12-nov-00 Cenaia (PI)			12,000	01:00:00	00:05:00
	19-nov-00 Ponte Felcino			21,098	01:57:16	00:05:33
	26-nov-00 Pian di Sc�			13,000	01:02:10	00:04:47
	08-dic-00 Petriolo			7,500	00:37:00	00:04:56
	10-dic-00 Bastia Umbra Invernalissima			21,098	01:41:28	00:04:49
	17-dic-00 Firenze Fiesole			15,400	01:10:16	00:04:34
	03-gen-99 S.Giovanni Valdarno			13,400	00:53:55	00:04:01
	21-feb-99 Porcari (LU)			20,000	01:41:00	00:05:03
	28-feb-99 Ugnano (FI)			15,000	01:14:00	00:04:56
	14-mar-99 Siena Libertas	74		11,000	00:49:20	00:04:29
	21-mar-99 Siena Scarpinata di Primavera	102		16,300	01:07:00	00:04:07
	11-apr-99 Siena Vivicit�			12,000	00:54:22	00:04:32
	18-apr-99 Arezzo Saracino			11,200	00:46:17	00:04:08
	09-mag-99 Monteroni			13,500	01:02:42	00:04:39
	16-mag-99 Antraccoli (LU)			16,000	01:21:00	00:05:04
	23-mag-99 Bellavista			12,000	00:55:43	00:04:39
	05-giu-99 Castelnuovo Berardenga Scalo			11,000	00:56:00	00:05:05
	13-giu-99 S.Michele a Moriano (LU)			16,000	01:22:00	00:05:08
	18-giu-99 Castellina Scalo			6,500	00:30:02	00:04:37
	23-giu-99 Sinalunga			5,000	00:18:35	00:03:43
	01-lug-99 Monsigliolo			10,000	00:42:30	00:04:15
	20-ago-99 Siena			10,000	00:43:30	00:04:21
	22-ago-99 Saltino Vallombrosa			11,000	00:55:49	00:05:04

1999

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	26-ago-99 Casetta Staffetta	5		2,300	00:08:30	00:03:42
	29-ago-99 Corniola Empoli			14,000	01:09:00	00:04:56
	03-set-99 Rapolano Terme			8,410	00:35:15	00:04:11
	05-set-99 Asciano	26		12,000	00:52:03	00:04:20
	09-set-99 Siena S.Agostino			6,000	00:24:00	00:04:00
	12-set-99 Ponte San Giovanni (PG)			12,300	00:53:04	00:04:19
	17-set-99 Montagnano			6,000	00:24:00	00:04:00
	19-set-99 Cascine del Riccio			16,500	01:15:00	00:04:33
	26-set-99 Firenze Le Torri			13,000	00:56:19	00:04:20
	03-ott-99 Selci Lama	160		13,300	00:56:58	00:04:17
	17-ott-99 Policiano			21,098	01:35:30	00:04:32
	24-ott-99 Siena Maratonina	86		21,098	01:39:17	00:04:42
	07-nov-99 Chiusi	44		12,250	00:51:55	00:04:14
	14-nov-99 Cenaia (PI)			18,000	01:30:00	00:05:00
	21-nov-99 Agazzi (AR)			9,000	00:38:13	00:04:15
	28-nov-99 Pian di Scò			13,000	00:58:00	00:04:28
	08-dic-99 Petriolo			7,300	00:36:10	00:04:57
	12-dic-99 Bastia Umbra	50		13,500	01:03:20	00:04:41
	04-gen-98 Ciaspolada Passo Mendola	132	123	5,250	00:30:21	00:05:47
	18-gen-98 Lucca Campionato regionale Campestre			6,500	00:24:47	00:03:49
	01-mar-98 Roma - Ostia			21,098	01:37:32	00:04:37
	15-mar-98 Capanne (PG)			9,500	00:41:00	00:04:19
	22-mar-98 Siena Scarpinata di Primavera	98		16,300	01:17:03	00:04:44
	29-mar-98 Siena il Ceppo Corsa Handicap	87		11,000	00:52:00	00:04:44
	05-apr-98 Siena Vivcittà			12,000	00:52:13	00:04:21
	19-apr-98 Arezzo Saracino			10,650	00:43:39	00:04:06
	03-mag-98 Siena Ravacciano			11,700	00:55:19	00:04:44
	10-mag-98 Monteroni			13,500	01:11:40	00:05:19
	16-mag-98 Siena ora su pista			14,180	01:00:00	00:04:14
	17-mag-98 Casciano di Murlo	43		13,250	01:07:00	00:05:03
	23-mag-98 Bellavista			12,000	01:07:00	00:05:35
	23-mag-98 Siena Pista	1		0,800	00:02:21	00:02:56
	06-giu-98 Volterra Staffetta	5		1,800	00:06:11	00:03:26
	12-giu-98 Siena Acqua Calda			8,800	00:38:00	00:04:19
	14-giu-98 Siena Cerchiaia			12,500	01:03:00	00:05:02
	22-giu-98 Chianciano	18	2	6,550	00:26:43	00:04:05
	24-giu-98 Sinalunga	6	6	5,000	00:19:17	00:03:51
	26-giu-98 Tegoletto	50		7,500	00:30:28	00:04:04
	02-lug-98 Monsigliolo	56		7,400	00:28:50	00:03:54
	05-lug-98 Ab.S.Salvadore Vetta Amiata			13,300	01:16:25	00:05:45
	19-lug-98 Badesse (SI)	79		11,000	01:03:00	00:05:44
	27-ago-98 Casetta Staffetta	3	1	2,300	00:07:57	00:03:27
	30-ago-98 Sieci (FI)			9,000	01:00:00	00:06:40
	04-set-98 Rapolano Terme	54		8,410	00:36:15	00:04:19
	12-set-98 Loro Ciuffena	53		8,400	00:35:06	00:04:11
	18-set-98 Montagnano	51		6,100	00:23:02	00:03:47
	20-set-98 Bastia Umbra Falaschi	9		7,200	00:29:03	00:04:02
	26-set-98 Ponticino	72		9,500	00:41:34	00:04:23

1998

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	27-set-98 Trevinano	1		22,000	02:20:00	00:06:22
	04-ott-98 Castellina Scalo			12,500	00:56:46	00:04:32
	18-ott-98 Siena Maratonina			21,098	01:48:00	00:05:07
	24-ott-98 Passeggiata alla Fiera Bis	7		12,450	00:59:40	00:04:48
	08-nov-98 Chiusi			12,300	00:52:30	00:04:16
	15-nov-98 Agazzi (AR)			10,000	00:42:39	00:04:16
	06-dic-98 Siena COOP			9,600	00:42:25	00:04:25
	08-dic-98 Petriolo			7,500	00:32:00	00:04:16
	13-dic-98 Bastia Umbra Invernalissima	75		21,098	01:34:52	00:04:30
	20-dic-98 Firenze Fiesole	55		15,400	01:05:22	00:04:15
	05-gen-97 Ciaspolada Fondo	160		6,500	00:35:30	00:05:28
	12-gen-97 Siena corsa a coppie con Perinti	34		11,400	00:49:54	00:04:23
	26-gen-97 Nepi Maratonina dei tre comuni	116		23,000	01:43:24	00:04:30
	02-feb-97 Quercegrossa			11,200	00:47:30	00:04:14
	23-feb-97 Roma - Ostia			21,098	01:32:59	00:04:24
	02-mar-97 Ugnano (FI)	30		15,000	01:06:45	00:04:27
	09-mar-97 Solomeo (PG)	79		12,600	00:53:26	00:04:14
	16-mar-97 Romola (FI)			14,500	01:07:32	00:04:39
	23-mar-97 Siena Scarpinata di Primavera	54		16,300	01:12:09	00:04:26
	13-apr-97 StraRiccione	70		10,100	00:40:15	00:03:59
	20-apr-97 Arezzo Saracino	105		10,650	00:40:48	00:03:50
	04-mag-97 Siena Ravacciano			11,700	00:49:06	00:04:12
	11-mag-97 Ancona			10,000	00:42:00	00:04:12
	18-mag-97 Casciano di Murlo	43		13,250	00:57:40	00:04:21
	25-mag-97 Bellavista	29		12,000	00:53:35	00:04:28
	06-giu-97 Castellina Scalo	24		5,200	00:19:16	00:03:42
	07-giu-97 Volterra Staffetta	1		1,800	00:05:49	00:03:14
	17-giu-97 Castelnuovo Berardenga	20		7,000	00:26:32	00:03:47
	23-giu-97 Chianciano	16		6,550	00:25:55	00:03:57
	06-lug-97 Montecchio S. Egidio		10	10,000	01:05:04	00:06:30
	11-lug-97 Pozzo Staffetta con Pellegrini Grilli e Rocchi	3	3	0,850	00:02:28	00:02:54
	24-lug-97 Policiano	51		7,800	00:31:02	00:03:59
	26-lug-97 Policiano Biatlon km 3+15+3	15		21,000	00:54:50	00:02:37
	14-ago-97 Masarè giro del lago di Alleghe	40		6,000	00:23:06	00:03:51
	17-ago-97 Falcade	15		9,000	00:42:38	00:04:44
	24-ago-97 Baruffi (FI)	2		12,000	01:03:00	00:05:15
	03-set-97 Casetta Staffetta	5	2	2,300	00:07:40	00:03:20
	05-set-97 Rapolano Terme (Nuovo Percorso)	33		9,500	00:36:37	00:03:51
	07-set-97 Ponte San Giovanni		46	21,098	01:35:36	00:04:32
	14-set-97 Civitella d'Arna (PG)	35	7	9,800	00:37:51	00:03:52
	19-set-97 Montagnano	50		6,100	00:22:49	00:03:44
	21-set-97 Siena Colonna San Marco	30		15,400	01:05:42	00:04:16
	27-set-97 Tegoletto	60		7,500	00:29:38	00:03:57
	27-set-97 Ponticino	53		9,500	00:39:15	00:04:08
	28-set-97 Trevinano			12,000	01:03:00	00:05:15
	05-ott-97 Dicomano	22	5	13,000	00:51:00	00:03:55
	09-nov-97 Castiglione del Lago			11,600	00:46:16	00:03:59
	16-nov-97 Agazzi (AR)	22		10,000	00:40:35	00:04:04

1997

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	14-dic-97 Bastia Umbra Invernalissima	75		21,098	01:29:02	00:04:13
	28-dic-97 Staffetta Interna	4		12,500	00:53:46	00:04:18
1996	06-gen-96 Ciaspolada Passo Mendola			4,500	00:24:40	00:05:29
	14-gen-96 Siena corsa a coppie con Pio	63		11,400	00:55:00	00:04:49
	11-feb-96 Petriolo	0	0	7,000	00:31:00	00:04:26
	11-feb-96 Petriolo			7,000	00:31:00	00:04:26
	25-feb-96 Roma - Ostia			21,098	01:29:32	00:04:15
	03-mar-96 Geggiano (SI)			13,000	00:56:40	00:04:22
	17-mar-96 Il Ceppo Siena Corsa Handicap	33		11,000	00:45:11	00:04:06
	24-mar-96 Siena Scarpinata di Primavera	78		16,300	01:12:14	00:04:26
	14-apr-96 Siena Vicittà			12,000	00:49:26	00:04:07
	25-apr-96 Foiano 24 Camm. Donatore			3,000		
	28-apr-96 Arezzo Saracino			5,000		
	12-mag-96 Monteroni	62		13,500	00:59:10	00:04:23
	09-giu-96 Siena Paracadutisti			10,000	00:48:00	00:04:48
	12-giu-96 Castellina Scalo	39		6,000	00:24:32	00:04:05
	16-giu-96 Ponte Valleceppi			10,000	00:46:20	00:04:38
	18-giu-96 Castelnuovo Berardenga	43		7,000	00:29:15	00:04:11
	22-giu-96 Chianciano			5,000	00:19:15	00:03:51
	28-giu-96 Tegoletto	70		7,500	00:32:14	00:04:18
	04-lug-96 Monsigliolo			7,400	00:29:32	00:03:59
	05-lug-96 Cesa	20		7,500	00:29:42	00:03:58
	11-lug-96 Castiglio Fibocchi Staffetta con Pellegrini Rocch	11		1,600	00:05:21	00:03:21
	14-lug-96 Reggello Vallombrosa	117		13,200	01:07:57	00:05:09
	18-lug-96 Pozzo Staffetta con Marino e altri due di Rapola	14		0,850	00:02:40	00:03:08
	28-ago-96 La Casetta Staffetta		2	2,300	00:08:10	00:03:33
	01-set-96 Ponte San Giovanni		12	12,200	00:47:57	00:03:56
	06-set-96 Rapolano Terme	54		8,410	00:33:15	00:03:57
	08-set-96 Fiesole	33		5,300	00:23:24	00:04:25
	15-set-96 Siena Colonna San Marco			15,400	01:04:53	00:04:13
	29-set-96 Selci Lama	169		13,250	00:52:00	00:03:55
	06-ott-96 Castellina Scalo	34		13,200	00:56:35	00:04:17
	20-ott-96 Siena Maratonina	68		21,098	01:34:29	00:04:29
	27-ott-96 Passeggiata alla Fiera Bis	4		12,450	00:54:31	00:04:23
	03-nov-96 Castiglione del Lago	132		11,600	00:47:28	00:04:06
	10-nov-96 Agazzi (AR)	49		10,000	00:39:23	00:03:56
	17-nov-96 Ponte Felcino			21,098	01:33:02	00:04:25
	24-nov-96 Perugia Straperugia	52		9,800	00:38:47	00:03:57
	01-dic-96 Barberino Val d'Elsa	22		12,500	00:56:03	00:04:29
	15-dic-96 Bastia Umbra Invernalissima	70		21,098	01:30:05	00:04:16
1995	08-gen-95 SIENA corsa a coppie con Pio	44		11,400	00:50:29	00:04:26
	22-gen-95 Staff.Interna	3		9,000	00:32:59	00:03:40
	29-gen-95 S.M.Angeli ASSISI			13,700	00:54:01	00:03:57
	05-mar-95 Siena Pubbl.Ass			11,000	00:47:10	00:04:17
	12-mar-95 Petriolo	16		8,200	00:32:12	00:03:56
	19-mar-95 Lornano -SI-	42		9,800	00:40:00	00:04:05
	26-mar-95 Lerici SP	5		13,000	00:53:22	00:04:06

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	02-apr-95 Montalcino V.Banfi			10,500	00:49:00	00:04:40
	09-apr-95 Siena Vivcittà			12,000	00:48:03	00:04:00
	17-apr-95 Petroio Tritticoo			10,000	00:45:40	00:04:34
	30-apr-95 Arezzo Saracino			10,500	00:42:25	00:04:02
	01-mag-95 Settignano (FI)			12,300	00:56:06	00:04:34
	07-mag-95 Montecosaro -MC-			9,800	00:42:25	00:04:20
	14-mag-95 Monteroni			14,000	00:57:13	00:04:05
	21-mag-95 Casciano di Murlo	52		13,250	00:58:20	00:04:24
	28-mag-95 Rimini Strarimini	143		21,098	01:28:45	00:04:12
	02-giu-95 Chianciano			6,550	00:27:20	00:04:10
	04-giu-95 Bologna Lippo	131		11,000	00:43:45	00:03:59
	16-giu-95 Sinalunga Palestra			6,000	00:28:00	00:04:40
	23-giu-95 Tegoletto	70		7,500	00:30:20	00:04:03
	29-giu-95 Monsigliolo	45		6,500	00:24:45	00:03:48
	02-lug-95 Montecchio S.Egidio			10,000	01:07:00	00:06:42
	07-lug-95 Cesa	30		6,300	00:23:30	00:03:44
	09-lug-95 Reggello-Vallombrosa	66		13,200	01:04:05	00:04:51
	16-lug-95 Ab.S.Salvadore Vetta Amiata	50		13,300	01:11:20	00:05:22
	03-ago-95 Policiano Staf.4x2x600	18		1,200	00:03:23	00:02:49
	14-ago-95 Moena TRENTO	57		6,300	00:26:30	00:04:12
	01-set-95 Rapolano Terme	50		8,410	00:32:25	00:03:51
	03-set-95 Ponte S.Giovanni	91		21,098	01:29:33	00:04:15
	06-set-95 La Casetta Staffetta	19	7	2,300	00:08:13	00:03:34
	10-set-95 Civitella D'Arna PG			7,800	00:31:40	00:04:04
	17-set-95 Rosia		6	13,500	00:55:07	00:04:05
	01-ott-95 GAVILLE			10,000	00:44:15	00:04:26
	15-ott-95 SIENA M.P.S.	60		15,000	01:06:40	00:04:27
	29-ott-95 Firenze Sorgane			15,000	01:13:54	00:04:56
	12-nov-95 AREZZO Agazzi			10,000	00:41:20	00:04:08
	19-nov-95 Ponte Felcino	123		21,098	01:39:28	00:04:43
	17-dic-95 Bastia Umbra			4,500	00:17:16	00:03:50
	24-dic-95 Passeggiata alla Fiera Bis			12,500	00:58:41	00:04:42
1994						
	02-gen-94 S.Giovanni Valdarno			11,000	00:41:25	00:03:46
	16-gen-94 Buonconvento	7		11,000	00:41:15	00:03:45
	23-gen-94 Ponte a Tressa Cross			10,200	00:40:30	00:03:58
	30-gen-94 Rapolano Campestre			11,500	00:44:35	00:03:53
	13-feb-94 3 Comuni Fiesole-Maiano	47		12,000	00:45:25	00:03:47
	27-feb-94 Empoli			15,000	01:01:20	00:04:05
	13-mar-94 Lornano -SI-	27		9,800	00:37:20	00:03:49
	20-mar-94 Roma - Ostia			21,098	01:24:10	00:03:59
	04-apr-94 Petriolo	9		7,900	00:30:00	00:03:48
	10-apr-94 Siena Vivcittà	61		12,000	00:45:40	00:03:48
	17-apr-94 Montalcino V.Banfi	18		10,500	00:43:30	00:04:09
	24-apr-94 Arezzo Saracino	152		10,500	00:43:20	00:04:08
	25-apr-94 Foiano 22 Camm. Donatore	42		13,500	00:51:30	00:03:49
	15-mag-94 Casciano di Murlo	21	4	13,250	00:53:25	00:04:02
	05-giu-94 Bologna Lippo	94		11,300	00:43:13	00:03:49
	19-giu-94 S.Michele a Moriano (LU)			18,000	01:30:00	00:05:00

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	03-lug-94 Montecchio S.Egidio			10,000	01:15:00	00:07:30
	20-ago-94 Vitiano			7,500	00:30:00	00:04:00
	02-set-94 Rapolano Terme			8,410	00:33:40	00:04:00
	04-set-94 Ponte S.Giovanni			21,098	01:27:50	00:04:10
	10-set-94 Loro Ciuffena			10,000	00:36:40	00:03:40
	02-ott-94 S.Giovanni in Tuscia			8,000	00:29:30	00:03:41
	16-ott-94 Policiano			9,000	00:32:30	00:03:37
	30-ott-94 Siena Maratonina			21,098	01:27:30	00:04:09
	13-nov-94 AREZZO Agazzi			10,000	00:38:00	00:03:48
	20-nov-94 Ponte Felcino			21,098	01:28:00	00:04:10
	27-nov-94 Straperugia			9,800	00:39:00	00:03:59
	04-dic-94 Barberino V. D'Elsa			12,500	00:50:05	00:04:00
	11-dic-94 Bastia Umbra	67		21,098	01:20:16	00:03:48
	18-dic-94 Buonconvento			12,300	00:50:11	00:04:05
	10-gen-93 SIENA Corsa a coppie		21	11,400	00:46:50	00:04:06
	17-gen-93 Asciano Campestre	20		12,000	00:48:10	00:04:01
	24-gen-93 Rapolano Campestre	12		13,500	00:52:50	00:03:55
	31-gen-93 S.M.Angeli ASSISI			13,500	00:53:40	00:03:59
	14-feb-93 Viareggio			13,000	00:52:00	00:04:00
	21-feb-93 Geggiano (SI)	16		13,000	00:52:30	00:04:02
	28-feb-93 Petriolo	9		7,900	00:29:00	00:03:40
	14-mar-93 Lornano -SI-	19		9,800	00:36:40	00:03:44
	21-mar-93 Strozacapponi(PG)	25		8,000	00:29:50	00:03:44
	04-apr-93 Siena La Chiocciola	1		9,500	00:36:00	00:03:47
	12-apr-93 Castelmuzio Staff.	3		2,150	00:07:52	00:03:40
	25-apr-93 Foiano 21 Camm. Donatore	20		13,500	00:51:30	00:03:49
	02-mag-93 Siena Vivcittà	34		12,000	00:44:35	00:03:43
	16-mag-93 Montecosaro -MC-	41		12,500	00:50:30	00:04:02
	23-mag-93 Bellavista	42		12,500	01:06:00	00:05:17
	10-giu-93 Castellina Scalo	14		6,000	00:22:20	00:03:43
	17-giu-93 SIENA Acquacalda	12		9,000	00:34:15	00:03:48
	20-giu-93 S.Michele a Moriano (LU)	18		18,000	01:25:00	00:04:43
	24-giu-93 Pieve Staffetta	4		2,750	00:09:23	00:03:25
	25-giu-93 Tegoletto	34		7,500	00:27:42	00:03:42
	02-lug-93 Monsigliolo	31		8,500	00:29:54	00:03:31
	04-lug-93 AREZZO Agazzi	32		10,000	00:41:30	00:04:09
	14-lug-93 Capanne (PG)	23	20	5,000	00:17:20	00:03:28
	03-ago-93 Policiano Staf.4x2x600	7	7	1,200	00:03:00	00:02:30
	27-ago-93 Rapolano Terme	72		8,410	00:33:02	00:03:56
	31-ago-93 La Casetta Staffetta	3	2	2,200	00:07:25	00:03:22
	05-set-93 Montevarchi	71		13,200	00:51:44	00:03:55
	10-set-93 Castelnuovo Berardenga	0	0	7,000	00:26:00	00:03:43
	18-set-93 Sansepolcro	35		6,000	00:21:45	00:03:38
	26-set-93 Trevinano			20,000	02:10:00	00:06:30
	03-ott-93 Perugia C.D.Perugina	57		12,500	00:48:12	00:03:51
	17-ott-93 Bastia Maratonina	80		21,098	01:20:50	00:03:50
	24-ott-93 Siena Biatlon km 6+9	3		6,500	00:24:00	00:03:42
	24-ott-93 Siena Biatlon km 6+9			6,000		

1993

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	31-ott-93 Siena Maratonina	86		21,098	01:32:10	00:04:22
	14-nov-93 Serre di RAPOLANO			9,300	00:40:00	00:04:18
	21-nov-93 Ponte Felcino			21,098	01:27:00	00:04:07
	12-dic-93 Bastia INVERNALISSIMA	88		15,000	00:58:10	00:03:53
	19-dic-93 Staffetta int Foiano -Sinalunga			10,500	00:40:23	00:03:51

1992

	05-gen-92 SIENA Corsa a coppie	21		11,400	00:47:02	00:04:08
	12-gen-92 Armaiolo	11		11,500	00:43:10	00:03:45
	19-gen-92 Rapolano Campestre	14		13,500	00:52:30	00:03:53
	26-gen-92 Vinci	75		16,000	01:02:20	00:03:54
	02-feb-92 Staff. Interna Foiano-Torrita			11,400	00:42:00	00:03:41
	16-feb-92 SIGNA Camp.Reg.Campestre		30	8,000	00:32:10	00:04:01
	23-feb-92 Viareggio			20,000	01:22:00	00:04:06
	01-mar-92 SIENA Cross			11,000	00:44:30	00:04:03
	08-mar-92 Petriolo	12		7,900	00:29:40	00:03:45
	15-mar-92 Lornano -SI-	27		9,800	00:37:20	00:03:49
	29-mar-92 Siena La Chiocciola			13,000	01:03:50	00:04:55
	25-apr-92 Foiano 20 Camm. Donatore	61		13,500	00:59:00	00:04:22
	26-apr-92 Arezzo Saracino	91		10,500	00:39:50	00:03:48
	03-mag-92 Montevarchi	49		13,200	01:00:30	00:04:35
	10-mag-92 Monteroni	57		14,000	00:56:10	00:04:01
	17-mag-92 Montecosaro -MC-			3,500		
	31-mag-92 Policiano	71	6	12,700	00:52:22	00:04:07
	05-giu-92 SIENA Acquacalda	25		9,000	00:37:30	00:04:10
	14-giu-92 Bologna Lippo	111		11,000	00:43:06	00:03:55
	25-giu-92 Pieve Staffetta	7		2,750	00:09:32	00:03:28
	26-giu-92 Tegoletto	35		7,500	00:28:22	00:03:47
	28-giu-92 Ruscello	35	4	10,200	00:40:50	00:04:00
	10-lug-92 Rapolano Terme	10		6,500	00:24:30	00:03:46
	12-lug-92 B.di Gavarrano C.R.	56		10,200	00:39:10	00:03:50
	24-lug-92 Civitella Staffetta	5		1,600	00:05:02	00:03:09
	06-set-92 La Casetta	37		12,000	00:46:15	00:03:51
	20-set-92 Selci Lama	70		13,250	00:50:20	00:03:48
	27-set-92 Trevinano	34		10,200	00:37:45	00:03:42
	04-ott-92 CESENA	91	82	21,300	01:22:59	00:03:54
	25-ott-92 Siena Maratonina	44		21,600	01:26:40	00:04:01
	15-nov-92 Ponte Felcino	15		21,098	01:19:00	00:03:45
	06-dic-92 Firenze Maratona			42,195	03:04:00	00:04:22
	13-dic-92 Bastia Umbra	53		14,300	00:54:17	00:03:48
	20-dic-92 Empoli	7		16,000	01:02:00	00:03:53

1991

	06-gen-91 SIENA Corsa a coppie con Fe	11		11,400	00:44:52	00:03:56
	27-gen-91 Vinci	88		16,000	01:04:00	00:04:00
	03-feb-91 Viareggio			18,000	01:20:00	00:04:27
	17-feb-91 Empoli C.R.cross		17	8,000	00:29:36	00:03:42
	24-feb-91 Staffetta Interna Torr.Sinal.		3	11,700	00:49:00	00:04:11
	03-mar-91 Petriolo	3		7,800	00:28:05	00:03:36
	17-mar-91 Prato Un po'n Poggio			18,000	01:24:00	00:04:40
	07-apr-91 Siena Vivicittà (T.C.42'40")	43		12,000	00:43:19	00:03:37

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	25-apr-91 Foiano 19 Camm. Donatore	21		16,000	01:01:00	00:03:49
	28-apr-91 Arezzo Saracino	81		8,800	00:30:35	00:03:29
	12-mag-91 Monteroni			14,000	00:55:00	00:03:56
	19-mag-91 Casciano di Murlo	8	3	13,250	00:50:25	00:03:48
	09-giu-91 VALLERANO (VT)	50	6	12,000	00:45:28	00:03:47
	23-giu-91 Sinalunga C.R.Strada	18	7	10,750	00:38:05	00:03:33
	28-giu-91 Tegoletto	17		7,500	00:27:10	00:03:37
	05-lug-91 Arezzo bivio Olmo Cross	27		3,000	00:09:30	00:03:10
	13-lug-91 Montagnano			8,000	00:31:30	00:03:56
	20-lug-91 Villa Severi (AR)	18		4,200	00:13:35	00:03:14
	02-ago-91 Policiano Staf.4x2x600	5		1,200	00:03:04	00:02:33
	10-ago-91 Montalcino	6	2	10,000	00:38:52	00:03:53
	01-set-91 Montevarchi	66		13,200	00:49:10	00:03:43
	06-set-91 Rapolano Terme	50		8,410	00:32:30	00:03:52
	07-set-91 Pozzo			8,800	00:32:06	00:03:39
	08-set-91 Bologna Lippo	38		11,500	00:46:30	00:04:03
	15-set-91 Ponte S.Giovanni	51		15,600	00:56:30	00:03:37
	22-set-91 Trevinano			23,000	01:55:20	00:05:01
	06-ott-91 Monteaperti	6		12,000	00:43:36	00:03:38
	27-ott-91 Siena Maratonina	57		21,600	01:31:00	00:04:13
	03-nov-91 Pontassieve (FI)	25		14,000	00:59:45	00:04:16
	08-dic-91 Spoleto	52	4	15,000	00:59:00	00:03:56
	15-dic-91 Bastia Umbra	51	10	16,000	01:02:02	00:03:53
	22-dic-91 Buonconvento	11		11,000	00:44:00	00:04:00
	29-dic-91 S.Giovanni Valdarno		36	9,700	00:35:30	00:03:40
	07-gen-90 SIENA Corsa a coppie	15		11,400	00:46:30	00:04:05
	28-gen-90 Vinci	113		16,300	01:04:40	00:03:58
	04-feb-90 Staffetta gas Torrita-Foiano	1		10,800	00:42:00	00:03:53
	25-feb-90 Stecco	40		16,000	01:06:10	00:04:08
	25-feb-90 Siena	44		16,200	01:09:45	00:04:18
	01-apr-90 Siena Vivcittà (T.C.43'13")	50		12,000	00:44:30	00:03:43
	08-apr-90 Bologna Lippo	125		10,000	00:38:00	00:03:48
	25-apr-90 Foiano 18 Camm. Donatore	20		16,000	01:01:00	00:03:49
	29-apr-90 Arezzo Saracino	98		11,600	00:42:35	00:03:40
	13-mag-90 Monteroni	15	3	14,000	00:52:55	00:03:47
	27-mag-90 Bellavista	31		12,000	00:56:40	00:04:43
	01-giu-90 Siena C.Scuola	6		5,000	00:18:20	00:03:40
	16-giu-90 Strada C.R.Pista	2		0,800	00:02:09	00:02:41
	22-giu-90 Tegoletto	26		7,500	00:27:30	00:03:40
	27-giu-90 Monsigliolo	11		9,300	00:34:10	00:03:40
	08-lug-90 Ab.S.Salvadore Vetta Amiata	20		13,600	01:08:05	00:05:00
	14-lug-90 Ab.S.Salvadore	12		10,500	00:41:30	00:03:57
	26-lug-90 Villa Severi (AR)	33		4,300	00:15:05	00:03:30
	05-ago-90 Montefollonico	3		4,300	00:14:30	00:03:22
	19-ago-90 Piancastagnaio	17		9,000	00:36:00	00:04:00
	07-set-90 Monteaperti	6	2	12,000	00:44:18	00:03:42
	16-set-90 Ponte S.Giovanni	30		15,600	00:57:10	00:03:40
	23-set-90 Selci Lama	59		13,350	00:48:29	00:03:38

1990

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	30-set-90 CESENA	173		21,300	01:27:30	00:04:06
	08-dic-90 Spoleto	37	3	15,000	00:56:00	00:03:44
	30-dic-90 S.Giovanni Valdarno	32	13	13,100	00:45:40	00:03:29

1989

	08-gen-89 SIENA corsa a coppie con Laurini			11,400	00:53:05	00:04:39
	29-gen-89 VIAREGGIO			11,000	00:47:00	00:04:16
	26-feb-89 Staff. G.A.S.	3		8,700	00:40:00	00:04:36
	25-apr-89 Siena Traversata Senese	12		1,700	00:05:15	00:03:05
	30-apr-89 Arezzo Saracino			5,000		
	07-mag-89 Monteroni	66		14,000	01:00:00	00:04:17
	21-mag-89 Casciano di Murlo			13,250	01:00:12	00:04:33
	27-mag-89 Pienza	6		4,000	00:14:22	00:03:36
	03-giu-89 Volterra Staffetta	4		1,800	00:05:42	00:03:10
	21-lug-89 LEVANE			9,000	00:40:15	00:04:28
	28-lug-89 Montevarchi			6,000	00:25:00	00:04:10
	04-ago-89 POLICIANO GIOCHI VARI	5				
	06-ago-89 Montefollonico	6		7,000	00:26:50	00:03:50
	09-ago-89 Policiano Staf.4x2x600	9		1,400	00:03:40	00:02:37
	18-ago-89 Marciano			5,500	00:20:00	00:03:38
	01-set-89 Rapolano Terme	35		8,410	00:31:29	00:03:45
	03-set-89 Montevarchi	89		13,200	00:55:00	00:04:10
	15-set-89 Arezzo staffetta (4x1200)	7		1,300	00:03:53	00:02:59
	22-ott-89 LE PANCHE (FI)			13,700	01:02:25	00:04:33
	29-ott-89 Siena	8		3,700	00:12:45	00:03:27
	05-nov-89 Siena Maratonina	59		21,600	01:29:40	00:04:09
	03-dic-89 Firenze Maratonina			21,098	01:23:47	00:03:58
	08-dic-89 Petroio Staffetta	3		5,300	00:19:00	00:03:35
	10-dic-89 Arezzo	50		7,800	00:31:00	00:03:58
	17-dic-89 B.Umbra Invernalissima	60		12,500	00:50:05	00:04:00
	31-dic-89 S.Giovanni Valdarno		22	13,000	00:49:40	00:03:49

1988

	10-gen-88 SIENA Corsa a coppie			11,400	00:49:30	00:04:21
	24-gen-88 Staff. G.A.S.	1	1	9,600	00:36:10	00:03:46
	07-feb-88 Viareggio			14,000	00:57:00	00:04:04
	21-feb-88 Sinalunga Camp. Reg.Campestre	8	8	6,000	00:21:00	00:03:30
	28-feb-88 Roma Camp.Naz.Campestre	78	78	7,000	00:24:37	00:03:31
	20-mar-88 Prato Un po'n Poggio			18,000	01:15:00	00:04:10
	27-mar-88 GAVILLE	57		13,400	00:52:30	00:03:55
	04-apr-88 VINCI Camp.Naz.Montagna	30		8,500	00:39:00	00:04:35
	10-apr-88 Siena Vivcittà			12,000	00:44:03	00:03:40
	17-apr-88 Carrara Cam.Naz.Strada			10,500	00:38:07	00:03:38
	24-apr-88 Arezzo Saracino	100		10,000	00:38:40	00:03:52
	25-apr-88 Foiano 16 Camm. Donatore	3		2,800	00:09:05	00:03:15
	30-apr-88 Torrita Miting	2		1,500	00:04:24	00:02:56
	03-mag-88 LE BADESSE staffetta	2	2	2,300	00:07:00	00:03:03
	08-mag-88 Ciggiano	18		7,200	00:28:15	00:03:55
	15-mag-88 Trequanda	13		11,500	00:43:20	00:03:46
	22-mag-88 Casciano di Murlo	19	18	13,250	00:51:12	00:03:52
	28-mag-88 Arezzo C.R.Pista	1	1	0,800	00:02:10	00:02:42

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
29-mag-88	Arezzo C.R.Pista	3	3	1,500	00:04:36	00:03:04
29-mag-88	Arezzo C.R.Pista staffetta		2	1,000	00:02:51	00:02:51
10-giu-88	Pieve al Toppo Festa dell'Unita'	15		7,000	00:25:15	00:03:36
18-giu-88	Indicatore Festa dell'Unita'		17	7,000	00:28:00	00:04:00
24-giu-88	Tegoleto	32		7,500	00:28:15	00:03:46
03-lug-88	PERUGIA Corciano		16	12,000	00:46:20	00:03:52
07-lug-88	S.Giovanni Valdarno MITING		6	1,500	00:04:34	00:03:03
15-lug-88	Giovi Staffetta	4		1,200	00:03:20	00:02:47
16-lug-88	Montagnano			6,000		
17-lug-88	Ruscello	34		10,100	00:41:00	00:04:04
30-lug-88	POLICIANO GIOCHI VARI 1/F		1			
31-lug-88	POLICIANO GIOCHI VARI 2/F		1			
31-lug-88	Pietraia (AR)	17		7,000	00:24:40	00:03:31
04-ago-88	Policiano Staff. 4x750	4		0,750	00:01:59	00:02:39
19-ago-88	Marciano	16		6,500	00:19:30	00:03:00
02-set-88	Rapolano Terme	34		8,410	00:28:45	00:03:25
03-set-88	Ponte a ChianiP.CHIANI	18		9,000	00:32:15	00:03:35
09-set-88	Ponte alla Chiassa	14		6,000	00:20:06	00:03:21
11-set-88	BORGHETTO MONTAGNANO	16		9,000	00:33:45	00:03:45
16-set-88	CESENATICO C.ITAL.PISTA		6	0,800	00:02:05	00:02:36
17-set-88	CESENATICO C.ITAL.PISTA Staffetta Amatorial	5	5	0,800	00:02:10	00:02:42
17-set-88	CESENATICO C.ITAL.PISTA		12	1,500	00:04:22	00:02:55
02-ott-88	TORRENIERI	12	3	16,000	01:05:00	00:04:04
23-ott-88	LE PANCHE (FI)	87		13,700	00:56:40	00:04:08
20-nov-88	Ponte Felcino			9,700	00:37:00	00:03:49
04-gen-87	SIENA Corsa a coppie		8	11,400	00:44:10	00:03:52
25-gen-87	Vinci	74		16,300	01:02:00	00:03:48
01-feb-87	Bastia Umbra			12,000		
15-feb-87	FIRENZE C.R.INDOR			0,800		
29-mar-87	STAFF.LAGO TRASIMENO		47	11,200	00:41:00	00:03:40
20-apr-87	Arezzo Saracino	10		5,000	00:21:00	00:04:12
25-apr-87	Foiano 15 Camm. Donatore		57	14,500	01:06:00	00:04:33
01-mag-87	PIEDILUCO	27		15,000	01:01:00	00:04:04
03-mag-87	Rapolano Terme	36		11,300	00:46:30	00:04:07
10-mag-87	Monteroni	53		13,700	00:58:00	00:04:14
17-mag-87	Casciano di Murlo	28		13,250	00:52:00	00:03:55
24-mag-87	Trequanda	14		11,500	00:44:20	00:03:51
31-mag-87	Rimini Strarimini	13		8,500	00:32:00	00:03:46
06-giu-87	Montepulciano	12		8,000	00:32:30	00:04:04
13-giu-87	DICOMANO C.R.PISTA	3		0,800	00:02:40	00:03:20
27-giu-87	PIEVE A MAIANO	11		7,000	00:30:07	00:04:18
11-lug-87	Montagnano			6,000		
25-lug-87	Torrita Festa dell'Unita'	9		8,000	00:30:00	00:03:45
26-lug-87	Pietraia (AR)	19		7,500	00:26:15	00:03:30
02-ago-87	Montefollonico	8		6,000	00:23:30	00:03:55
06-ago-87	Policiano Staff. 4x750	3		0,750	00:01:50	00:02:27
08-ago-87	Montalcino	10	2	12,000	00:40:40	00:03:23
09-ago-87	CORTONA	12		6,000		

1987

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	20-ago-87 SIENA STAFF.	2		2,200	00:07:03	00:03:12
	06-set-87 Montevarchi	42		13,200	00:49:12	00:03:44
	13-set-87 BORGHETTO MONTAGNANO		14	9,000	00:32:45	00:03:38
	18-set-87 AREZZO STAFF.3x1 700		4	1,700	00:05:10	00:03:02
	20-set-87 CESENATICO C.I.PISTA AMAT.		6	0,800	00:02:05	00:02:36
	27-dic-87 MONTEFALCO			10,000		
	05-gen-86 SIENA Corsa a coppie con Mario	7		11,400	00:43:20	00:03:48
	26-gen-86 Vinci	40		16,200	00:57:50	00:03:34
	02-feb-86 Bastia Umbra	13	2	13,000	00:46:30	00:03:35
	09-feb-86 ANCONA C.I.INDOR		3	0,800	00:02:03	00:02:34
	16-feb-86 Petriolo	4		8,400	00:29:15	00:03:29
	23-feb-86 CASTELFIORENTINO			7,000	00:25:40	00:03:40
	03-mar-86 FUCECCHIO	28		17,000	01:02:45	00:03:41
	16-mar-86 STAF.LAGO TRASIMENO	4		11,000		
	23-mar-86 GAVILLE	23		13,000	00:49:23	00:03:48
	31-mar-86 STAFF.AREZZO	4		1,000		
	06-apr-86 Siena Vivcittà	29		12,000	00:43:15	00:03:36
	13-apr-86 VOLTERRA C.I.MONTAGNA			7,500	00:32:40	00:04:21
	25-apr-86 Foiano 14 Camm. Donatore	39		15,500	01:04:30	00:04:10
	27-apr-86 ANGHIARI	32		14,500	00:54:10	00:03:44
	11-mag-86 Monteroni	27		13,800	00:54:30	00:03:57
	18-mag-86 Casciano di Murlo	24	7	13,250	00:54:00	00:04:05
	24-mag-86 Piancastagnaio	7	5	9,000	00:32:00	00:03:33
	25-mag-86 Rimini Strarimini	44		21,098	01:26:00	00:04:05
	07-giu-86 BELLAVISTA STAFF.	2		3,600		
	08-giu-86 S.LEONINO	15		9,000	00:29:45	00:03:18
	14-giu-86 CARRARA C.R.PISTA	1	1	0,800	00:02:14	00:02:47
	15-giu-86 CARRARA C.R.PISTA	1	1	1,500	00:04:22	00:02:55
	20-giu-86 SIENA Acquacalda	6		10,000		
	22-giu-86 Badia Agnano	8		6,300	00:22:05	00:03:30
	27-giu-86 Tegoletto	14		10,500		
	28-giu-86 CASCIA DI REGGELLO	7		10,300	00:36:40	00:03:34
	29-giu-86 Capanne (PG)	20		11,000	00:39:40	00:03:36
	04-lug-86 C.FIBOCCHI STAFF.	3		1,500		
	05-lug-86 GIOVI	12		7,000	00:23:40	00:03:23
	06-lug-86 Bologna PIAN DELLE MACINE			11,000		
	09-lug-86 Capanne (PG)	12		6,000	00:19:20	00:03:13
	18-lug-86 Lucignano			5,000	00:18:30	00:03:42
	19-lug-86 Scrofiano	3		4,500	00:15:30	00:03:27
	20-lug-86 Ruscello	16	3	10,000	00:37:14	00:03:43
	27-lug-86 LE COMUNANZE C.F.	10		7,500	00:31:15	00:04:10
	02-ago-86 BIBBIENA STAZ.	8	5	5,300	00:17:33	00:03:19
	07-ago-86 S.LORENZO ELIMINATORIA	2		2,000	00:06:13	00:03:07
	07-ago-86 S.LORENZO FINALE	8		2,500		
	09-ago-86 Montalcino	6	2	9,500	00:34:40	00:03:39
	13-ago-86 Acquapendente	10		6,600	00:23:30	00:03:34
	16-ago-86 Proceno staffetta	3		2,050		
	17-ago-86 TERONTOLA	11		6,500	00:20:34	00:03:10

1986

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	24-ago-86 Serre di RAPOLANO	6	4	12,000		
	05-set-86 Rapolano Terme	10	1	8,410	00:28:00	00:03:20
	06-set-86 INCISA	4		9,000		
	12-set-86 UDINE C.I.PISTA	2		0,800	00:02:02	00:02:32
	13-set-86 UDINE C.I.PISTA AMATORIALE		2	0,800	00:02:04	00:02:35
	19-set-86 AREZZO STAFF.		3	1,800		
	21-set-86 FUCECCHIO C.R.STRADA	80		13,500	00:51:30	00:03:49
	28-set-86 Selci Lama			10,000	00:38:00	00:03:48
	04-ott-86 SIGNA CRITERIUM			0,200	00:00:26	00:02:10
	04-ott-86 SIGNA CRITERIUM	2		0,800	00:02:05	00:02:36
	05-ott-86 SIGNA CRITERIUM Staffetta Finlandese	1	3	0,800	00:02:05	00:02:36
	16-nov-86 Ponte Felcino	12		21,098	01:21:00	00:03:50
	07-dic-86 Firenze Maratona			10,000	00:35:00	00:03:30
	19-dic-86 BADESSE SIENA	8		11,000	00:39:40	00:03:36
	28-dic-86 MONTEFALCO	15	2	10,000	00:35:20	00:03:32
	01-gen-85 S.Giovanni Valdarno	40		17,000	01:03:30	00:03:44
	10-feb-85 3 Comuni Maiano-Fiesole	21		11,000		
	17-feb-85 Petriolo	3		8,400	00:29:10	00:03:28
	24-feb-85 Siena P.del Lago C.R.Campestre	34		9,300	00:37:00	00:03:59
	03-mar-85 C.FIBOCCHI	12	4	12,800	00:49:00	00:03:50
	10-mar-85 PERUGIA ELLESSE	100		10,000	00:43:00	00:04:18
	16-mar-85 Castelfranco Sabbioni	10		8,500	00:30:40	00:03:36
	24-mar-85 Empoli	9		13,500	00:49:45	00:03:41
	31-mar-85 VOLTERRA ora su pista		8	15,400	01:00:00	00:03:54
	08-apr-85 TORRITA di Siena	8		10,500	00:37:40	00:03:35
	14-apr-85 Firenze Guarda Firenze	84		14,000	00:50:50	00:03:38
	21-apr-85 Siena Vivcittà	11		21,098	01:18:50	00:03:44
	25-apr-85 Siena Traversata Senese	5	1	1,600	00:04:52	00:03:03
	28-apr-85 ANGIARI	15		14,200	00:54:50	00:03:52
	05-mag-85 Monteroni	11	3	14,000	00:51:40	00:03:41
	12-mag-85 Siena Maratonina	10		21,600	01:24:00	00:03:53
	19-mag-85 Badia al Pino			8,000		
	26-mag-85 Rimini Strarimini	19	10	21,098	01:18:50	00:03:44
	07-giu-85 Siena	6		8,000		
	15-giu-85 Volterra Staffetta	3		1,800	00:05:24	00:03:00
	16-giu-85 Arezzo	4		5,300	00:17:50	00:03:22
	22-giu-85 Scrofiano	2		6,000	00:21:30	00:03:35
	23-giu-85 Ab.S.Salvadore Vetta Amiata	7		13,600	01:03:20	00:04:39
	28-giu-85 Tegoletto	34		8,100	00:28:40	00:03:32
	13-lug-85 SIGNA C.Reg.Pista	3		1,500	00:04:10	00:02:47
	14-lug-85 SIGNA C.Reg.Pista	1		0,800	00:02:04	00:02:35
	14-lug-85 SIGNA C.Reg.Pista 4x400	1		0,400	00:00:58	00:02:25
	19-lug-85 Buonconvento	7		9,000	00:32:00	00:03:33
	26-lug-85 Lucignano	17		6,000	00:20:20	00:03:23
	27-lug-85 Le Poggiola	9		8,500	00:30:20	00:03:34
	28-lug-85 Pietraia (AR)	14		7,300	00:25:15	00:03:28
	03-ago-85 Rigaiolo	2		8,000	00:30:00	00:03:45
	03-ago-85 Montefollonico	4		4,500	00:14:48	00:03:17

1985

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	08-ago-85 Policiano Staff. 4x750	2		0,750	00:01:54	00:02:32
	10-ago-85 Proceno staffetta	3		2,050	00:06:13	00:03:02
	11-ago-85 Chianacce	9		9,500	00:34:33	00:03:38
	12-ago-85 Acquapendente	13		6,000	00:20:00	00:03:20
	17-ago-85 Castiglion Fiorentino	8		5,000	00:17:00	00:03:24
	18-ago-85 Ponte Nano	13		6,000	00:21:47	00:03:38
	25-ago-85 Rigomagno staz.	4		10,000		
	01-set-85 Cast. Berardenga F. dell'Unita'	3	1	12,500	00:48:00	00:03:50
	06-set-85 Rapolano Terme	18	3	8,410	00:28:45	00:03:25
	13-set-85 RICCIONE C.I.Pista	5		0,800	00:02:04	00:02:35
	14-set-85 RICCIONE staff.Amat	4		0,800	00:02:05	00:02:36
	15-set-85 RICCIONE 4x400	5		0,400	00:00:56	00:02:20
	22-set-85 Staff.Valdichiana	2		10,000		
	29-set-85 Selci Lama	39	10	10,500	00:36:00	00:03:26
	13-ott-85 Sinalunga 10 Passeggiata alla Fiera	105		13,000	00:51:00	00:03:55
	20-ott-85 Arezzo Traversata Aretina	97	15	14,400	01:01:10	00:04:15
	03-nov-85 La Casetta	9	3	12,500	00:45:20	00:03:38
	10-nov-85 PERUGIA	11	2	11,000	00:40:50	00:03:43
	15-dic-85 S.Gimignano	22		13,500	00:48:50	00:03:37
	29-dic-85 Lornano -SI-	10	6	8,000	00:28:15	00:03:32
	08-gen-84 SIENA Corsa a coppie con Rocchi		3	11,400	00:43:25	00:03:49
	22-gen-84 Lecchi C.P. Campestre	1	1	8,700	00:30:03	00:03:27
	05-feb-84 Petriolo Camp. Prov. Cross	5	3	8,500	00:29:34	00:03:29
	19-feb-84 POGGIBONSI C.P.Campestre	2	1	7,600	00:27:01	00:03:33
	11-mar-84 PERUGIA Ellesse	10		10,850	00:38:00	00:03:30
	18-mar-84 Siena Scarpinata di Primavera	12	4	16,300	01:02:41	00:03:51
	23-mar-84 Poggibonsi	7		10,000	00:37:00	00:03:42
	28-apr-84 Rigomagno	15		10,000		
	01-mag-84 Ab.S.Salvadore	3	2	12,000	00:42:20	00:03:32
	26-mag-84 POGGIBONSI Bellavista	2		8,000	00:27:40	00:03:28
	03-giu-84 Armaiolo	6		8,550	00:30:55	00:03:37
	09-giu-84 Volterra Staffetta	5		1,800	00:05:13	00:02:54
	16-giu-84 MONSUMMANO C.R.Pista		2	1,500	00:04:17	00:02:51
	17-giu-84 MONSUMMANO C.R.Pista		5	0,800	00:02:10	00:02:42
	17-giu-84 MONSUMMANO C.R.Pista 4x400		1	0,400	00:00:57	00:02:22
	29-giu-84 C.FIBOCCHI 4x1500		5	1,500		
	01-lug-84 Petroio		1	13,000	00:51:00	00:03:55
	14-lug-84 TERRANUOVA Bracciolini		10	9,000	00:32:15	00:03:35
	17-lug-84 S.Giovanni Valdarno MITING	4	1	1,500	00:04:23	00:02:55
	18-lug-84 S.Giovanni Valdarno MITING	4	4	5,000	00:16:33	00:03:19
	21-lug-84 Lucignano	10		4,700	00:16:30	00:03:31
	28-lug-84 INDICATORE 4x1600	3		1,600	00:05:07	00:03:12
	04-ago-84 Montefollonico	6	3	5,000	00:15:20	00:03:04
	12-ago-84 Chianacce	13		12,000	00:45:20	00:03:47
	14-ago-84 Policiano Staff. 4x850	2		0,850	00:02:14	00:02:38
	16-ago-84 LEVANELLA	16		8,500	00:31:15	00:03:41
	19-ago-84 Serre di RAPOLANO	5	4	11,500	00:30:30	00:02:39
	02-set-84 FOLLONICA	9		12,000	00:34:30	00:02:53

1984

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	07-set-84 Ponte alla Chiassa	23		6,600	00:21:30	00:03:15
	09-set-84 Ponte a Chiani	22		8,700	00:31:10	00:03:35
	21-set-84 CARRARA Camp.Italiano Pista Individuale	8	2	0,800	00:02:04	00:02:35
	22-set-84 CARRARA Camp.Italiano Pista Staffetta Amatori	6		0,800	00:02:07	00:02:39
	23-set-84 CARRARA Camp.Italiano Pista Staffetta 4x400	5		0,400	00:00:56	00:02:20
	30-set-84 Buonconvento	7	3	15,100	00:55:00	00:03:39
	07-ott-84 GAVILLE	3		11,000	00:39:55	00:03:38
	14-ott-84 Sinalunga 09 Passeggiata alla Fiera	28		12,900	00:48:35	00:03:46
	21-ott-84 MEZZAVIA	13		10,500	00:37:50	00:03:36
	27-ott-84 SIENA Stadio	1		1,500	00:04:24	00:02:56
	28-ott-84 ORVIETO	11	3	10,500	00:35:55	00:03:25
	04-nov-84 PISTOIA C.R.Strada	49		14,000	00:53:00	00:03:47
	02-dic-84 Firenze Maratona	78		42,195	02:48:35	00:04:00

1983

	09-gen-83 Siena-Castellina	4	3	17,000	00:59:10	00:03:29
	16-gen-83 Rapolano campestre	4		7,000	00:24:23	00:03:29
	23-gen-83 Ponte a Tressa Cross	3		9,000	00:33:46	00:03:45
	27-gen-83 Monteaperti Campestre			15,000	00:56:00	00:03:44
	30-gen-83 Lecchi C.P. Campestre	1	1	11,000	00:39:40	00:03:36
	06-mar-83 Pian del Lago C.R Campestre	4		8,000	00:30:44	00:03:51
	20-mar-83 Siena Scarpinata di Primavera	9	4	16,300	01:01:56	00:03:48
	27-mar-83 Poggibonsi	16		10,000	00:36:20	00:03:38
	09-apr-83 Rigomagno	10		12,000	00:46:50	00:03:54
	24-apr-83 Rapolano Terme	1		11,000	00:39:00	00:03:33
	25-apr-83 Siena Traversata senese	3		1,600	00:04:54	00:03:04
	08-mag-83 Marsiglia	41		17,000	01:02:48	00:03:42
	22-mag-83 Policiano	50	1	16,200	00:57:03	00:03:31
	06-giu-83 Siena	2		16,000	00:57:20	00:03:35
	19-giu-83 Armaiolo	2		8,550	00:30:20	00:03:33
	03-lug-83 Monastero d'Ombrone	40	3	12,000	00:44:40	00:03:43
	08-lug-83 Tegoleto	35		7,500	00:30:00	00:04:00
	16-lug-83 TERRANUOVA Bracciolini			9,000		
	10-ago-83 Policiano Staff. 4x850	3		0,850	00:02:22	00:02:47
	13-ago-83 Poggiola	4		9,000	00:33:03	00:03:40
	15-ago-83 Centoia Capezzine	7		9,000	00:33:54	00:03:46
	02-set-83 Rapolano Terme	5	2	10,000	00:35:15	00:03:32
	10-set-83 Castelfiorentino C.R. Pista		4	0,800	00:02:09	00:02:41
	11-set-83 Castelfiorentino C.R. Pista		6	0,400	00:00:59	00:02:27
	11-set-83 Castelfiorentino C.R. Pista		4	0,100		
	23-set-83 Senigallia C.Italiano Pista		9	0,800	00:02:03	00:02:34
	24-set-83 Senigallia C.Italiano Pista staf.Ama		5	1,000	00:02:41	00:02:41
	25-set-83 Senigallia C.Italiano Pista 4x400		6	0,400	00:00:56	00:02:20
	02-ott-83 Follonica C.R. Strada	9	3	11,000	00:37:32	00:03:25
	09-ott-83 Sinalunga 08 Passeggiata alla Fiera	39		12,900	00:48:06	00:03:44
	23-ott-83 Siena Maratonina	11		21,600	01:25:50	00:03:58

1982

	21-feb-82 Ab.S.Salvadore Campestre	10		9,000		
	28-feb-82 Siena Campestre	15		8,500	00:33:20	00:03:55
	04-apr-82 S.Gimignano			12,000		

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
18-apr-82	Rapolano Terme	18		9,000		
24-apr-82	Siena Traversata senese	8	3	1,700		
25-apr-82	Foiano 10 Camm. Donatore	5		8,000	00:34:00	00:04:15
15-mag-82	Siena Camp.Prov.Pista	1		1,500		
16-mag-82	Arezzo La Sella	30		16,400	01:05:16	00:03:59
23-mag-82	Casciano di Murlo	20	5	15,400	01:14:23	00:04:50
30-mag-82	Policiano	88	5	16,200	01:00:15	00:03:43
30-mag-82	Tre Berte	1		6,000		
06-giu-82	Badia Agnano	10		12,000		
12-giu-82	Petroio	5		15,000		
25-giu-82	Tegoleto	22		10,000	00:38:00	00:03:48
04-lug-82	Monastero d'Ombrone	4	1	12,000	00:50:00	00:04:10
10-lug-82	Montagnano	15		9,000	00:39:00	00:04:20
23-lug-82	Castelfiorentino C.R.Pista	3	3	0,800	00:02:10	00:02:42
24-lug-82	Castelfiorentino C.R.Pista	1	1	0,100	00:00:12	00:02:00
08-ago-82	Montalcino	10	3	13,000	00:53:40	00:04:08
09-ago-82	Castiglion Fiorentino	8		5,000	00:16:50	00:03:22
10-ago-82	Policiano Staff. 4x850	6		0,850	00:02:24	00:02:49
15-ago-82	Chianacce	10		12,000	00:45:20	00:03:47
19-ago-82	Siena Festa dell'Unita'	4		9,000	00:33:40	00:03:44
12-set-82	Piombino C.R.Strada			12,000	00:49:00	00:04:05
26-set-82	Buonconvento	10	3	14,500	01:03:00	00:04:21
03-ott-82	S.Gimignano	15		21,000	01:23:20	00:03:58
10-ott-82	Sinalunga 07 Passeggiata alla Fiera	69		12,700	00:48:40	00:03:50
30-ott-82	Siena Triatlon peso da 4 kg	2				
30-ott-82	Siena Triatlon	4		5,000	00:17:20	00:03:28
30-ott-82	Siena Triatlon	1		0,400		
14-nov-82	Arezzo Traversata Aretina	35		15,300	00:55:18	00:03:37
29-mar-81	Rignano			16,000		
17-mag-81	Borgo a Buggiano			13,000		
31-mag-81	Policiano	145		16,200	01:16:00	00:04:41
21-giu-81	Ramazzano (PG)	52		14,500	01:03:00	00:04:21
28-giu-81	Pieve F. dell'Unita'	5	2	12,000		
04-lug-81	Fonte al Giunco	1	1	10,000		
11-lug-81	Badia al Pino	9		8,000	00:31:40	00:03:58
24-lug-81	Lucignano	28		4,700	00:16:00	00:03:24
25-lug-81	Torrita F. dell'Unita'	7	4	9,000	00:32:50	00:03:39
09-ago-81	Chianacce	13		12,000		
10-ago-81	Policiano Staff. 4x850	6		0,850	00:02:27	00:02:53
13-ago-81	Poggiola 3x400	2		0,400	00:00:55	00:02:18
20-ago-81	Siena Festa dell'Unita'	16		7,000		
22-ago-81	La Fratta F. dell'Unita'	7		8,000		
30-ago-81	Arezzo S.Marco			11,200	00:41:15	00:03:41
04-set-81	Rapolano Terme	18	5	10,000	00:36:30	00:03:39
06-set-81	Roma Maratonina Coppa del Mondo			17,500	01:09:00	00:03:57
11-set-81	Sansepolcro	24		11,400	00:39:00	00:03:25
12-set-81	C.Fibocchi	2		9,000	00:37:00	00:04:07
26-set-81	Capannole Bucine	10		11,000		

1981

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	27-set-81 Signa		2	12,000		
	11-ott-81 Sinalunga 06 Passeggiata alla Fiera	26	6	12,900	00:47:56	00:03:43
	17-ott-81 Lucca Giro del.Mura			12,600		
	25-ott-81 Siena C.Scuola			5,000	00:17:47	00:03:33
	08-nov-81 Arezzo Traversata aretina			14,400	00:55:19	00:03:50
	08-dic-81 C.Fibocchi campestre	41	3	12,000	00:49:00	00:04:05

1980

	24-feb-80 3 Comuni Fiesole Maiano			12,000		
	20-apr-80 PESCIA			18,000		
	25-apr-80 Foiano 08 Camm. Donatore	79		21,000	01:33:00	00:04:26
	04-mag-80 Serre di RAPOLANO	7		9,000	00:29:00	00:03:13
	11-mag-80 Monteroni	25		13,000	00:50:30	00:03:53
	18-mag-80 Rignano	119		14,000	01:00:00	00:04:17
	24-mag-80 SPOIANO	8	2	6,000	00:20:00	00:03:20
	25-mag-80 Tre Berte	5	3	6,000	00:20:00	00:03:20
	01-giu-80 San ZENO	30	6	15,200	00:58:30	00:03:51
	04-giu-80 FIRENZE MITING			8,000		
	15-giu-80 Policiano	135		16,200	01:10:00	00:04:19
	28-giu-80 Badia Agnano	23		10,800	00:43:30	00:04:02
	05-lug-80 Pieve F. dell'Unita'	7		12,000	00:46:00	00:03:50
	27-lug-80 AB.S.SALVATORE Miting	1		1,500	00:04:35	00:03:03
	01-ago-80 Foiano Camm. Notturna	11		12,000		
	17-ago-80 Serre di RAPOLANO	6		11,000	00:42:30	00:03:52
	23-ago-80 AMOROSA	2		7,000		
	24-ago-80 Fonte al Giunco	1		3,500		
	05-set-80 Rapolano Terme	16	4	9,000		
	07-set-80 MONSUMMANO		6	16,000		
	05-ott-80 Sinalunga 05 Passeggiata alla Fiera	35	3	12,900	00:49:30	00:03:50

1979

	11-feb-79 POGGIBONSI Campestre		9	7,000	00:29:00	00:04:09
	25-feb-79 Asciano Campestre	16	4	10,000	00:44:04	00:04:24
	04-mar-79 Gaiole Campestre		5	8,000	00:31:18	00:03:55
	25-mar-79 Arezzo Saracino			16,000		
	01-apr-79 Pescia Camp. Reg. su Strada			16,000		
	13-mag-79 Monteroni			12,000		
	17-giu-79 Policiano			16,000		
	24-giu-79 Arezzo	2	2	1,000	00:02:58	00:02:58
	30-giu-79 Tuoro (PG)	5		4,500		
	07-lug-79 San ZENO		6	15,200	01:06:00	00:04:21
	08-lug-79 Badia Agnano		5	12,200		
	27-lug-79 ASCIANO Notturna	20	6	11,000		
	29-lug-79 AB.S.SALVATORE Miting		3	0,100	00:00:13	00:02:10
	29-lug-79 AB.S.SALVATORE Miting		2	1,500	00:04:50	00:03:13
	29-lug-79 AB.S.SALVATORE Miting		9	5,000	00:20:57	00:04:11
	03-ago-79 Foiano Camm. Notturna	24		12,000	00:47:00	00:03:55
	11-ago-79 Montalcino	11	6	13,000	00:56:00	00:04:18
	14-ago-79 Montefollonico	7	3	7,000		
	18-ago-79 PIEVE A PRESCIANO	7		9,000		
	25-ago-79 Acquaviva F. dell'UNita'	3	1	4,000		

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	31-ago-79 Rapolano Terme	13		9,000		
	08-set-79 TORRITA di Siena	7		17,000	01:06:00	00:03:53
	16-set-79 Siena Maratonina	35		17,500	01:15:00	00:04:17
	30-set-79 Ciggiano	17		8,000		
	07-ott-79 Signa		5	12,000		
	14-ott-79 Sinalunga 04 Passeggiata alla Fiera	60		12,900		

1978

	19-mar-78 Siena Scarpinata di Primavera	59	13	16,300	01:21:00	00:04:58
	27-mar-78 Chianciano	12	2	14,000	01:01:00	00:04:21
	01-apr-78 Pratoantico (AR)	0	0	12,000		
	16-apr-78 Asciano	201	0	20,000	01:42:00	00:05:06
	25-apr-78 Foiano 06 Camm. Donatore	145	0	18,000	01:23:00	00:04:37
	01-mag-78 Torrita Ciliano	5	0	3,000	00:11:55	00:03:58
	20-mag-78 Spoiano	0	0	12,000	01:00:00	00:05:00
	28-mag-78 Petroio	0	0	13,000	01:04:00	00:04:55
	04-giu-78 Abbadia San Salvatore	3		10,000	00:36:00	00:03:36
	01-lug-78 Pieve Festa dell'Unità	2		3,000		
	01-lug-78 Torrita	35	6	18,000	01:20:00	00:04:27
	15-lug-78 Sinalunga Festa dell'Avanti	4	1	9,000	00:35:00	00:03:53
	22-lug-78 Lucignano Festa dell'Unità	3		4,700	00:20:00	00:04:15
	23-lug-78 Torrita Festa dell'Unità	5	2	16,000	01:05:00	00:04:04
	30-lug-78 Abbadia San Salvatore Miting	3		0,100	00:00:12	00:02:00
	30-lug-78 Abbadia San Salvatore Miting	3		0,800	00:02:11	00:02:44
	13-ago-78 Pieve di Cadore Anda a Stroz	3		12,000		
	18-ago-78 Castiglion Fiorentino Festa dell'Unità	9	0	5,000	00:20:00	00:04:00
	26-ago-78 Siena due Ponti Festa dell'Unità	10	3	12,000	00:45:00	00:03:45
	02-set-78 Sinalunga Festa dell'Unità	11	0	8,000		
	03-set-78 Bettolle Festa dell'Unità	9	2	7,000		
	09-set-78 Rigutino Festa dell'Unità	10	0	9,000		
	16-set-78 Bucine	3	2	10,000	00:40:00	00:04:00
	23-set-78 Borgo San Lorenzo	90	0	26,000	02:02:00	00:04:42
	07-ott-78 Sinalunga 3° Passeggiata alla fiera	28	3	12,900	00:51:00	00:03:57
	05-nov-78 1° Traversata aretina	60	7	14,500	00:58:00	00:04:00

1977

	25-apr-77 Foiano 05 Camm. Donatore	107		18,000	01:20:00	00:04:27
	08-mag-77 Monteroni	40		14,000		
	15-mag-77 S.Casciano di Murlo			4,000		
	28-mag-77 Piancastagnaio			15,000	00:52:00	00:03:28
	25-giu-77 Pieve F. dell'Unita'	9	3	12,000		
	09-lug-77 Sinalunga F. dell'Unita'	10	2	10,000		
	30-lug-77 Torrita F. dell'Unita'	6	1	15,000		
	05-ago-77 Foiano Camm. Notturna	21	5	12,000		
	13-ago-77 Monte S.Savino	12	1	11,000	00:36:00	00:03:16
	14-ago-77 Petroio	4	2	8,000		
	20-ago-77 Serraglio Festa popolare	12	2	10,000		
	27-ago-77 S.Giovanni d'Asso F. dell'Unita'	4	2	10,200	00:41:00	00:04:01
	28-ago-77 Torrita F. dell'Avanti	5	3	10,000		
	02-set-77 Sinalunga F. dell'Unita'	17	1	6,000	00:22:00	00:03:40
	03-set-77 Rapolano Terme	17	2	12,500	00:50:20	00:04:02

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	10-set-77 Ponte a Buriano	14	5	12,000	00:53:00	00:04:25
	11-set-77 Monte S.Savino 4 RUGATA	16	2	12,000	00:51:00	00:04:15
	25-set-77 Bettolle Festa dell'UNita'	2	1	8,000	00:28:00	00:03:30
	08-ott-77 Sinalunga 2° Passeggiata alla Fiera	20	3	12,700	00:50:00	00:03:56
	20-nov-77 Sinalunga 1 camm. Donatori			10,000		

1976

	31-gen-76 Scrofiano Festa di S. Biagio	5		9,000		
	14-mar-76 Arezzo Bivio Olmo	27	7	12,000	00:42:00	00:03:30
	19-apr-76 Castelmuzio campestre	3	3	3,000		
	25-apr-76 Foiano 04 Camm. Donatore	75	15	20,000	01:21:00	00:04:03
	02-mag-76 S.ROCCO A PILLI	10		13,000	00:48:00	00:03:42
	09-mag-76 Castiglion Fiorentino	21	6	13,000	00:48:00	00:03:42
	15-mag-76 S.Casciano di Murlo	9		6,000		
	23-mag-76 SPOIANO	1	1	9,000		
	27-mag-76 Monteroni	6	4	3,000		
	29-mag-76 Siena Cross di Fontanelle	4	4	3,000		
	30-mag-76 Arezzo Camminata di primavera	55	11	14,000		
	12-giu-76 C. del Lago 1 Miting	2	2	0,060	00:00:08	00:02:13
	13-giu-76 C. del Lago 1 Miting Staffette	2	2	0,100		
	13-giu-76 C. del Lago 1 Miting	3	3	2,000	00:06:35	00:03:18
	13-giu-76 C. del Lago 1 Miting	2	2	0,060	00:00:08	00:02:13
	17-giu-76 Policiano	51		16,000	01:14:00	00:04:38
	07-lug-76 Pieve F. dell'Unita'	3	3	10,000		
	18-lug-76 Torrita F. dell'Unita'	5	3	10,000		
	30-lug-76 Foiano Camm. Notturna	32	4	12,000		
	14-ago-76 Monte S.Savino F. dell'Unita'	21	2	12,000	00:41:00	00:03:25
	21-ago-76 Siena Festa dell'Unita'	10	1	10,500	00:40:00	00:03:49
	04-set-76 Sinalunga F. dell'Unita'	4	1	8,000	00:22:00	00:02:45
	12-set-76 Monte S.Savino 3 Rugata	14	4	17,000	01:12:00	00:04:14
	18-set-76 Serraglio 1 Camp. Mobiliari	3	1	7,500	00:32:00	00:04:16
	26-set-76 Guazzino Campestre	3	1	8,000		
	09-ott-76 Sinalunga 01 Passeggiata alla Fiera	19	2	12,700		
	31-ott-76 Abbadia di Montepulciano	2		9,000		

1975

	27-feb-75 Arezzo Camp. Studenteschi	4	4	3,000		
	11-mar-75 Arezzo Camp. Studenteschi	7	7	3,000		
	23-apr-75 Arezzo Camp. Studenteschi 4x100	3	3	0,100		
	23-apr-75 Arezzo Camp. Studenteschi	3	3	0,100		
	23-apr-75 Arezzo Camp. Studenteschi	2	2	1,200		
	25-apr-75 Foiano 03 Camm. Donatore	65	8	13,000		
	24-mag-75 Firenze Camp. Reg. Assoluti	4		0,400	00:00:57	00:02:22
	01-ago-75 Foiano Camm. Notturna	90	7	12,000		
	03-ago-75 Rapolano Terme	14	3	12,400	00:54:15	00:04:22
	06-set-75 Sinalunga F. dell'Unita'	5	2	7,000		
	14-set-75 Torrita Le Fonti	1	1	3,000		
	21-set-75 Guazzino Festa Nuova Generazione	2	1	8,000		
	28-set-75 Torrita La Stazione	2	1	5,400		
	19-ott-75 Ruscello	13		18,000		

1974

Anno	DATA DESCRIZIONE	P_ASS	P_CAT	KM	TEMPO	Media
	18-feb-74 Arezzo Camp. Studenteschi	1	1	2,000	00:06:48	00:03:24
	25-feb-74 Arezzo Camp. Studenteschi	2	2	3,000		
	10-apr-74 Arezzo Camp. Studenteschi	2	2	1,500	00:04:48	00:03:12
	16-apr-74 Castelmuzio campestre	2	2	3,000		
	25-apr-74 Foiano 02 Camm. Donatore	74	18	21,000		
	02-ago-74 Foiano Camm. Notturna	50	5	21,000		
	22-set-74 Sinalunga F. dell'Unita'	14	7	7,000		
	29-set-74 Buonconvento	8	2	18,000		
	06-ott-74 Cast. Berardenga F. dell'Unita'	8	2	15,000		

1973

	07-gen-73 Firenze Camp.Reg. Toscani Campestre		12	4,000	00:13:36	00:03:24
	28-gen-73 Siena Camp.Reg. Toscani Campestre		19	4,000	00:14:05	00:03:31
	25-apr-73 Foiano 01 Camm. Donatore	33	6	17,900		
	13-mag-73 Firenze Coppa Italia		5	1,500		
	20-mag-73 Pistoia Esagonale		5	0,400	00:00:56	00:02:20
	03-giu-73 Pistoia camp. reg. allievi		1	1,000	00:02:50	00:02:50
	22-lug-73 Siena Miting		3	1,000	00:02:51	00:02:51
	28-lug-73 S.Quirico Festa dell'Unita'		2	2,000		
	07-ott-73 Livorno camp. naz. UISP		2	1,000	00:02:49	00:02:49

1972

	07-mar-72 Sinalunga Bettolle	3	3	6,000		
	16-lug-72 Siena Miting		9	1,000	00:03:05	00:03:05

Totale Km percorsi in gara 17.065,840